

Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it's for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **Sanitation, Health Solutions, Illness-prevention, Evidence-based Lasting technologies and Disinfection tools** to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we're proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer's guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

The Power of UV-C Technology

The gold standard in hospitals, we're proud to employ the use of Arc - R-Zero's disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today – we're making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



Happy Birthday!

Residents

Gerald L.	November 04
Stella C.	November 10
Helen Y.	November 12
Helen R.	November 14
Flora Y.	November 16
Theodore R.	November 17
Mary Lou G.	November 20
Marguerite C.	November 23
Shirley L.	November 26

Staff

Brent H.	November 02
Cynthia C.	November 02
Heather E.	November 12
Alex S.	November 13
Amaniye T.	November 13
Anthony B.	November 16
Tomeka D.	November 17
Luann E.	November 18
Susan W.	November 23
Suzanne P.	November 25
Christine G.	November 25
Patrick M.	November 27
Tanisha J.	November 30

Executive Director Corner

Welcome to November!

I hope you all had a great time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who continue to keep us warm with their unending love

and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family. Let's have a great November!

Yours in Service,

Brent Hayes

Executive Director

Music and Fun



OUT TO LUNCH



Westlake residents had a BIG MAC ATTACK



Veteran Spotlight— Fred T.



Meet Navy Electricians Mate E4 Fred T. He served his country during the Korean War for four years on the USS Piedmont. Fred, who was born in Slovenia in 1932 came to America on the Lehavre ship landing at Ellis Island. He met the love of his life in high school and later married her and had a daughter named Linda. After completing his bachelor's degree in electrical engineering at Cleveland State, he then completed his master's degree in physics at John Carrol Jesuit University.



Fred was always tinkering with something. He was either building something or taking it apart to see how it worked. His talents were recognized during his work with NASA at the John Glenn Research Center in Cleveland Ohio. He developed the "Ion Propulsion System," which enabled the first manmade object to leave our solar system. Since his ingenious contribution to rocket science and NASA other flights have been launched to assist the Voyager Shuttle and the Space Station Sky Lab.

He and his wife Rita raised their daughter Linda in Cleveland Ohio (from 1956-1989). He had a great passion for fishing in Lake Erie for Salmon and Walleye. Fred is a proud grandpa of Josh and Kristen.

Veteran Spotlight— John O.



Meet Airman First Class John O. John enlisted in the United States Airforce at 20. Ever since he was a child, he was building model airplanes and was always interested in aviation. He served state side four years during the Korean War. John was the crew chief for American F 86 Sabre Jets in the Eastern Air Defense Force (EADF).

After the war John worked as a Technical Sargent, aircraft and engine specialist with the Michigan National Guard. He was at every monthly meeting and attended summer camps where he flew on C47 transport twin engines as their flight engineer.

In 1966 he joined Cadillac Engineering as a special tester in the research and development laboratories. He worked on many car systems such as power developments of electrical and air conditioning. He and his team at Cadillac were instrumental with the first electric engine cooling system where he served as the responsible engineer.

John and his wife raised one son and two daughters and has several grandchildren and great grandchildren. He retired after 27 years with Cadillac and moved to Florida for 17 years enjoying the warmer weather and golf.

OGO Award

When we think of a team player at Westlake we think of James Ohashi in our Dietary department. He not only makes a difference with his kindness with our residents, but with staff too. He once laid on the floor next to a fellow employee who was struck ill until the ambulance came. He reassured our staff member that everything was going to be ok. We thank James for showing such compassion. He is awarded this months OGO award. (Oh Great One.)





A Trilogy Senior Living Community

10735 Bogie Lake Road
Commerce Township, MI 48382
248-363-9400
westlakehc.com | [Twitter](#) [Facebook](#)

Brent Hayes
Executive Director

Madeline Heierman
Assistant Executive Director

Angela Walker
Director of Health Services

Suzanne Poling
Business Office Manager

Susan Voydanoff
Director of Life Enrichment

Regina Hughes
Legacy Neighborhood Director

Bob Goralski
Director of Plant Operations

Peter Johnston
Director of Dining Services

Kim Penn
Director of Environmental Services

Lana Deford
MDS Coordinator

Marcia Leja
Therapy Director

Rachel Adams
Director of Social Services

Tina Bausick
Community Service Rep

Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: *The first US harvest feast
of Thanksgiving occurred where?*

Question 2: *How many sides
do snowflakes have?*

Question 3: *Where were the
1952 Winter Olympics held?*

Question 4: *What is a group
of whales called?*

Question 5: *What does the color
white represent on the American flag?*

Flip the page for last month's trivia answers:

Q1: What is the name of Dracula's sidekick? Renfield
Q2: Where did Halloween originate? Ireland
Q3: True or false: Bees can only sting once. False
Q4: Pumpkins are _____% water. 90
Q5: Who originally sang 'That'll Be The Day' in 1957? Buddy Holly and the Crickets

FALL WORD SCRAMBLE

*Unscramble the letters below
to make seasonal words.*

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Search

E	O	T	P	J	H	D	R	T	E	C	H	N	O	L	O	G	Y	X
F	D	Z	F	D	Y	I	T	E	V	T	J	D	S	G	H	E	Q	V
F	G	A	Y	M	G	S	I	D	S	T	R	L	I	T	P	X	N	G
O	C	J	T	K	S	I	X	L	N	N	E	A	L	U	T	Y	B	I
R	O	M	J	E	A	N	V	H	Q	R	R	A	C	L	E	A	N	D
T	X	E	X	B	N	F	O	Q	U	U	E	T	L	E	H	P	P	S
I	S	X	E	X	I	E	T	U	T	H	A	B	A	Y	V	D	V	A
X	A	X	R	F	T	C	N	Q	C	A	H	L	S	R	T	E	Z	B
O	F	G	B	B	A	T	T	S	K	R	D	N	I	U	V	P	P	G
I	E	L	E	T	T	S	H	V	R	C	E	W	X	T	J	C	W	I
M	T	H	P	A	I	F	O	M	I	G	I	B	F	D	Y	D	V	H
M	Y	P	V	P	O	U	L	W	O	Z	F	U	T	W	X	H	T	U
V	N	J	R	R	N	H	O	H	D	G	F	I	S	F	I	C	R	S
Z	R	T	S	O	L	U	T	I	O	N	D	E	A	O	E	K	G	G
P	M	Y	Z	G	M	A	D	H	Q	Z	W	E	K	T	S	K	X	Y
U	E	S	G	R	P	I	T	I	C	P	I	V	O	L	E	K	D	U
Y	B	Q	U	A	I	W	S	C	I	Z	O	R	E	F	M	X	T	R
E	G	G	L	M	J	U	E	E	W	P	P	L	T	Q	H	Y	P	Q
J	Y	K	J	U	S	H	I	E	L	D	V	Y	V	D	L	H	Y	H

ARC
CLEAN
DISINFECT
EFFORT

HEALTH
PATHOGENS
PROGRAM
PROMISE

PROTECT
QUALITY
SAFETY
SANITATION

SHIELD
SOLUTION
TECHNOLOGY
TRACE