Revisiting The Trilogy SHIELD Program

As we head into the winter months, we remain committed to keeping our community safe – whether it's for you, your loved ones, or our employees. With the **Trilogy SHIELD Program**, we use **S**anitation, **H**ealth Solutions, **I**llness-prevention, **E**vidence-based **L**asting technologies and **D**isinfection tools to put this promise into practice.

Clean and Protected

Through our relationship with 3M, we're proud to utilize some of the highest-quality disinfection tools available to our industry – capable of identifying and eliminating pathogens in a matter of minutes. Among these is **40-A**, a solution that has been tested and recognized by the EPA to kill COVID-19 when used in accordance with the manufacturer's guidelines, and **Clean Trace**, which collects organic matter from our

surfaces and tells us where further disinfection efforts are needed.

The Power of UV-C Technology

The gold standard in hospitals, we're proud to employ the use of Arc - R-Zero's disinfection system that uses sustainable, high-power UV light to destroy 99.99% of surface and airborne pathogens without the use of chemicals.

With this program, not only are we protecting our communities from the hardships of today – we're making them prepared to meet the challenges of tomorrow. For more information about how we are keeping our residents and families safe, please contact a member of our team.



Happy Birthday!

Residents	
Samie M.	11/10
Mary Lou G.	11/14
Imogene C.	11/15
Myron H.	11/16
Sue L.	11/18
Marietta M.	11/19
Fred B.	11/21
Staff	
Brandy B.	11/05
Heather M.	11/10
Ann K.	11/14
Jeffrey F.	11/15
Misty M.	11/19
Kimberly O.	11/20
Lloyd R.	11/23
Donna L.	11/27

CHEF'S CORNER



New Chef in Town! Meet Austin Smith our new Chef. Actually, Austin has been our chef

before. We enjoyed his many creative and delicious meals about three years ago. Austin even won the Culinary Olympics when he was here the last time. Our team is excited to have him back. We can't wait to see what amazing dishes he and his talented staff will cook up!

Executive Director Corner

Welcome to November! I hope you all had a

great time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who continue to keep us warm with their unending love and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilogy family. Let's have a great November!

Yours in Service.

Alyssa Holliday

Executive Director



TASTE OF TOWN

Each month the residents are treated to "Taste of Town." Staff order out from a local restaurant for the resident's breakfast, lunch, or dinner. In August residents enjoyed Coney Dogs from Winnie World for their lunch

ACTIVITIES CORNER

LE staff hanging out with the residents. The residents love being in the courtyards. Tonya and Jenny are entertaining them my making chalk drawing on the pavement. Brandy is sharing the latest posts on You-tube with them. The LE team spends most of their time in the company of our residents. The team are very close to the residents and the residents have come to see them as an extension of their surrogate family during this time leaning on them for comfort and support.



VOLUNTEER NEWS

Princess came to visit in late
September to brighten the resident's
day. She visited throughout the
building bring cheer and helping the
residents have fond memories of their
pets they once had in their lives.







Legacy Spotlight

Alyssa Holliday is a creative and hands-on Executive Director. Here Alyssa is spending time with our Legacy Lane Residents. They are making an autumn tree collage.



Save the Date

November the 11th is Veteran's Day. Glen Oaks will be celebrating our Veteran's on this special day. Please watch for coming details.

Trilogy Fit

In July and August Trilogy rolled out a new program called "Soul Fit." Because of restrictions at that time on the Campus. The program was able to be enjoyed to its full benefit. The program focusses on self-love, gratitude, being grateful and finding joy in one's life. It will be offered again in November in the spirit of Thanksgiving.





A Trilogy Senior Living Community

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> Alyssa Holliday Executive Director

Michelle Hacker Director of Health Services Assistant Director of Health Services

Heidi Carmichael Community Service Representative

> Anna Selvidge Business Office Manager

Ann Knott Life Enrichment Director

Kathleen Chaney Director of Social Services

David McMullen Plant Operations

Briana Harter Environmental Services Director

Renee Madden Care Plan/Assessment Coordinator

> Patrick Jarnecke Director of Food Services

Heather Lawson Director of Rehabilitation

Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: The first US harvest feast of Thanksgiving occurred where?

Question 2: How many sides do snowflakes have?

Question 3: Where were the 1952 Winter Olympics held?

Question 4: What is a group of whales called?

Question 5: What does the color white represent on the American flag?

Flip the page for last month's trivia answers:

Buddy Holly and the Crickets

Q4: Pumpkins are $\overline{\ \ }$ %0. Who originally sang That' $\overline{\ \ }$ Be The Day in 1957?

Q3: True or false: Bees can only sting once. False

QI: What is the name of Dracula's sidekick? Kenfield
Q2: Where did Halloween originate? Ireland

FALL WORD SCRAMBLE

Unscramble the letters below to make seasonal words.

VHATSER

GHAINGSTKVNI

YTUEKR

LUETGRFA

FAILMY

NRDATITOI

AMTUUN

IPUKMNP

TETRIADGU

SEESERTHTOGN

Word Gearch

C Н N O L O Ε D R Т E G Y X O D Z F D Υ Ι Т Е V Т J D S G E O V F G Α S S Т Ι Т X G Υ М G Ι D R L Ν O C J Т K S Ι X Ν Е Α Т Y Ι N В R 0 Μ J E N Н R C L E D V Q R Α Ν Т X Е X В Ν F O Q U U Е Т L Е Н P P S E E Ι S X X Ι Т Т Н Α В Α Y D Α U V X R F C Q C S R E Z X Α Т Ν Α Н L В Ρ O F G В Т Т K R Ι U P В Α S D Ν G C Ι Е Е Т Т S R C Е Т J W Н W X L Т Ι G Н Ρ O Μ Ι Ι В D Y D V Н Р Ζ F Т Y Р V O U W O W Н U X Т U V N J R R Ν 0 Н D G F Ι S F Ι C R S S K Z R T 0 L Т Ι O Ν D E Α 0 E G G U P Ζ G М Q Ζ Е K Т S K М Y D Н W X Υ Е G Ε S R Р Т Ι C Р Ι O L K U D U В Q U Α Ι S C Ι Ζ R E F Т Y W 0 М X R E G G L Μ J U E Е W Р Р L Т Q Y P Q Η S Ι D Y K J U Н Y D Н Y Н

ARC
CLEAN
DISINFECT
EFFORT

HEALTH
PATHOGENS
PROGRAM
PROMISE

PROTECT
QUALITY
SAFETY
SANITATION

SHIELD SOLUTION TECHNOLOGY TRACE