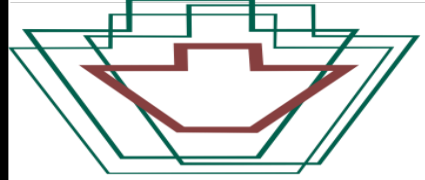







# ASSISTED LIVING NOVEMBER 2021



**Keystone Commons**  
*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p> 	<p><b>1</b></p> <p>10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Scrabble- 3A 12:30- Cribbage- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class-3A 6:30- Pitch- Pub</p>	<p><b>2</b></p> <p>9:15- Pet Therapy w/Winter-vestibule 9:30- Billiards <b>10:30 Meditation and Yoga w/ Rob-3A</b> 1:00- Manicures-3A 1:00- Canasta- Billiards Room <b>2:00-Roger Hart Presents Lancaster County- Amish-3A</b> 3:30- Blackjack -(Dollar Buy-in)-3A 6:30-Popcorn Club-Theater</p>	<p><b>3 Covid Booster Clinic</b> <b>Assisted Living 1:30-3pm</b> 10:30- Corn Hole-Courtyard 10:30- Knitting Corner- Library <b>11:30- Lunch Outing- Friendly's</b> 12:30- Rosary- 3A 2pm- Dime Bingo-3A 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p><b>4</b></p> <p>9:30- News and Views-3A 10:30- Drumming Class-3A <b>1pm- 155 Best Cows Puns that are Legen-dairy-3A</b> 1pm-Pitch- Billiards Room <b>2:00- Cow Races-3A</b> 3:00- Meditation and Relaxation-3A 3:45- Rummikub- Billiards Room 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p><b>5</b></p> <p>9:30-Billiards <b>10:30- Chair Zumba with Daisy</b> 12:30- Rosary-3A 3:30- Pokeno-3A 6:30- Puzzle Making-L 6:30- Scrabble-Billiards</p>	<p><b>6</b></p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:30- Dime Bingo-3A</p>
<p><b>7</b></p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p> 	<p><b>8</b></p> <p>9:30- Shopping- Ludlow 10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Scrabble- 3A 12:30- Cribbage- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class-3A 6:30- Pitch- Pub</p>	<p><b>9</b></p> <p>9:15- Pet Therapy w/Winter-vestibule 9:30- Billiards <b>10:30- Johnny P Performs-3A</b> 1:00- Manicures-3A 1:00- Canasta- Billiards Room <b>2:00-Drawing and Painting a Cow Class- 3A</b> 3:30- Blackjack "GOLD"- 25.00 pot 6:30-Popcorn Club-Theater</p>	<p><b>10</b></p> <p>10:30- Corn Hole-Courtyard 10:30- Knitting Corner- Library 12:30- Rosary- 3A <b>2:00- Line Dancing Class with Jennifer- 3A</b> 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p><b>11 Veteran's Day</b></p> <p>9:30- News and Views-3A <b>10:30- Berkshire Hills Music School 12pm- Veteran's Luncheon-ILD Invitation only event</b> <b>12:30- Ceremony with New England Hospice for our Veteran's</b> <b>2pm- Mike Tourville Duet Performs Patriotic Concert-3A</b> 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p><b>12</b></p> <p>9:30- Billiards <b>10:30- Chair Zumba w/Daisy- 3A</b> <b>11:00- Barstows Dairy Farm Tour and Lunch Outing</b> 12:30- Rosary- 3A 2:00-Pokeno- 2A <b>3:30- Diablo Ballet- Nutcracker Suite Happy Your-3A</b> 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p><b>13</b></p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:30- Dime Bingo-3A</p>
<p><b>14</b></p> <p>10:30- Adult Coloring- Billiards Room 1pm- Apple Pie Sundaes- IL Dining Room to-go 2pm- Billiards with Charlie- Billiards Room</p>	<p><b>15</b></p> <p>10:30-Communion w/ Deacon Tom-IL Dining Room <b>10:30-Magdalana Presents Uncommon Sense-3A</b> 12:30- Scrabble- 3A 12:30- Cribbage- Billiards Room <b>1pm- Scenic Ride through some beautiful farmlands</b> 3:15- Wii Bowling-Theater 6:30- Pitch-Pub</p>	<p><b>16 Massage Therapist 1-4 Sign up 3A</b></p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards <b>10:30- Chef's Club-3A</b> <b>Laughing Cow Chicken</b> <b>11:30- Family Style Luncheon-3A</b> 1pm- Manicures- 3A 1:00- Canasta- Billiards Room 3:30- Blackjack (dollar buy-in)- 3A 6:30- Popcorn Club-Theater</p>	<p><b>17</b></p> <p><b>Passport to Fun:</b> <b>India- Cow Capital of the World</b> 9:30- Hubbard Coffee and Naan Chat-3A <b>10:30-Why are cows sacred in India-3A</b> 12:30- Rosary-3A <b>2:00 pm- Milking Cow Races-3A</b> <b>3:30- Cowabunga Bingo-3A</b> 3:30- Wii Bowling- Theater</p>	<p><b>18</b></p> <p>9:30- News and Views-3A <b>10:30- Making Centerpieces for Potluck Luncheon-3A</b> 1pm-Pitch- Billiards Room <b>2:00- Milk and Cookies Social-3A</b> 3:00- Meditation and Relaxation-3A 3:45- Rummikub- Billiards Room 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p><b>19</b></p> <p>9:30- Billiards <b>10:30-Chair Zumba w/Daisy-3A</b> 12:30- Rosary-3A <b>2pm-Picture This- Funny Cows-3A</b> 3:15- Golf- Billiards Room 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p><b>20</b></p> <p>12:30- Wii Bowling for Newbies <b>2pm- Jim Harkins Performs-3A</b> 3:30- Dime Bingo-3A</p>
<p><b>21</b></p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p><b>22</b></p> <p>9:30- Shopping- Chicopee 10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Scrabble- 3<sup>rd</sup> Floor Act Room 12:30- Cribbage- Billiards Room 2pm- Balloon Volleyball 3A 3:15-Wii Bowling- Theater- 6:30-Pitch- Pub</p>	<p><b>23</b></p> <p>9:30- Billiards-B 9:15- Pet Therapy w/Winter-Lobby <b>10:00-Making Sides for Dinner-3A</b> <b>12pm- Staff and Resident Potluck-3A</b> <b>2pm- T-Bone Performs-IL Dining Room</b> 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Popcorn Club- Theater</p>	<p><b>24</b></p> <p>9:30- Coffee Chat-3A <b>10:30- Meditation and Yoga w/Rob-3A</b> 10:30- Knitting Corner- Library 12:30- Rosary- 3<sup>rd</sup> Floor <b>2:00- Cow Patty Bingo-3A</b> <b>3:00- Food Committee Meeting-P</b> 3:30- Wii Bowling-Theater 6:30- Rummikub-Pub</p>	<p><b>25</b></p> 	<p><b>26</b></p> <p><b>Marathon BINGO DAY</b> 9:30-Billiards/Slots-B 10:30- Bingo for Scratch Tickets 12:00- Pizza Luncheon 1:00- Bingo for Prizes 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p><b>27</b></p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:30- Dime Bingo-3A</p>
<p><b>28</b></p> <p>10:30- Adult Coloring - Billiards Room 1pm- Puzzle Making Library 2pm- Billiards</p>	<p><b>29</b></p> <p>10:30- Communion w/ Deacon Tom- IL Dining Room 12:30- Cribbage- Billiards Room 12:30- Scrabble- 3<sup>rd</sup> Floor 2:30 pm Balloon Volleyball Competition- 3<sup>rd</sup> Floor Activity Room 3:30-Wii Bowling- Theater</p>	<p><b>30</b></p> <p><b>Pedicures- 1-4</b> 9:30- Billiards <b>10:00- Coffee House-3A</b> <b>10:30- Larry Batter Performs-3A</b> <b>11:30-Holy Cow Lunch- Dining Room</b> 1:00- Manicures-3A 1:00- Canasta- Billiards Room 2:00- Painting Class- 3A 3:30- Blackjack- (Dollar Buy-in)- 3A</p>	<p><b>Staff and Resident Potluck Community Luncheon</b> <b>November 23<sup>rd</sup> at 12pm</b> Bring a dish to share Sign up with Activities We will be making stuffing, mashed potatoes and the ham.</p>	<p><b>Activity Location Key</b> A-Activity Room T- Theater P- Pub FL-Front Lobby C- Courtyard F- Fireside Room B- Billiard Room</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Monthly Birthdays</b></p> <p>11/3- George Perrault 11/10- Marty Zielinski 11/23- Patricia Berwaldt 11/23- Georgette Dupont "102"</p>