


November 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AIDEN 1 10:00 PE Stretch & Flex [CC] 10:45 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Monday Music with Doug Roraback [DR] 4:00 SS Monday Meditation [*]	AIDEN & ZACK 2 Election Day 9:00 LE Safeway Trip [*] 10:00 PE Stretch & Flex [CC] 10:45 PE Flyswatter Volleyball [CC] 2:00 LE Birthday Party [DR] 3:30 LE Trip to Walgreens (20% Off!!) [*] 7:30 LE Tuesday Night Movie [*]	Pick Up Wednesday Worksheet @ Front Desk 3 STOP & STRETCH in Captains Crossing (All Day) 11:00 SS Bible Study [Lib] 2:00 PE Visit a Neighbor [M] 3:00 LE Electric Train Crew [TR] 3:30 SS Concert in Theater [*] 4:00 SS Library Chat-Box [Lib]	AIDEN & ZACK 4 9:00 LE Men's Donuts [TR] 9:00 LE Woman's Donuts [CC] 10:45 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 3:30 LE Book Club [Lib] 3:30 PE Resident Walk [CC]	AIDEN 5 9:30 SS Morning Meditation [*] 10:00 PE Stretch & Flex [CC] 11:15 LE Ladies Lunch Outing [*] 1:00 AE Coloring Club! [TR] 2:00 LE Bingo [DR] 4:00 LE Happy Hour [CC]	ZACK 6 9:30 LE Popcorn [L] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 LE Poker [Lib] 3:30 PE Resident Walk [CC]
	Daylight Saving Time Begins ZACK 7 9:00 LE Early Birds Coffee with Zack [CC] 9:30 SS Morning Sunday Service [Lib] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 SS Afternoon Sunday Service [Lib]	AIDEN 8 10:00 PE Stretch & Flex [CC] 10:45 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Music & Sing Along with Friends [CC] 4:00 SS Monday Meditation [*]	AIDEN & ZACK 9 9:00 LE Safeway Trip [*] 10:00 PE Stretch & Flex [CC] 11:00 PE Fall Prevention with Ania [CC] 2:00 CE Preplanning Seminar with Evans Funeral Chapel & Onsight Crematory [DR] 3:30 LE Black Jack [Lib] 7:30 LE Tuesday Night Movie [*]	Pick Up Wednesday Worksheet @ Front Desk 10 STOP & STRETCH in Captains Crossing (All Day) 11:00 SS Bible Study [Lib] 2:00 LE Ice Cream Social [DR] 2:00 PE Visit a Neighbor [M] 3:00 LE Electric Train Crew [TR] 3:30 SS Concert in Theater [*] 4:00 SS Library Chat-Box [Lib]	AIDEN & ZACK 11 Veterans Day 9:00 LE Flag Changing Ceremony (Outside Main Entrance) [L] 10:00 LE Donuts [CC] 3:00 CC Arts Committee [Conf]	AIDEN 12 9:30 SS Morning Meditation [*] 10:00 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Bingo [DR] 4:00 LE Happy Hour [CC]
ZACK 14 9:00 LE Early Birds Coffee with Zack [CC] 9:30 SS Morning Sunday Service [Lib] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 SS Afternoon Sunday Service [Lib]	AIDEN 15 10:00 PE Stretch & Flex [CC] 10:45 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Monday Music with Nick Nicholai [DR] 4:00 SS Monday Meditation [*]	AIDEN & ZACK 16 9:00 LE Safeway Trip [*] 10:00 PE Stretch & Flex [CC] 10:45 PE Flyswatter Volleyball [CC] 2:00 CC Community Connections Committee [CC] 3:30 AE Tuesday Art [*] 7:30 LE Tuesday Night Movie [*]	Pick Up Wednesday Worksheet @ Front Desk 17 STOP & STRETCH in Captains Crossing (All Day) 11:00 SS Bible Study [Lib] 12:00 LE Pizza Party for Thanksgiving Food Drive Winners! [CC] 2:00 CE Healthy Living [DR] 2:00 PE Visit a Neighbor [M] 3:00 LE Electric Train Crew [TR] 3:30 SS Concert in Theater [*] 4:00 SS Library Chat-Box [Lib]	AIDEN & ZACK 18 9:00 LE Men's Donuts [TR] 9:00 LE Woman's Donuts [CC] 10:45 PE Stretch & Flex [CC] 2:00 LE Food Committee Meeting [DR] 3:30 PE Resident Walk [CC] 3:30 LE Trip to The Market/Rite Aid [*]	AIDEN 19 9:30 SS Morning Meditation [*] 10:00 PE Stretch & Flex [CC] 11:15 LE Guys Lunch Outing [*] 1:00 AE Coloring Club! [TR] 2:00 LE Bingo [DR] 4:00 LE Happy Hour [CC]	ZACK 20 9:30 LE Popcorn [L] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 LE Black Jack [Lib] 3:30 PE Resident Walk [CC]
ZACK 21 9:00 LE Early Birds Coffee with Zack [CC] 9:30 SS Morning Sunday Service [Lib] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 SS Afternoon Sunday Service [Lib]	AIDEN 22 10:00 PE Stretch & Flex [CC] 10:45 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Monday Music with The Esquires 3:30 LE Decorate Thanksgiving Tree [L]	AIDEN & ZACK 23 9:00 LE Safeway Trip [*] 10:00 PE Stretch & Flex [CC] 11:00 PE Fall Prevention with Ania [CC] 2:00 LE Music & Sing Along with Friends [CC] 3:30 LE Poker [Lib] 7:30 LE Tuesday Night Movie [*]	Pick Up Wednesday Worksheet @ Front Desk 24 STOP & STRETCH in Captains Crossing (All Day) 11:00 SS Bible Study [Lib] 2:00 PE Visit a Neighbor [M] 3:00 LE Electric Train Crew [TR] 3:30 SS Concert in Theater [*] 4:00 SS Library Chat-Box [Lib]	AIDEN & ZACK 25 Thanksgiving 9:00 LE Men's Donuts [TR] 9:00 LE Woman's Donuts [CC] 10:45 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 3:30 PE Resident Walk [CC]	AIDEN 26 9:30 SS Morning Meditation [*] 10:00 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 2:00 LE Bingo [DR] 2:30 CC Arts Committee [Conf] 4:00 LE Happy Hour [CC]	ZACK 27 9:30 LE Popcorn [L] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 LE Bridge [CC] 3:30 PE Resident Walk [CC]
ZACK 28 9:00 LE Early Birds Coffee with Zack [CC] 9:30 SS Morning Sunday Service [Lib] 10:30 PE Stretch & Flex [CC] 1:45 LE Movie [*] 2:00 SS Afternoon Sunday Service [Lib]	AIDEN 29 10:00 PE Stretch & Flex [CC] 10:45 PE Stretch & Flex [CC] 1:00 AE Coloring Club! [TR] 1:30 LE Mystery Trip on Bus [*] 4:00 SS Monday Meditation [*]	AIDEN & ZACK 30 9:00 LE Safeway Trip [*] 10:00 PE Stretch & Flex [CC] 10:45 PE Flyswatter Volleyball [CC] 2:00 LE Resident Council Meeting [DR] 7:30 LE Tuesday Night Movie [*]	Location Keys AE Artistic Expression CC Community Connections CE Continuing Education LE Lifestyle & Leisure PE Physical Engagement SS Spiritual Support Captain's Crossing CC Conference Room Conf Dining Room DR Don't Forget Your Mask! M Library Lib Lobby L Signup @ Front Desk * Train Room TR			