



THE WILLOWS
AT SPRINGHURST

A Trilogy Senior Living Community

Parri's News

November 2021

Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it's for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **Sanitation, Health Solutions, Illness-prevention, Evidence-based Lasting technologies and Disinfection tools** to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we're proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer's guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

The Power of UV-C Technology

The gold standard in hospitals, we're proud to employ the use of Arc - R-Zero's disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today – we're making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



Happy Birthday!

Residents

Diana S.	November 02
Alan K.	November 07
Ida C.	November 07
Shirley J.	November 08
Rebecca S.	November 08
Norbert B.	November 08
Pattie S.	November 09
Philip & Margaret S.	November 13
Forest B.	November 21
Paul S.	November 23
Gail B.	November 24



Executive Director Corner

Welcome to November!

I hope you all had a great

time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who continue to keep us warm

with their unending love and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family. Let's have a great November!

Yours in Service,

Eric Bryant
Executive Director

Volunteer at The Willows of Springhurst!

We welcome all members of our community to come share their talents with us – whatever those might be. The value that volunteers bring to our community cannot be overstated. When you volunteer with us, you're doing more than just lending a helping hand; you're reminding someone that they're cared for, you're listening to their story, and you're using what makes yourself unique to brighten their day. Share your knowledge and lead one of our *Lifelong Learning* classes. Call the winning numbers in BINGO. Plant flowers in our garden and watch them grow with us. However you choose to serve, we'll be happy to have you here! Volunteer today by contacting us at 502-412-3775.

SPARKLING FALL TIME AT THE VINEYARD RETREAT

Since we couldn't go to the vineyard due to COVID, we brought the vineyard to our residents! Toe-tapping music we all loved was played by Vikki & Mike. This set a wonderful tone for fall time at the vineyard scavenger hunts, hot cider with pumpkin rolls, pinecone and gour-geous gourd crafts, and much more!



Team Tailgate!

It's Tailgating season! The staff at The Willows at Springhurst gathered for our monthly employee recognition and appreciation party. The food spread would make any tailgater's mouth water! THANK YOU to our team.



Apple Dumplings

Residents got into the fall season by making homemade Apple Dumplings for National Apple Day! The secret was in the sauce (but we won't tell!) The Apple Dumplings were then baked to perfection for residents to enjoy. Bon appetit!





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Carla Sieckert

Executive Director of Health & Rehab

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Administrator

Jessica Vanover

Director of Health Services

Chasity Stoudemire

Director of Assisted Living

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Life Enrichment Director

Taylor Carruthers

Legacy Lane Coordinator

Whitney Meriwether

Director of Therapy

Caroline Shrum

Business Office Manager

Tim Bridges

Director of Food Service

Tommy Roberts

Chief Engineer

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *The first US harvest feast of Thanksgiving occurred where?*

Question 2: *How many sides do snowflakes have?*

Question 3: *Where were the 1952 Winter Olympics held?*

Question 4: *What is a group of whales called?*

Question 5: *What does the color white represent on the American flag?*

Flip the page for last month's trivia answers:

Q1: What is the name of Dracula's sidekick? Renfield
Q2: Where did Halloween originate? Ireland
Q3: True or false: Bees can only sting once. False
Q4: Pumpkins are _____% water. 90
Q5: Who originally sang "That'll Be The Day" in 1957? Buddy Holly and the Crickets

FALL WORD SCRAMBLE

Unscramble the letters below to make seasonal words.

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Search

E	O	T	P	J	H	D	R	T	E	C	H	N	O	L	O	G	Y	X
F	D	Z	F	D	Y	I	T	E	V	T	J	D	S	G	H	E	Q	V
F	G	A	Y	M	G	S	I	D	S	T	R	L	I	T	P	X	N	G
O	C	J	T	K	S	I	X	L	N	N	E	A	L	U	T	Y	B	I
R	O	M	J	E	A	N	V	H	Q	R	R	A	C	L	E	A	N	D
T	X	E	X	B	N	F	O	Q	U	U	E	T	L	E	H	P	P	S
I	S	X	E	X	I	E	T	U	T	H	A	B	A	Y	V	D	V	A
X	A	X	R	F	T	C	N	Q	C	A	H	L	S	R	T	E	Z	B
O	F	G	B	B	A	T	T	S	K	R	D	N	I	U	V	P	P	G
I	E	L	E	T	T	S	H	V	R	C	E	W	X	T	J	C	W	I
M	T	H	P	A	I	F	O	M	I	G	I	B	F	D	Y	D	V	H
M	Y	P	V	P	O	U	L	W	O	Z	F	U	T	W	X	H	T	U
V	N	J	R	R	N	H	O	H	D	G	F	I	S	F	I	C	R	S
Z	R	T	S	O	L	U	T	I	O	N	D	E	A	O	E	K	G	G
P	M	Y	Z	G	M	A	D	H	Q	Z	W	E	K	T	S	K	X	Y
U	E	S	G	R	P	I	T	I	C	P	I	V	O	L	E	K	D	U
Y	B	Q	U	A	I	W	S	C	I	Z	O	R	E	F	M	X	T	R
E	G	G	L	M	J	U	E	E	W	P	P	L	T	Q	H	Y	P	Q
J	Y	K	J	U	S	H	I	E	L	D	V	Y	V	D	L	H	Y	H

ARC

CLEAN

DISINFECT

EFFORT

HEALTH

PATHOGENS

PROGRAM

PROMISE

PROTECT

QUALITY

SAFETY

SANITATION

SHIELD

SOLUTION

TECHNOLOGY

TRACE