

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>All activities are located on the 4<sup>th</sup> Floor, unless noted otherwise!</b></p> <p><b>Remember to check the elevators for additional activities!</b></p>	<p><b>1</b></p> <p>10:00-Morning Stretch 10:30-Daily Chronicle News 11:00-Daily Devotion Reading 1:30-Left, Right, Center Dice Game. 3:00-November IQ Trivia 3:30-Monthly Gazette Reading.</p> <p><b>Happy Birthday-Elaine H.</b></p>	<p><b>2</b></p> <p>9:00-Covid Vaccine Boosters 10:00-Strength, Mobility &amp; Balance Class with Fox. 11:00-Daily News Chronicle 11:15-Daily Devotions 1:30-Scenic Bus Ride 3:00-Music Trivia. 5:30-Bingo.</p>	<p><b>3</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions 1:30-Bingo. 3:00-Drink of the Week Social (Atrium)</p>	<p><b>4</b></p> <p>9:00-Walmart Bus Trip 10:00-Strength, Mobility &amp; Balance Class 1:30-No Bake Workshop with Carol 3:00-Word in a Word 5:30-Bingo.</p>	<p><b>5</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 1:00-Kings in the Corner 2:00-Musical Entertainment with Bill Minnich. (Dining Room)</p>	<p><b>6</b></p> <p>9:30-Morning Stretch Exercise 10:00-Daily Chronicle News 10:15-Daily Devotions 10:30-Hangman Word Game. 1:30-Crafts with Anita.</p>
<p><b>7</b></p> <p>9:00-Morning Stretch Exercise. 9:30-Daily News Chronicle. 10:00-Church Service with Calvin Kurtz. 1:30-Bingo with Steph.</p> <p><b>Don't forget to set your clocks back!</b></p> <p><small>Daylight Saving Time Ends</small></p>	<p><b>8</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00- Daily Devotions. 1:30-Chorus with Richard. 2:00-Matinee Movie-Walk The Line. (2<sup>nd</sup> Floor)</p>	<p><b>9</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 1:00-Blood Pressure Clinic with Lori from Southeastern 1:45-Bus Trip to Reading Public Library. 3:00-Star of the Month-Burt Lancaster. Biography &amp; Trivia. 5:30-Bingo.</p>	<p><b>10</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00- Daily Devotions. 1:30-Bingo 3:00-Drink of the Week Social (Atrium)</p> <p><b>Happy Birthday-Nancy K.</b></p>	<p><b>11</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 12:00- Veteran's Day Tribute (Dining Rm-During Lunch) 1:30-Scenic Bus Ride. 5:30-Bingo.</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p><b>12</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 1:00-Resident Council Meeting. 1:30-Food Committee Meeting 2:00-Musical Entertainment with Rob Ballenoff. (Dining Room)</p>	<p><b>13</b></p> <p>10:00-Church Service with Lee Schapell. 1:00-Afternoon Stretch Exercise. 1:30-The Daily Chronicle News. 2:00-Bingo.</p> <p><b>Happy Birthday-Richard M.</b></p>
<p><b>14</b></p> <p>10:00-Bible Study &amp; Hymn Sing with Richard &amp; Dorothy. 1:00-Afternoon Stretch 1:30-The Daily Chronicle 1:45-Daily Devotions. 2:00-Card Club with Jen.</p>	<p><b>15</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 1:30-The Daily Chronicle News 1:45-Daily Devotions 2:00-UNO Card Game. 3:00- Joggin' your Noggin' Memorable Trivia.</p>	<p><b>16</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 1:30-Scenic Bus Ride. (Sign Up) 3:00-Bible Study &amp; Hymn Sing. 5:30-Bingo.</p>	<p><b>17</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 1:30-Bingo. 3:00-Drink of the Week Social (Atrium)</p>	<p><b>18</b></p> <p>9:00-Walmart Bus Trip. 10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00- Daily Devotions. 2:00-Penn Street, Through the Years. Slide Show Presentation by Richard Polityka/Berks County Historian. (2<sup>nd</sup> Floor) 5:30-Bingo</p>	<p><b>19</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 11:00-1:00- Thanksgiving Celebration &amp; Music with Steve Barth. 2:00-Musical Entertainment with Glenn Faul. (Dining Room)</p> <p><b>Happy Birthday-Betty L. &amp; Janet R.</b></p>	<p><b>10:00-Reading Christmas Parade!</b></p> <p>1:00-Afternoon Stretch Exercise. 1:30-The Daily Chronicle News 1:45-Daily Devotions 2:00-Bingo.</p> <p><b>Wear your Red &amp; Green or Christmas Sweaters for the Parade!</b></p>
<p><b>21</b></p> <p>10:00-Church Service with Calvin Kurtz. 1:00-Afternoon Stretch 1:30-The Daily Chronicle News 1:45-Daily Devotions. 2:00-Crafts with Anita.</p>	<p><b>22</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 1:00-The Daily Chronicle News 1:45-Daily Devotions. 1:30-Chorus with Richard. 2:00-Matinee Movie-Breakthrough (2<sup>nd</sup> Floor)</p>	<p><b>23</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00- Daily Devotions. 1:00-Blood Pressure Clinic with Lori from Southeastern 1:30-November Birthday Party. 3:00-Bible Study &amp; Hymn Sing. 5:30-Bingo</p>	<p><b>24</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 1:30-Bingo. 3:00-Welcome New November Residents Social (Atrium)</p>	<p><b>25</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00- Daily Devotions. 1:30-Bingo.</p> <p><b>Happy Thanksgiving!</b></p> <p><small>Thanksgiving Day</small></p>	<p><b>26</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 11:00-Daily Chronicle News 11:15-Daily Devotions 1:00-Friday Funnies 2:00-Musical Entertainment with Lori &amp; James Duet. (Dining Room)</p>	<p><b>27</b></p> <p>10:00-Church Service with Lee Schapell. 1:00-Afternoon Stretch Exercise. 1:30-The Daily Chronicle 1:45-Daily Devotions. 2:00-Bingo.</p>
<p><b>28</b></p> <p>10:00-Bible Study &amp; Hymn Sing with Richard &amp; Dorothy. 1:00-Afternoon Stretch 1:30-The Daily Chronicle 1:45-Daily Devotions. 2:00-Card Club with Jen.</p> <p><small>Hanukkah Begins</small></p>	<p><b>29</b></p> <p>10:00-Strength, Mobility &amp; Balance Class. 1:30-The Daily Chronicle News 1:45-Daily Devotion. 2:00-Name that Tune Musical Bingo. 3:00-Shake Loose a Memory Game</p>	<p><b>30</b></p> <p>10:00-Morning Stretch Exercise. 10:30-The Daily Chronicle News 11:00-Daily Devotions. 11:30-Lunch Out Bus Trip 3:00-Bible Study &amp; Hymn Sing. 5:30-Bingo</p> <p><b>*Wear your favorite hat day*</b></p>	<h1>November 2021</h1> <p>Manor at Market Square   Activity Calendar Personal Care &amp; Independent Living</p>			