



November 2021

Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it's for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **S**anitation, **H**ealth Solutions, **I**llness-prevention, **E**vidence-based **L**asting technologies and **D**isinfection tools to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we're proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer's guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

The Power of UV-C Technology

The gold standard in hospitals, we're proud to employ the use of Arc - R-Zero's disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today — we're making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



Happy Birthday!

Residents	
Ann G.	11/01
Lorraine B.	11/08
Michael G.	11/12
John .R	11/22
Staff	
William M.	11/02
Joyce C.	11/03
Anjanette S.	11/04
Kimberly M.	11/05
Carleen H.	11/06
Joshua H.	11/06
Shona B.	11/19

Employee of the Month

Congratulations Susan M. on your "Oh Great One" award in recognition of your compassion and dedication to our residents! Susan has given 15 years of service to Park Terrace in many roles and is currently one of our wonderful CRCAs.





Executive Director Corner

Welcome to November! I hope you all had a great

time at our fourth and final
Theme Week of the year! It was
incredible celebrating Germany
with so many familiar faces
- and getting to try out Chef
Bob's Ruben egg roll. Shoutout
to our Life Enrichment
and Dining teams for truly
saving the best for last.

This month, we celebrate
National Family Caregivers
Month – a time to recognize
all that family caregivers do
to supporting their senior
family members, and who
continue to keep us warm

with their unending love and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family. Let's have a great November!

Yours in Service,

Kevin Foote

Executive Director

Activities Corner

We love to party at Park Terrace! Our residents enjoyed our Country Western Resident Retreat. It was a beautiful day to enjoy live music, good food and celebrate life together. It was so much fun to wear the hats we made, dance to the music and laugh in our beautiful garden.





More from Activities Corner







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LIFELONG LEARNING

The Monarch Butterflies are migrating South. We have had so many visit our garden this year and were lucky enough to find a caterpillar on our Milkweed Plants. Milkweed is the only plant the caterpillars will eat. We decided to raise it in our butterfly tent indoors. We had so much fun watching it eat every leaf and grow big and fat, then form its chrysalis. We are eagerly awaiting to emerge. Everyone loves learning about this amazing creature!



Happy Hour

We can't wait to get the Okay to be able to have Happy Hour and entertainers again! We will keep everyone posted as soon as the guidelines change and we can resume this wonderful program.

Inspired Living

It's fun getting ready for Halloween!







HEALTH CAMPUS

A Trilogy Senior Living Community

9700 Stonestreet Road Louisville, KY 40272 502-995-6600 parkterracehc.com | ♥ f

Kevin Foote Executive Director Stephanie Crane Director of Health Services TBD

Assistant Director of Health Services

Jordan O' Connell Director of Social Services

Shirley Manner Environmental Services Director

> Nick Meyer Therapy Program Director

Amy Reed Business Office Manager

Dave Marrs Dietary Food Services Director

> Kathy Umfleet HR & AP

Susan English Crider Life Enrichment Director

Angelia Giles Legacy Lane Coordinator

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: The first US harvest feast of Thanksgiving occurred where?

Question 2: How many sides do snowflakes have?

Question 3: Where were the 1952 Winter Olympics held?

Question 4: What is a group of whales called?

Question 5: What does the color white represent on the American flag?

Flip the page for last month's trivia answers:

Q5: Who originally sang That'll Be The Day in 1957? Buddy Holly and the Crickets

Q4: Pumpkins are ____ % water. 90

Q2: Where did Halloween originate? Ireland Q3: True or false: Bees can only sting once. False

Q.T.: What is the name of Dracula's sidekick? Kenfield

FALL WORD SCRAMBLE

Unscramble the letters below to make seasonal words.

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Gearch

C Н N O L O Ε D R Т E G Y X O D Z F D Υ Ι Т Е V Т J D S G E O V F Α S S Т Ι Т X G G Υ М G Ι D R L Ν O C J Т K S Ι Ν Е Α Т Y Ι X N В R 0 Μ J E Α N Н R C L E D V Q R Α Ν Т X Е X В Ν F O Q U U Е Т L Е Н P P S E E Ι S X X Ι Т Т Н Α В Α Y D Α U V R F C Q C S R E Z X Α X Т Ν Α Н L В Ρ O F В Т Т K R Ι U P G В Α S D Ν G C Е Е Т Т S C Е Т W Ι Н R W X J L Т Ι Н Ρ O Μ Ι G Ι В D Y D V Н Р Ζ F Т Y Р V O U W O W Н U X Т U V N J R R Ν 0 Н D G F Ι S F Ι C R S S K Z R T 0 L T Ι O Ν D E Α 0 E G G U P Ζ G М Q Ζ E K S М Y Α D Н W Т K X Υ Е G Ε S R Р Т C Р Ι O K U Ι L D U В Q Α Ι S C Ι Ζ R E F Т Y U W 0 М X R E G G L Μ J U E Е W Р Р L Т Q Y P Q Η S Ι D Y K J U Н Е Y D Н Y Н

ARC
CLEAN
DISINFECT
EFFORT

HEALTH
PATHOGENS
PROGRAM
PROMISE

PROTECT
QUALITY
SAFETY
SANITATION

SHIELD SOLUTION TECHNOLOGY TRACE