



ST. MARY

A Trilogy Senior Living Community

Monthly

November 2021

Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it’s for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **Sanitation, Health Solutions, Illness-prevention, Evidence-based Lasting technologies and Disinfection tools** to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we’re proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer’s guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

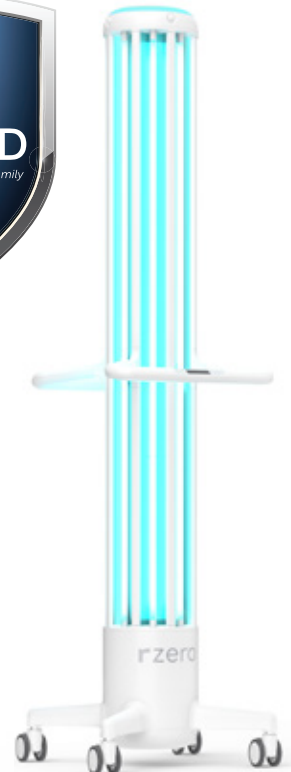
The Power of UV-C Technology

The gold standard in hospitals, we’re proud to employ the use of Arc - R-Zero’s disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today – we’re making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



3M Science. Applied to Life.™



Happy Birthday!

Residents

Gloria D.	November 02
Bonnie W.	November 11
Marianne B.	November 16
Peggy C.	November 25
Carol D.	November 26

Staff

Gloria G.	November 03
Hope L.	November 04
Joy M.	November 04
Angela J.	November 06
Amber M.	November 10
Rochelle B.	November 14
Karen W.	November 20
Elizabeth S.	November 21
Victoria M.	November 21
Concetta M.	November 23

Executive Director Corner

Welcome to November!

I hope you all had a great time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who continue to keep us warm with their unending love

and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family. Let's have a great November!

Yours in Service,

Holly Snyder

Administrator in Training

Entertainment

St. Mary's Life Enrichment team are excited to announce that we are going to have Inspired Fire Glass Studio come to our campus to do demonstrations and classes! If you are interested in signing up for these classes please see Erica in the activity room for details. We can't wait to see your creations!

Legacy Spotlight

The Day of the Dead is a holiday celebrated on the 1st and 2nd of November. It originated and is mostly observed in Mexico but also in other places, especially by people of Mexican heritage elsewhere. Our Legacy Lane is excited to celebrate Día de los Muertos with themed cooking, activities, games, guest speakers and traditions! Stay tuned for pictures and great stories!

TASTE OF TOWN

It was so nice having Long John Silvers for our Taste of Town event. It was a hit with everyone and we even got awesome hats to really make the event exciting! How many hush puppies is too many hush puppies? The limit doesn't exist!



Nathan, Connie and Shirley are all smiles for Taste of Town!



Erica and Darlene enjoying Taste of Town!

Activities Corner

We had a blast engaging in our tailgate themed campus retreat! It was so fun to see everyone get their faces painted and representing their favorite teams throughout the whole week. We enjoyed having our Purdue Brain Exercise Initiative students come and show their support as well. Thank you to all who participated and made this retreat one of the most exciting yet!



Bailey and Miss Kay enjoying a day of tailgating and sports!



Carol and Destiny showing their spirit!



Taffeny went all out for our campus retreat and looked fabulous!

Smile of the Month

Vetta D. is always smiling and such a light!



Residents and staff both having a blast at our campus retreat!

Gathering Around the Table

It's the season for gathering with loved ones and being thankful for who and what we have. St. Mary's staff want to express just how thankful we are for our amazing residents. We love seeing each of you every day and being able to talk and create bonds that will be in our hearts forever. The St. Mary's family is truly a special one and one that represents love, compassion, resilience and strength. We are excited to be entering into the holiday season with our St. Mary's friends and family and hope that we are able to fully express the love that we have for our residents.

Upon asking our staff members what they are thankful for from our residents I saw a theme—life stories. We went around and asked staff what made their days bright when life gets hard? What makes them excited to come in each day and spend their days with our residents. Every answer received was based around getting to hear about our residents life stories and getting to listen to what shenanigans they got into at school, what their favorite moment from childhood was or what funny stories they have from when their cooking abilities weren't necessarily up to par.

We love hearing the stories and seeing how our residents may have developed their hilarious sense of humor and their wisdom that is constantly on display. Thank you so much to all of you for the encouraging comments each day and truly making an impact our all of our lives. Proud Mary Strong!



ST. MARY

A Trilogy Senior Living Community

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CSR

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Erica Chezem
Director of Life Enrichment

Michael May
Director of Plant Operations

Brittany Harbolt
Director of Food Services

Hope Lowell
Director of Environmental Services

Joy Miller
MDS Coordinator

Beth Sabados
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *The first US harvest feast of Thanksgiving occurred where?*

Question 2: *How many sides do snowflakes have?*

Question 3: *Where were the 1952 Winter Olympics held?*

Question 4: *What is a group of whales called?*

Question 5: *What does the color white represent on the American flag?*

Flip the page for last month's trivia answers:

Q1: What is the name of Dracula's sidekick? Renfield
Q2: Where did Halloween originate? Ireland
Q3: True or false: Bees can only sting once. False
Q4: Pumpkins are ___% water. 90
Q5: Who originally sang "That'll Be The Day" in 1957? Buddy Holly and the Crickets

FALL WORD SCRAMBLE

Unscramble the letters below to make seasonal words.

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Search

E	O	T	P	J	H	D	R	T	E	C	H	N	O	L	O	G	Y	X
F	D	Z	F	D	Y	I	T	E	V	T	J	D	S	G	H	E	Q	V
F	G	A	Y	M	G	S	I	D	S	T	R	L	I	T	P	X	N	G
O	C	J	T	K	S	I	X	L	N	N	E	A	L	U	T	Y	B	I
R	O	M	J	E	A	N	V	H	Q	R	R	A	C	L	E	A	N	D
T	X	E	X	B	N	F	O	Q	U	U	E	T	L	E	H	P	P	S
I	S	X	E	X	I	E	T	U	T	H	A	B	A	Y	V	D	V	A
X	A	X	R	F	T	C	N	Q	C	A	H	L	S	R	T	E	Z	B
O	F	G	B	B	A	T	T	S	K	R	D	N	I	U	V	P	P	G
I	E	L	E	T	T	S	H	V	R	C	E	W	X	T	J	C	W	I
M	T	H	P	A	I	F	O	M	I	G	I	B	F	D	Y	D	V	H
M	Y	P	V	P	O	U	L	W	O	Z	F	U	T	W	X	H	T	U
V	N	J	R	R	N	H	O	H	D	G	F	I	S	F	I	C	R	S
Z	R	T	S	O	L	U	T	I	O	N	D	E	A	O	E	K	G	G
P	M	Y	Z	G	M	A	D	H	Q	Z	W	E	K	T	S	K	X	Y
U	E	S	G	R	P	I	T	I	C	P	I	V	O	L	E	K	D	U
Y	B	Q	U	A	I	W	S	C	I	Z	O	R	E	F	M	X	T	R
E	G	G	L	M	J	U	E	E	W	P	P	L	T	Q	H	Y	P	Q
J	Y	K	J	U	S	H	I	E	L	D	V	Y	V	D	L	H	Y	H

ARC

CLEAN
DISINFECT

EFFORT

HEALTH

PATHOGENS
PROGRAM

PROMISE

PROTECT

QUALITY
SAFETY

SANITATION

SHIELD

SOLUTION
TECHNOLOGY

TRACE