

# This Weeks Menu

October 18th, 2021 through October 24, 2021



## Monday, October 18th

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Crispy Bacon, Home Fries, Fruit Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

National Seafood Bisque Day  
Fried Chicken served with Belgian Waffles and Buttered Succotash

### Alternate

Roast Beef with Cran. Red Wine Sauce served with Baked Potato w/ Sour Cream and Buttered Succotash

### Dessert

Cream Puffs

### Dinner

Penne Vodka with Italian Sausage served with Cheesy Garlic Bread and Mixed Vegetables

### Alternate

Egg Salad Sandwich served with Potato Chips, Apple Slices, or Carrot Raisin Salad

### Dessert

Ice Cream/Assorted Desserts

## Tuesday, October 19th

### Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Sausage Patty, Assort. Donuts, Yogurt Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Lentil Soup  
Tuscan Shrimp served with Buttered Egg Noodles and Seasoned Broccoli

### Alternate

Pork Cutlet served with Buttered Egg Noodles and Seasoned Broccoli

### Dessert

Sweet Potato Pie

### Dinner

Italian Herbed Chicken Thigh served with Scalloped Potatoes and Herbed Peas & Carrots

### Alternate

Sloppy Joe served with French Fries and Tomato Salad

### Dessert

Ice Cream/Assorted Desserts

## Wednesday, October 20th

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Canadian Bacon, French Toast w/ Syrup, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Tomato Basil Soup  
Turkey Meatloaf served with a Baked Potato with Sour Cream and Green Bean Medley

### Alternate

Crab Cake served with a Baked Potato with Sour Cream and Green Bean Medley

### Dessert

Fresh Baked Cookies

### Dinner

Sweet-N-Sour Pork served with Seasoned Rice and Stir Fry Vegetables

### Alternate

Grilled Ham and Cheddar served with Macaroni Salad and Homemade Coleslaw

### Dessert

Ice Cream/Assorted Desserts

## Thursday, October 21st

### Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Crispy Bacon, Belgian Waffles w/ Syrup, Apple Slices, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Corn Chowder Soup  
Louisiana Chicken served with Garlic Parm Penne and Roasted Baby Carrots

### Alternate

Beef Vegetable Stew served with Garlic Parm Penne and Roasted Baby Carrots

### Dessert

National Pumpkin Cheesecake Day

### Dinner

Ravioli with Meat Sauce served with Garlic Knots and Mixed Vegetables

### Alternate

Honey Garlic Salmon served with Baked Sweet Potato and Mixed Vegetables

### Dessert

Ice Cream/Assorted Desserts

## Friday, October 22nd

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Sausage Links, Buttered Biscuits, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Beef Vegetable Soup  
Broccoli and Cheddar Soup with Sweet Corn Bread and Vegetable of the Day

### Alternate

Pepperoni Pizza served with Sweet Corn Bread and Caesar Salad

### Dessert

Fruited Jell-O Parfait

### Dinner

Turkey Burger served with Baked Beans and Butter Chive Corn

### Alternate

Texas Dog served with Baked Beans and Butter Chive Corn

### Dessert

Ice Cream/Assorted Desserts

## Saturday, October 23rd

### Breakfast

Cream of Wheat, Cold Cereal, Cheese Omelets, Scrapple, Assorted Muffins, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Italian Wedding Soup  
Chicken Marsala served with Buttered Spaghetti and Roasted Broccoli

### Alternate

Kielbasa and Sauerkraut served with Pierogis and Roasted Broccoli

### Dessert

National Boston Cream Pie Day

### Dinner

Turkey Sweet Potato Shepherds Pie served with Dinner Roll and Herbed Peas

### Alternate

Bacon, Lettuce, and Tomato Sandwich served with Potato Salad and Homemade Coleslaw

### Dessert

Ice Cream/Assorted Desserts

## Sunday, October 24th

### Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Sausage, Pancakes w/ Syrup, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

### Lunch

Chicken Rice Soup  
Chopped Steak served with Mashed Potatoes and Sautéed Green Beans

### Alternate

Garlic Herbed Pork Loin served with Mashed Potatoes and Sautéed Green Beans

### Dessert

Assorted Desserts

### Dinner

Parmesan Encrusted Tilapia served with White Rice, and Sautéed Spinach

### Alternate

Meatball Sub served with French Fries and Cucumber Salad

### Dessert

Ice Cream/Assorted Desserts

