

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Morning Movements 10:00 SingFit 10:30 Bean Bag Toss 11:00 Visit with Oreo and Molly 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:00 Monday Musical 4:00 Table Settings 6:00 Connect Four	9:30 Chair Yoga 10:00 Noodle Ball 10:30 Daily Chronicle 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Ball Drumming 3:00 Matinee and Popcorn 4:00 Languages of the World 6:00 Prayer Circle	9:30 Chair Yoga 10:00 SingFit 10:30 Daily Chronicle 1:00 Rest and Relaxation 1:30 Good News Network 2:30 Happy Hour 3:30 Uno Challenge 4:00 Fancy Manicures 6:00 Wine-Down Together	9:30 Sit and Be Fit 10:00 Bowling Buddies 10:30 11:00 Instrumix Moves 1:00 Rest and Relaxation 2:00 Thursday Makeovers 3:00 Garden Club 4:00 Can You Qwirkle? 6:00 Sounds Of the Ocean	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Charades 1:00 Rest and Relaxation 2:00 3:00 Matinee and Popcorn 4:00 Pictionary 6:00 Prayer Circle	9:30 Tai Chi Stretches 10:00 Chair Kickball 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scrambler 4:00 Uno Challenge 6:00 Connect Four	
	9:30 Sunday Morning Church 10:00 Silver Sneakers 10:30 Trivia Talk 11:00 Big Word, Little Word 1:00 Rest and Relaxation 1:30 Visit with Rosie & Heather 3:00 National Geographic 4:00 Can You Qwirkle? 6:00 Colorful Creations Daylight Saving Time Ends	9:30 Silver Sneaker 10:00 SingFit 10:30 Dart Board Games 11:00 Visit with Oreo and Molly 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:00 Monday Musical 4:00 Trivia Talk 6:00 Colorful Creations	9:30 Morning Movements 10:00 Bean Bag Toss 10:30 Daily Chronicle 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Ball Drumming 3:00 Word Searches 4:00 Spot the Difference 6:00 Hand Massages	Happy Birthday Marg! 9:30 Wake Up Workout 10:00 SingFit 10:30 Daily Chronicle 1:00 Rest and Relaxation 1:30 Good News Network 2:30 Happy Hour 3:00 This and That 4:00 Fancy Manicures 6:00 Wine-Down Together	9:30 Stretch & Flex 10:00 Putt-Putt Practice 10:30 11:00 Mini Math Quiz 1:00 Rest and Relaxation 2:00 Thursday Makeovers 3:00 Garden Club 4:00 Sorting and Organizing 6:00 Colorful Creations Veterans Day Remembrance Day (Canada)	9:30 Sit and Be Fit 10:00 SingFit 10:30 Bowling Buddies 11:00 Begins With... 1:00 Rest and Relaxation 2:00 3:00 Scrapbooking Together 4:00 Hangman Hooligans 6:00 Hand Massages	9:30 Sittercise 10:00 Volleyball Challenge 10:30 Daily Chronicle 11:00 Find and Match 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Trivia Talk 4:00 Magazine Scavenger Hunt 6:00 Chicken Soup for the Soul
	9:30 Sunday Morning Church 10:00 Sit and Be Fit 10:30 Bowling Buddies 11:00 List it 1:00 Rest and Relaxation 1:30 Visit with Rosie & Heather 3:00 National Geographic 4:00 Finish the Phrase 6:00 Movie Night	9:30 Morning Movements 10:00 SingFit 10:30 Bean Bag Toss 11:00 Visit with Oreo and Molly 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:00 Monday Musical 4:00 Table Setting 6:00 Connect Four	9:30 Chair Yoga 10:00 Noodle Ball 10:30 Daily Chronicle 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Ball Drumming 3:00 Matinee and Popcorn 4:00 Languages of the World 6:00 Prayer Circle	9:30 Chair Yoga 10:00 SingFit 10:30 Daily Chronicle 1:00 Rest and Relaxation 1:30 Good News Network 2:30 Happy Hour 3:00 Uno Challenge 4:00 Fancy Manicure 6:00 Wine-Down Together	Happy Birthday Barbara! 9:30 Sit and Be Fit 10:00 Bowling Buddies 10:30 11:00 Instrumix Moves 1:00 Rest and Relaxation 2:00 Thursday Makeover 3:00 Garden Club 4:00 Can You Qwirkle? 6:00 Sounds Of the Ocean	9:30 Sittercise 10:00 SingFit 10:30 Volleyball Challenge 11:00 Charades 1:00 Rest and Relaxation 2:00 3:00 Matinee and Popcorn 4:00 Pictionary 6:00 Prayer Circle	9:30 Tai Chi Stretches 10:00 Volleyball Challenge 10:30 Daily Chronicle 11:00 Go Fish 1:00 Rest and Relaxation 2:00 Ladies Tea Time 3:00 Scrabble Scrambler 4:00 Uno Challenge 6:00 Connect Four
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	9:30 Sunday Morning Church 10:00 Sit and Be Fit 10:30 Bowling Buddies 11:00 List it 1:00 Rest and Relaxation 1:30 Visit Rosie & Heather 3:00 National Geographic 4:00 Finish the Phrase 6:00 Movie Night Hanukkah Begins	9:30 Morning Movements 10:00 SingFit 10:30 Bean Bag Toss 11:00 Visit with Oreo and Molly 1:00 Rest and Relaxation 2:00 Bingo Buddies 3:00 Monday Musical 4:00 Table Setting 6:00 Connect Four	9:30 Chair Yoga 10:00 Noodle Ball 10:30 Daily Chronicle 11:00 Chapel with JP 1:00 Rest and Relaxation 2:00 Ball Drumming 3:00 Matinee And Popcorn 4:00 Languages of the World 6:00 Prayer Circle				