



# **GARDENS**

AT NORTHRIDGE

Full-Service Senior Living

It's a new day...  
And it's yours!







At Pacifica Senior Living, we don't expect our residents to "fit" into one of our communities. We've designed our communities to "fit" them – to meet their different needs, preferences, dreams and goals. From Independent Living to Assisted Living and Memory Care, our communities welcome residents to live by their own design.

Our communities provide residents with every service and amenity they need, want and deserve to live each day just as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

**It's a New Day... And It's Yours!**





## Senior Living Services

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

## Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation

## Legacies™ Memory Care

Our Legacies™ Memory Care programs provide those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

# WELCOME

Welcome to Gardens at Northridge, a beautifully appointed Pacifica Senior Living community that elevates Assisted Living and Memory Care to a new standard of excellence.

Offering affordable lifestyles for Heartland™ Assisted Living and Legacies™ Memory Care, Gardens at Northridge just may be the best value in luxury senior living in the area. Rich with amenities and services, Gardens at Northridge welcomes residents to enjoy a worry-free lifestyle that beautifully balances independence and support.

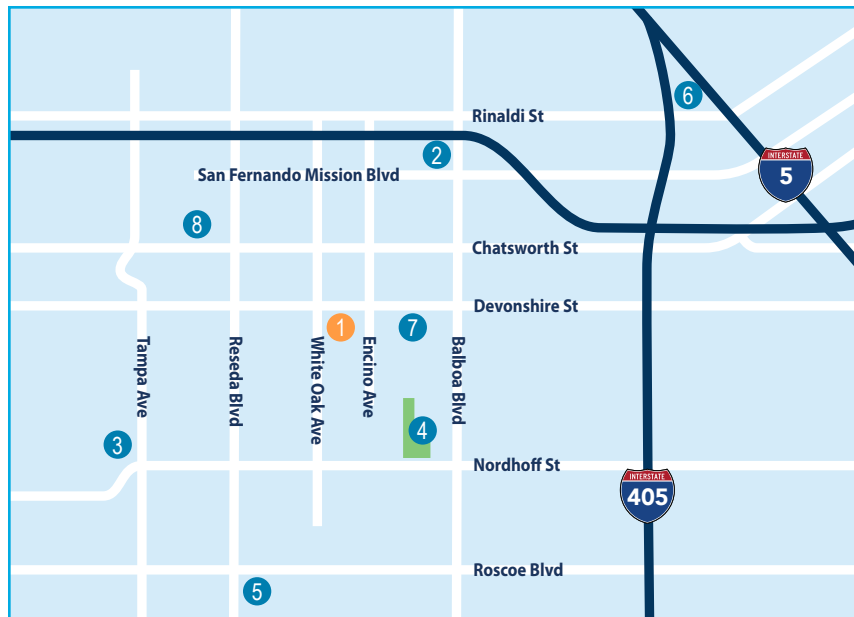
Our community has been thoughtfully created and designed to provide seniors with an enriching, fulfilling

lifestyle, the company of peers and the peace of mind that comes with 24-hour support by a trained staff. From a variety of floor plans to inviting spaces both indoor and out, Gardens at Northridge offers residents their choice of private apartments as well as community areas in which to gather with friends and enjoy social interaction.

Conveniently located, Gardens at Northridge is close to shopping, healthcare services, religious establishments and cultural and educational opportunities.

At Gardens at Northridge, it's a new day – and it's yours! Make the most of it right here.





### Points of Interest

- |                              |                                |
|------------------------------|--------------------------------|
| 1. Gardens at Northridge     | 5. Northridge Hospital         |
| 2. Target                    | 6. Holy Cross Medical Center   |
| 3. Northridge Fashion Center | 7. Chabad of Northridge        |
| 4. Dearborn Park             | 8. Northridge Christian Church |

### Follow our driving directions

#### 405 Freeway:

- Exit onto Devonshire from the 405
- Go east on Devonshire
- Pass Balboa
- Continue down Devonshire to Encino Ave
- Pass Encino Ave and we will be a block down on your left

#### 118 Freeway:

- Exit Balboa off the 118, go south/Left on Balboa until you get onto Devonshire
- Go east/right on Devonshire
- Continue down Devonshire
- Pass Encino Ave and we will be halfway down the block on your left



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# RESPITE CARE

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one.

Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Los Angeles lifestyle. Trained team members work together to enhance continued dignity and trust.

We know the difference a smile and kind word can make.

Respite Care includes:

- A beautiful home-like environment
- Furnished apartment
- 24-hour personal care and assistance
- Heartland™ Assisted Living or Legacies™ Memory Care Service



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# LEGACIES™ MEMORY CARE



## Legacies™ Memory Care

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# LEGACIES™ MEMORY CARE RATES

One Monthly Fee\* Includes the Following Memory Care Services and Amenities:

- Three nutritious meals served daily
- Encouragement and support for participation in life-enrichment programs and activities
- Wellness checks
- Transportation to medical appointments
- Weekly laundry
- Weekly housekeeping
- Utilities

*Diabetic Care offered*

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# HEARTLAND™ ASSISTED LIVING

Gardens at Northridge Heartland™ Assisted Living program is ideal for those who may benefit from assistance to remain living independently while enjoying a fulfilling lifestyle. Offering a unique combination of people, lifestyles, services and care, Heartland™ Assisted Living delivers the optimal balance of independence and support.

Our dedicated staff provides personalized, 24-hour assistance, ensuring residents enjoy freedom of choice, dignity, respect and the comfort of care. Families enjoy the peace of mind that comes with knowing their loved ones are happy and well cared for.

Your Monthly Fee Includes:

- Nutritious dining experience serving three meals each day
- Weekly housekeeping services
- Scheduled transportation services
- 24-hour, on-site staff
- All apartment home maintenance
- Social, cultural and recreational activities and programs
- Access to rich community amenities
- Weekly laundry services
- Free basic cable package



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# HEARTLAND™ ASSISTED LIVING RATES

Additional Assisted Living Care  
Services May Include:

- Caregivers available 24/7
- Escort to meals and activities
- Showering, bathing and dressing assistance
- Assistance with personal grooming/hygiene
- Medication assistance
- Visits from our rehabilitation professionals in the comfort of your home
- Incontinence management
- Insulin assistance

*Diabetic Care offered*



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# ASSISTED LIVING FLOOR PLANS



THE ROSE  
STUDIO



THE WHITE OAK  
One Bedroom



THE BIRD OF PARADISE  
Two Bedroom

# MEMORY CARE FLOOR PLANS



THE PALMS  
Private Studio



## Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to take a break from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or simply wish to experience the Pacifica lifestyle.

*(Respite Care based on availability.)*

## Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and cost savings of sharing a suite, just to name a few.

## Designed for Living Well

Our communities are designed to help our residents live well, surrounded by services, amenities and programs.





## Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

## Life Enrichment

Our Life Enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions, and so much more.

## Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shops, religious services, banks, postal centers and more.

## Pet Friendly

Pets are part of the family, so Pacifica Senior Living communities are pet friendly\* and have designated pet areas for convenience.



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AT NORTHRIDGE  
Full-Service Senior Living



## Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

Assisted Living | Memory Care



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