

# November 2021

## Sage Glendale Activities & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 The new standard in excellence.	8:30 <b>PE</b> Morning Walk [L] <b>1</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Let's Play Cards! 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 3:00 <b>AE</b> Snacks & Crafts 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>2</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CC</b> Learn/Play Rummikub [C] 11:30 <b>LL</b> One to One Room Visits 1:00 <b>PE</b> Chair Aerobics [FC] 1:00 <b>LL</b> Resident Choice Shopping [L] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Bingo! [A] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>3</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Thanksgiving Craft [B] 11:00 <b>SS</b> Inspiring Words For Today [C] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 2:00 <b>LL</b> Mid-Week Matinee [T] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>4</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CE</b> Sweet Life Cooking Club [DK] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Tea & Talk [B] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>5</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>LL</b> Meditative Drawing [A] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> TGIF Social W/Wendy and Ric [B] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>6</b> 10:00 <b>LL</b> Armchair Travel [T] 10:00 <b>LL</b> Coffee Club [B] 10:30 <b>CC</b> Fur Friends Pet Visit [P] 11:30 <b>LL</b> Cranium Crunches! [B] 1:30 <b>PE</b> Stretch & Meditation [A] 3:00 <b>LL</b> Bingo! [A]	
	<b>Daylight Saving Time Begins</b> <b>7</b> 8:30 <b>PE</b> Morning Walk 10:00 <b>LL</b> Coffee Club [B] 10:00 <b>SS</b> First UMC Church Lakewood Streaming [T] 11:00 <b>LL</b> Bingo! 11:30 <b>PE</b> Table Tennis [P] 1:30 <b>CE</b> Documentary Club [T] 3:00 <b>LL</b> Ice Cream Social [B] 6:00 <b>LL</b> Sunday Evening Cinema [T]	8:30 <b>PE</b> Morning Walk [L] <b>8</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Sing-A-Long W/Judy Kjos [LR] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 3:00 <b>AE</b> Snacks & Crafts 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>9</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CC</b> Learn/Play Rummikub [C] 11:30 <b>LL</b> One to One Room Visits 1:00 <b>PE</b> Chair Aerobics [FC] 1:00 <b>LL</b> Resident Choice Shopping [L] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Bingo! [A] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>10</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>SS</b> Inspiring Words For Today [C] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 2:00 <b>LL</b> Mid-Week Matinee [T] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	<b>Veterans Day</b> <b>11</b> 8:30 <b>PE</b> Morning Walk [P] 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Veterans Day Observance [B] 11:30 <b>CE</b> Sweet Life Cooking Club [DK] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Tea & Talk [B] 6:30 <b>LL</b> Jigsaw Puzzlers [C] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>12</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>AE</b> Step by Step Painting 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> TGIF Social [B] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>13</b> 10:00 <b>LL</b> Classical Music Cinema [T] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Cranium Crunches! [B] 1:30 <b>PE</b> Stretch & Meditation [A] 3:00 <b>LL</b> Bingo! [A]
	8:30 <b>PE</b> Morning Walk <b>14</b> 10:00 <b>LL</b> Coffee Club [B] 10:00 <b>SS</b> First UMC Church Lakewood Streaming [T] 11:00 <b>LL</b> Bingo! 11:30 <b>PE</b> Table Tennis [P] 1:30 <b>CE</b> Documentary Club [T] 3:00 <b>LL</b> Ice Cream Social [B] 6:00 <b>LL</b> Sunday Evening Cinema [T]	8:30 <b>PE</b> Morning Walk [L] <b>15</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Let's Play Cards! 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 3:00 <b>AE</b> Snacks & Crafts 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>16</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CC</b> Learn/Play Rummikub [C] 11:30 <b>LL</b> One to One Room Visits 1:00 <b>PE</b> Chair Aerobics [FC] 1:00 <b>LL</b> Resident Choice Shopping [L] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Bingo! [A] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>17</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>SS</b> Inspiring Words For Today [C] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 2:00 <b>LL</b> Mid-Week Matinee [T] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>18</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 10:00 <b>LL</b> Lifestyle & Leisure & Food Service Resident Meeting [B] 11:30 <b>CE</b> Sweet Life Cooking Club [DK] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Tea & Talk [B] 6:30 <b>LL</b> Learn to Play Backgammon [C] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>19</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>AE</b> Card Crafting [A] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> TGIF Social w/Stan Ayerson [B] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>20</b> 10:00 <b>LL</b> Armchair Travel [T] 10:00 <b>LL</b> Coffee Club [B] 10:30 <b>SS</b> Fur Friends [P] 11:30 <b>LL</b> Cranium Crunches! [B] 1:30 <b>PE</b> Stretch & Meditation [A] 3:00 <b>LL</b> Bingo! [A]
	8:30 <b>PE</b> Morning Walk <b>21</b> 10:00 <b>LL</b> Coffee Club [B] 10:00 <b>SS</b> First UMC Church Lakewood Streaming [T] 11:00 <b>LL</b> Bingo! 11:30 <b>PE</b> Table Tennis [P] 1:30 <b>CE</b> Documentary Club [T] 3:00 <b>LL</b> Ice Cream Social [B] 6:00 <b>LL</b> Sunday Evening Cinema [T]	8:30 <b>PE</b> Morning Walk [L] <b>22</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Let's Play Cards! 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 3:00 <b>AE</b> Snacks & Crafts 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>23</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CC</b> Learn/Play Rummikub [C] 11:30 <b>LL</b> One to One Room Visits 1:00 <b>PE</b> Chair Aerobics [FC] 1:00 <b>LL</b> Resident Choice Shopping [L] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Bingo! [A] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>24</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>SS</b> Inspiring Words For Today [C] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 2:00 <b>LL</b> Mid-Week Matinee [T] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	<b>Thanksgiving</b> <b>25</b> 8:30 <b>PE</b> Turkey Trot Morning Walk [P] 9:00 <b>LL</b> Macy's Thanksgiving Day Parade [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CE</b> Sharing Grateful Moments [DK] 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Hot Chocolate & Holiday Share [B] 7:00 <b>LL</b> Holiday TV by the Fireside [LR]	8:30 <b>PE</b> Morning Walk [P] <b>26</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:00 <b>AE</b> Jewelry Design Studio 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> TGIF Social [B] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk [P] <b>27</b> 10:00 <b>LL</b> Classical Music Cinema [T] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Cranium Crunches! [B] 1:30 <b>PE</b> Stretch & Meditation [A] 3:00 <b>LL</b> Bingo! [A]
<b>Hannukah Begins at Sundown</b> <b>28</b> 8:30 <b>PE</b> Morning Walk 10:00 <b>LL</b> Coffee Club [B] 10:00 <b>SS</b> First UMC Church Lakewood Streaming [T] 11:00 <b>LL</b> Bingo! 11:30 <b>PE</b> Table Tennis [P] 1:30 <b>CE</b> Documentary Club [T] 3:00 <b>LL</b> Ice Cream Social [B] 6:00 <b>LL</b> Sunday Evening Cinema [T]	8:30 <b>PE</b> Morning Walk [L] <b>29</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>LL</b> Let's Play Cards! 1:00 <b>PE</b> Chair Aerobics [FC] 1:30 <b>PE</b> Open Gym [FC] 1:30 <b>PE</b> Table Tennis [P] 3:00 <b>AE</b> Snacks & Crafts 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	8:30 <b>PE</b> Morning Walk <b>30</b> 9:00 <b>LL</b> Morning News (TV) [LR] 10:00 <b>LL</b> Coffee Club [B] 11:30 <b>CC</b> Learn/Play Rummikub [C] 11:30 <b>LL</b> One to One Room Visits 1:00 <b>PE</b> Chair Aerobics [FC] 1:00 <b>LL</b> Resident Choice Shopping [L] 1:30 <b>PE</b> Open Gym [FC] 3:00 <b>LL</b> Bingo! [A] 7:00 <b>LL</b> Jeopardy (TV) [LR] 7:30 <b>LL</b> Wheel of Fortune (TV) [LR]	<b>Location Keys</b> Activities Room, 1st Floor A Bistro, 1st Floor B Card Room, 1st Floor C Demo Kitchen, 5th Floor DK Fitness Center, 3rd Floor FC Living Room, 1st Floor LR Meet in Lobby, 1st Floor L Patio, 1st Floor P Theatre, 1st Floor T				