

# At Home

News and Tips for Residents of Cowboy Properties Communities Nov. 5, 2021

# Help Is Available

Every newsletter we include resources for if you find yourself in need of assistance. We know that difficult life events can come on very unexpectedly. Today we're highlighting some of those resources.

### **Utah Rent Relief**

The Emergency Rental Assistance program can help renters who are unable to pay their rent and utilities due to circumstances related to Covid-19. The requirements for eligibility are:

- · Combined household income at or below 80% of area median income.
- · Someone in the household has qualified for unemployment, or has experienced a reduction in household income, incurred significant costs, or experienced financial hardship due to Covid-19.
- · Household is experiencing housing instability (for example, received a past-due utility or rent notice or eviction notice, or living in unsafe or unhealthy living conditions).
- · Applicant resides in the household and is on the lease.

Please visit your leasing office for assistance applying.

# **Utah Community Action**

Utah Community Action's mission is to empower individuals, strengthen families, and build communities through self-reliance and education programs. In addition to housing services and rental assistance, as well as utility assistance, they offer adult education classes, head start preschool and nutrition services.

# **Vessel Kitchen Giveaway**

Congratulations to our residents from Liberty Blvd and Liberty Crest on winning gift cards to Vessel Kitchen. <u>Order today</u> at one of Vessel Kitchen's four locations and check out their <u>Thanksgiving menu</u> if you are looking to cater your holiday meal.

#### 211 Utah/United Way

The United Way can help connect you to a wide variety of resources, including housing, utilities, food, jobs, clothing, transportation, legal, medical (including dental, vision, pregnancy and mental health), education and training, abuse and domestic violence and substance abuse. To learn more, call 211, text your zip code to 898-211, email them at 211ut@uw.org or download the 211 Utah app.

# **Department of Workforce Services**

Workforce Services assists individuals in preparing for and finding jobs, meeting workforce needs of Utah businesses and administering temporary assistance.

#### **Food Resources**

There are a wide variety of food resources available throughout the state from food pantries to soup kitchens and food stamps/ SNAP assistance. FeedUT.org can help find the relevant resources nearest to you. SLC.gov and SLCO.org offer a list of food assistance resources. The Utah Food Bank has a mobile pantry program that provides food around the state.

# Covid-19 Update

Click for the latest resources on vaccine eligibility and distribution. Everyone ages 12 and up is eligible for the vaccine in Utah. Need a rapid test? Here is a list of locations.

The CDC recently <u>recommended the Pfizer</u> <u>pediatric vaccine</u> for children between the ages of 5 to 11.

#### **Assistance Resources**

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with <u>Flex</u> to give you flexibility in how you pay your rent.

# **Housing Assistance**

rentrelief.utah.gov

# General Assistance (Utilities, Food, Housing)

utahca.org/housing/ or call (801) 359-2444 211utah.org/ or call 211

# <u>Utah Department of Workforce Services</u> Resources

jobs.utah.gov/

# Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/ feedut.org/