

Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it's for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **Sanitation, Health Solutions, Illness-prevention, Evidence-based Lasting technologies and Disinfection tools** to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we're proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer's guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

The Power of UV-C Technology

The gold standard in hospitals, we're proud to employ the use of Arc - R-Zero's disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today – we're making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



3M Science.
Applied to Life.™

Happy Birthday!

Residents

Maconna H.	11/02
June G.	11/16
Yvonne D.	11/21
Dottie H.	11/24
Rosa D.	11/24

Staff

Miranda T.	11/04
Sheri B.	11/07
Robert P.	11/09
Michelle M.	11/11
Kalee C.	11/22
Madison T.	11/25



Executive Director Corner

Welcome to November!

I hope you all had a great

time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who continue to keep us warm

with their unending love and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family.

Let's have a great November!

Yours in Service,

Todd Frasher

Executive Director

GERMAN CELEBRATION!





Veteran's Honor Wall

If your loved one has served in the military, please bring us an 8x10 photograph of them in their uniform so we can display them in our Wall of Heroes. We're honored to have the opportunity to serve you, and we're thankful for all the ways in which our veterans have served us. Please contact LED- Amanda Hillsamer for more information.



Volunteers Needed

Whether you have an hour a day or an hour per month, we welcome you to our team!

Find fulfillment in life by doing something truly worthwhile.

We have many opportunities for volunteers to become a part of our Trilogy family. Please contact our LED -Amanda Hillsamer if you're interested in becoming one of our valued volunteers.



Sunday Brunch

We are hosting our very first Sunday Brunch November 21, 2021. Our residents and staff members are very excited for this event. We love sharing our home with our family members and friends. Can't wait to see you there!

Invitations will be sent out soon, it'll be from 11:30 am- 1:00 pm and we are requiring a RSVP. Only two visitors are allotted at this time to accompany your family member at Sunday Brunch. We will need proof of vaccinations as well.



SANDERS RIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

119 East Sanders Lane
Mt. Washington, KY 40047
502-251-3821
sandersridgehc.com | [Twitter](#) [Facebook](#)

Todd Frasher
Executive Director

Krista Shepherd
Director of Health Services

Allison Aguas
Assistant Director of Health Service

Valerie Rucker
MDS Coordinator

Bri Harris
Customer Service Specialist

Katie Kirk
Customer Service Representative

Amanda Hillsamer
Life Enrichment Director

Ashley March
Therapy Program Director

Brittany Chesser
Social Service Director

Ray Giron
Area Director Food Service

Dana Higdon
Business Office Manager

Brianna LaPierre
AP/ Payroll

Cisco Aguas
Plant Operations Director

Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

*All trivia answers will be printed in
our upcoming month's newsletter!*

Question 1: *The first US harvest feast
of Thanksgiving occurred where?*

Question 2: *How many sides
do snowflakes have?*

Question 3: *Where were the
1952 Winter Olympics held?*

Question 4: *What is a group
of whales called?*

Question 5: *What does the color
white represent on the American flag?*

Flip the page for last month's trivia answers:

Q1: What is the name of Dracula's sidekick? Renfield
Q2: Where did Halloween originate? Ireland
Q3: True or false: Bees can only sting once. False
Q4: Pumpkins are _____% water. 90
Q5: Who originally sang "That'll Be The Day" in 1957? Buddy Holly and the Crickets

FALL WORD SCRAMBLE

*Unscramble the letters below
to make seasonal words.*

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Search

E	O	T	P	J	H	D	R	T	E	C	H	N	O	L	O	G	Y	X
F	D	Z	F	D	Y	I	T	E	V	T	J	D	S	G	H	E	Q	V
F	G	A	Y	M	G	S	I	D	S	T	R	L	I	T	P	X	N	G
O	C	J	T	K	S	I	X	L	N	N	E	A	L	U	T	Y	B	I
R	O	M	J	E	A	N	V	H	Q	R	R	A	C	L	E	A	N	D
T	X	E	X	B	N	F	O	Q	U	U	E	T	L	E	H	P	P	S
I	S	X	E	X	I	E	T	U	T	H	A	B	A	Y	V	D	V	A
X	A	X	R	F	T	C	N	Q	C	A	H	L	S	R	T	E	Z	B
O	F	G	B	B	A	T	T	S	K	R	D	N	I	U	V	P	P	G
I	E	L	E	T	T	S	H	V	R	C	E	W	X	T	J	C	W	I
M	T	H	P	A	I	F	O	M	I	G	I	B	F	D	Y	D	V	H
M	Y	P	V	P	O	U	L	W	O	Z	F	U	T	W	X	H	T	U
V	N	J	R	R	N	H	O	H	D	G	F	I	S	F	I	C	R	S
Z	R	T	S	O	L	U	T	I	O	N	D	E	A	O	E	K	G	G
P	M	Y	Z	G	M	A	D	H	Q	Z	W	E	K	T	S	K	X	Y
U	E	S	G	R	P	I	T	I	C	P	I	V	O	L	E	K	D	U
Y	B	Q	U	A	I	W	S	C	I	Z	O	R	E	F	M	X	T	R
E	G	G	L	M	J	U	E	E	W	P	P	L	T	Q	H	Y	P	Q
J	Y	K	J	U	S	H	I	E	L	D	V	Y	V	D	L	H	Y	H

ARC
CLEAN
DISINFECT
EFFORT

HEALTH
PATHOGENS
PROGRAM
PROMISE

PROTECT
QUALITY
SAFETY
SANITATION

SHIELD
SOLUTION
TECHNOLOGY
TRACE