

Live More



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
NOVEMBER The Hearth at Gardenside Senior Living				LIVE MORE DIRECTOR Linda Capaubo LIVE MORE COORDINATORS Catherine, Chelsea, Crystal, Ellie, Lamont, Mackenzie, Maryann, Sharon, Shirley, and Tulie CHAUFFEUR Robert Hohman				
www.facebook.com/TheHearth/	1 ALL SAINTS' DAY SHOPPING DAY 9:45 Sing Along with Susie Q (In the Mood) - GR 10:30 Wii Wheel of Fortune - GR 1:00 Indoor Walk - Meet in the Game Room 1:30 Sistine Chapel Ceiling on YouTube (Paint the Ceiling Day) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social - GR 6:15 Movie - GR	2 ALL SOULS' DAY ELECTION DAY 10:00 Burt Lancaster on YouTube - (Birth Anniversary - 1913-1994) - GR 10:15 Audio Book Club - 3rd Floor 1:00 Balloon Volleyball - GR 2:15 Daniel Boone on YouTube - (Birth Anniversary - 1734-1820) - GR 3:00 High Stakes Bingo - GR 6:15 Movie - GR	3 KOHL'S 9:45 Rendevar Virtual Reality - (History of Pets) - GR 10:30 Floor Bowling - GR 1:00 Chair Pilates - GR 2:00 Scenic Ride to Chatfield Hollow State Park in Killingworth 2:15 Strengthen Your Mind - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 6:15 Movie - GR	4 9:45 Music 'n Motion - GR 10:30 Balloon Volleyball - GR 1:00 Linkee and Table Topics - GR 1:45 Chimpanzees/Orangutans on YouTube - (Amazing Chimpanzees Day) - GR 2:00 Van Ride to All Pets Club in Branford 2:15 Kings in the Corner - GR 3:00 High Stakes Bingo - GR 4:00 Wii Bowling - GR 6:15 Movie - GR	5 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Tai Chi Made Easy - GR 1:00 Bingo - GR 2:00 James Michael Performs in the Main Dining Room 3:15 Kings in the Corner - GR 3:30 Fantastic Friday Social - GR 6:15 Movie - GR	6 9:45 Sing Along with Susie Q (Grandma's Parlour) - GR 10:45 Familiar Faces Bingo - GR 1:00 Wii Bowling - GR 2:15 Simple Stretch - GR 3:00 Bingo - GR 6:15 Movie - GR		
7 DAYLIGHT SAVING TIME ENDS 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Chair Yoga - GR 11:15 What Am I? - GR 1:00 Art Class with Maryann - GR 3:00 Bingo - GR 6:15 Movie - GR Set Your Clocks Back	8 SHOPPING DAY 9:45 Whoga Chair Exercise - GR 10:30 Wii Wheel of Fortune - GR 1:00 Indoor Walk - Meet in the Game Room 1:30 Rendevar Virtual Reality - (Greek Mythology) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social - GR 6:15 Movie - GR	9 10:00 Andre Rieu Concert on YouTube - GR 10:15 Audio Book Club - 3rd Floor 1:00 Balloon Volleyball - GR 2:15 Giant Crossword Puzzle - GR 3:00 High Stakes Bingo - GR 6:15 Movie - GR	10 9:45 Rendevar Virtual Reality - (Military Museums) - GR 10:30 ElderSong Bingo - GR 1:00 Movement Made Easy - GR 2:00 Van Ride to Munson's Chocolates and Entenmann's Store in Orange 2:15 Everybody Knows! - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 6:15 Movie - GR	11 VETERANS DAY 9:45 Stars & Stripes Fitnessize - GR 10:30 Balloon Volleyball - GR 1:00 Patriotic Reminiscence - GR 2:00 Scenic Ride to Madison Shoreline 2:00 Honoring All Veterans (Ceremony and Certificates) - GR 2:30 Kings in the Corner - GR 3:00 High Stakes Bingo - GR 4:00 Wii Bowling - GR 6:15 Movie - GR THANK YOU VETERANS	12 RECREATION MEETING 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR 10:45 Recreation Meeting with Linda - GR 1:00 Bingo - GR 2:30 Farkle Dice Game - GR 3:00 Kings in the Corner - GR 3:30 Fantastic Friday Social - GR 6:15 Movie - GR	13 9:45 Sing Along with Susie Q (50's Fun) - GR 10:45 Pokeno - GR 1:00 Wii Bowling - GR 2:15 Easy Tai Chi - GR 3:00 Bingo - GR 6:15 Movie - GR		
14 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Music 'n Motion - (Sing-along/Exercise) - GR 11:15 Alphabetics - GR 1:00 Playing Card Bingo - GR 2:15 Mixed-Up Antique Hunting Puzzle and Family Heirlooms Puzzle - (Heirlooms Day) - GR 3:00 Bingo - GR 6:15 Movie - GR	15 SHOPPING DAY 9:45 Sit and Be Fit - GR 10:30 Wii Wheel of Fortune - GR 1:00 Indoor Walk - Meet in the Game Room 1:30 Rendevar Virtual Reality - (Space) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social - GR 6:15 Movie - GR	16 PAPARAZZI JEWELRY SALE 10:00 History of Aviation on YouTube- (Aviation History Day) - GR 10:15 Audio Book Club - 3rd Floor 1:00 Balloon Volleyball - GR 2:15 Yahtzee Dice Game - GR 3:00 High Stakes Bingo - GR 6:15 Movie - GR	17 9:45 Rendevar Virtual Reality - (Harvest Season) - GR 10:30 Golf Putting - GR 11:00 Kwizniac - GR 1:00 Chair Pilates - GR 2:00 Van Ride to Gozzi's Turkey Farm in Guilford 2:15 Keep Your Brain Stronger For Longer - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 6:15 Movie - GR	18 9:45 Simple Stretch - GR 10:30 Balloon Volleyball - GR 11:15 Common Endings - GR 1:00 Linkee - GR 1:30 World Discovery - Tall Ship: High Sea Adventure (DVD) - GR 2:00 Van Ride to Bishop's Orchards in Guilford 2:30 Kings in the Corner - GR 3:00 High Stakes Bingo - GR 4:00 Wii Bowling - GR 6:15 Movie - GR	19 DINING SERVICES MEETING INTERNATIONAL MENS DAY 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Dining Services Meeting with Alberto - GR 1:00 Bingo - GR 2:30 Billiards with Linda - 3rd Floor 2:30 From A-Z Trivia - GR 3:00 Kings in the Corner - GR 3:30 Fantastic Friday Social - GR 6:15 Movie - GR	20 9:45 Sing Along with Susie Q (Ramblin' Rose) - GR 10:45 FitXpress Music in Motion - GR 1:00 Wii Bowling - GR 2:15 Small Words in the Big Word - GR 3:00 Bingo - GR 6:15 Movie - GR		
21 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Chair Pilates - GR 11:15 This and That Trivia - GR 1:00 Art Class with Maryann - GR 3:00 Bingo - GR 6:15 Movie - GR	22 SHOPPING DAY 9:45 Movement Made Easy - GR 10:30 Wii Wheel of Fortune - GR 11:15 Keep Your Brain Young - GR 1:00 Indoor Walk - Meet in the Game Room 1:30 Rendevar Virtual Reality - (Fairy Tales) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social - GR 6:15 Movie - GR	23 10:00 Billy the Kid on YouTube - (William Henry McCarty, Jr.) - (Birth Anniversary - 1859-1881) - GR 10:15 Audio Book Club - 3rd Floor 1:00 Balloon Volleyball - GR 2:00 Bob Giannotti Performs in the Main Dining Room 3:15 High Stakes Bingo - GR 6:15 Movie - GR	24 9:45 Rendevar Virtual Reality - (Pilgrim Adventures) - GR 10:30 Timeless Trivia (DVD) - (The Fabulous Fifties) - GR 11:30 Twenty Questions - GR 1:00 Giant Crossword Puzzle - GR 2:00 Scenic Ride on Rt. 146 2:15 Small Words in the Big Word - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 6:15 Movie - GR	25 THANKSGIVING 10:00 Macy's Thanksgiving Day Parade - (NBC) - GR 1:00 Unexpected Thanksgiving Blessing Story and Thanksgiving Reminiscing - GR 1:30 Bingo - GR 2:45 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	26 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR 10:45 Who Wants to be a Millionaire on the White Board - GR 1:00 Bingo - GR 2:30 Wacky Wordies - GR 3:00 Kings in the Corner - GR 3:30 Fantastic Friday Social - GR 6:15 Movie - GR	27 9:45 Sing Along with Susie Q (Boots & Hearts) - GR 10:45 Move & Groove with Susie Q - GR 1:00 Wii Bowling - GR 2:15 Name That . . .! Person, Place, Thing . . . - GR 3:00 Bingo - GR 6:15 Movie - GR		
28 HANUKKAH BEGINS 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Stars & Stripes Fitnessize - GR 11:15 About Hanukkah - GR 1:00 Everybody Knows! - GR 1:30 Think Fast - GR 2:00 Sing Along with Susie Q (America Sings!) - GR 3:00 Bingo - GR 6:15 Movie - GR Happy Hanukkah	29 SHOPPING DAY 9:45 Yoga Stretch - GR 10:30 Wii Wheel of Fortune - GR 11:15 Strengthen Your Mind - GR 1:00 Indoor Walk - Meet in the Game Room 1:30 Rendevar Virtual Reality - (Find the Animals 2) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social - GR 6:15 Movie - GR	30 10:00 Movie Stars from the 40's & 50's - GR 10:15 Audio Book Club - 3rd Floor 1:00 Balloon Volleyball - GR 2:15 Left Center Right Game - GR 3:30 FOX Rehabilitation Presentation - GR 6:15 Movie - GR	A Caregiver Support Group called Comfort Connections will meet the First Tuesday of each month at 10:30 a.m. in the ING Room. This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.			SHOPPING DAY (MONDAY) 10:00 A.M. DEPARTURE TO DOLLAR TREE, BIG Y & CVS 2:00 P.M. DEPARTURE TO WALMART	Happy Thanksgiving	HONORING ALL WHO SERVED VETERANS DAY