



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:00 Morning Stretch 1 10:30 Trivia 12:30 Arts and Crafts 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 2 10:00 BINGO 12:30 "Tell me your story" 2:00 Music with Mary 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 3 10:30 Catholic Mass 12:30 Nails 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 4 10:15 Music with Keaton 12:30 BINGO 2:05 Exercise with Staff 3:15 1:1 visits (reading, mail, newspaper, etc.)</p>	<p>9:00 Church Service 5 10:30 Morning Stretch 12:30 Coffee Social 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 6 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	
<p>9:00 Morning Stretch 7 10:30 Christ Lutheran Church Service 3:15 1:1 visits (reading mail, newspapers, etc.)</p> <p><small>Daylight Saving Time Ends</small></p>	<p>9:00 Morning Stretch 8 10:30 Trivia 12:30 Arts and Crafts 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 9 10:00 BINGO 1:00 Massage 2:00 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 10 10:15 Drum Performance 12:30 Catholic Mass 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 11 10:00 BINGO 12:30 "Tell Me your Story" 2:05 Exercise with Staff 3:15 1:1 visits</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:00 Church Service 12 10:30 Morning Stretch 12:30 Baking 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 13 10:00 Puzzles/games 12:30 Coffee Social 2:00 Exercise with staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>
<p>9:00 Morning Stretch 14 10:30 Christ Lutheran Church Service 12:30 Movie Matinee 2:00 Exercise with staff 3:15 1:1 visits</p>	<p>9:00 Morning Stretch 15 10:30 Trivia 12:30 Arts and Crafts 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 16 10:00 BINGO 12:30 "Tell me your story" 2:00 Music with Mary 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 17 10:30 Catholic Mass 12:30 Nails 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 18 10:15 Music with Keaton 12:30 BINGO 2:05 Exercise with Staff 3:15 1:1 visits (reading, mail, newspaper, etc.)</p>	<p>9:00 Church Service 19 10:30 Morning Stretch 12:30 Coffee Social 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 20 3:15 1:1 visits (reading mail, newspapers, etc.)</p>
<p>9:00 Morning Stretch 21 10:30 Christ Lutheran Church Service 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 22 10:30 Trivia 12:30 Arts and Crafts 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 23 10:00 BINGO 1:00 Massage 2:00 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 24 10:30 Catholic Mass 12:30 Nails 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 25 10:00 BINGO 12:30 "Tell Me your Story" 2:05 Exercise with Staff 3:15 1:1 visits</p> <p><small>Thanksgiving Day</small></p>	<p>9:00 Church Service 26 10:30 Morning Stretch 12:30 Baking 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	<p>9:00 Morning Stretch 27 10:00 Puzzles/games 12:30 Coffee Social 2:00 Exercise with staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>
<p>9:00 Morning Stretch 28 10:30 Christ Lutheran Church Service 12:30 Movie Matinee 2:00 Exercise with staff 3:15 1:1 visits</p> <p><small>Hanukkah Begins</small></p>	<p>9:00 Morning Stretch 29 10:30 Trivia 12:30 Arts and Crafts 2:05 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.) 9:00 Morning Stretch</p>	<p>9:00 Morning Stretch 30 10:00 BINGO 12:30 "Tell me your story" 2:00 Exercise with Staff 3:15 1:1 visits (reading mail, newspapers, etc.)</p>	 <h1>November 2021</h1> 