

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: Physical Exercise(PE) Music Program(MP) Cognitive Exercise(CE) Multisensory Activity(MA) Yoga Meditation(YM) Stress Management(SM) Art Program (ART)	1 10:00 Music Trivia (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	2 10:00 Dice Game(CE) 11:00 Exercise(PE) 2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	3 10 :00 Catholic Service 10 :15 Card Bingo 11 :00 Exercise(PE) 1 :30 Cornucopia Art (ART)  2:30 Trivia(CE)	4 10 :00 Luck(CE) 11 :00 Exercise(PE) 1 :30 Rosary(YM) 2 :30 Leaf Trivia 	5 10:00 Sweep Six(CE) 11:00 Yoga(YM) 2:00 Bowling(PE) 3:30 Music with Dan Geiger(MP)	6 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
7 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats 	8 10:00 Music Trivia (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	9 10:00 Dice Game(CE) 10 :30 Brandy (the dog) Visits  2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	10 10 :00 Catholic Service 10 :15 Card Bingo 11 :00 Murphy (the dog) Visits  11:15 Exercise(PE) 1 :30 Protestant Church(MP) 2:30 Trivia(CE)	11 10 :00 Luck(CE) 11 :00 Exercise(PE) 1 :30 Rosary(YM) 2 :30 Scattergories 	12 10:00 Sweep Six(CE) 11:00 Yoga(YM) 2:00 Therapeutic Coloring(ART) 3:30 Music with Joe Aherns(MP)	13 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
14 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats 	15 10:00 Music Trivia (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	16 10:00 Dice Game(CE) 11:00 Exercise(PE) 2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	17 10 :00 Catholic Service 10:15 Card Bingo 11:00 Protestant Church(MP) 1:30 Drum Group 2:30 Trivia(CE)	18 10 :00 Luck(CE) 11 :00 Exercise(PE) 1 :30 Rosary(YM) 2 :30 Acorn Treats(ART) 	19 10:00 Sweep Six(CE) 11:00 Yoga(YM) 2:00 Name the Nickname! 3:00 Bowling(PE)	20 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
21 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats 	22 10:00 Music Trivia (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	23 10:00 Dice Game(CE) 11:00 Exercise(PE) 2 :00 Cookie Turkeys 	24 10 :00 Catholic Service 10 :15 Card Bingo 11 :00 Exercise(PE) 1 :30 Protestant Church(MP) 2:30 Turkey Day Trivia 	25 	26 10:00 Sweep Six(CE) 11:00 Yoga(YM) 2:00 Therapeutic Coloring(ART) 3:00 Bowling(PE)	27 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
28 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats Hanukkah Begins	29 10:00 Music Trivia (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	30 10:00 Dice Game(CE) 11:00 Exercise(PE) 2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	November 2021 Keystone Place at LaValle Fields Memory Care Activity Calendar			

Calendar is Subject to Change