Westlake Health Campus AL Assisted Living

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality	1 K 9:30 Daily Chronicle & Monthly Gazette V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game 1 11:00 Daily Devotionals 5 1:00 Showtime - CH 2	Election Day K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 K 10:00 Activities in AL Living room I 10:30 Mens Bible Study in AL Parlor S 1:00 Showtime - CH 2	3 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	4 I 9:30 Catholic Communion - AL Living room K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs Lacey & Lewis TS	S 9:30 Daily Chronicle 9:45 Chair Exercise-Channel 2 9:45 Exercise K 10:30 Brain Busters - TS I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 S 3:00 Happy Hour	6 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2
7 Daylight Saving Ends 1 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise 1 10:30 Church Service with Pastor Gary and Donna	8 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 S 3:00 Ice Cream Social - TS	9 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR 5 1:00 Showtime - CH 2 I 3:00 Book Club - AL/AR	10 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals S 1:00 Showtime - CH 2	11 Veterans Day I 9:30 Catholic Communion -	9:45 Chair Exercise-Channel29:45 Exercise	13 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2
I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Pastor Gary and Donna	15 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:30 Word Game I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 S 3:00 Ice Cream Social - TS	16 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR S 1:00 Showtime - CH 2 I 3:00 Book Club - AL/AR		18 I 9:30 Catholic Communion - AL Living room K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise V 10:00 Chair exercises - AL Living room	11:00 Daily Devotionals	20 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise K 10:00 Bingo Town Square CC 10:30 Pet Visits on Campus S 1:00 Showtime - CH 2
P:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Pastor Gary and Donna	X 9:30 Resident Council, Chefs Circle X 9:30 Daily Chronicle Y 9:45 Chair Exercise-Channel 2 Y 9:45 Exercise X 10:30 Word Game 1 11:00 Daily Devotionals	23 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Interfaith Communion Episcopal Church Father Roberts TS I 10:30 Men's Bible Group	9:45 Chair Exercise-Channel 2 9:45 Exercise	Thanksgiving K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise CC 10:30 Therapy Dogs Lacey & Lewis TS K 11:00 Hang Man - S 1:00 Showtime - CH 2	9:45 Chair Exercise-Channel 2 9:45 Exercise	X 9:30 Daily Chronicle Y 9:45 Chair Exercise-Channel 2 Y 9:45 Exercise K 10:00 Bingo Town Square S 1:00 Showtime - CH 2
P:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Church Service with Pastor Gary and Donna	9:45 Chair Exercise-Channel 2 9:45 Exercise K 10:30 Word Game	30 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 9:45 Exercise I 10:30 Men's Bible Group K 10:30 Card Bingo AL/AR I 10:30 Interfaith Communion - Episcopal - Father	Location Key: RR=Residents' Room DR=Dining Room SR=Sun Room AL/AR=Activity Room TS=Town Square CH 2 - Channel 2	Calendar activities are subject to change. Please check the Lifeshare television for the most up to date scheduled activities	Entertainment is outside Assisted Living Doors weather permitting Bus Outings are Weather Dependent	Thank you for your patience with all the temporary changes to the calendar. Sincerely, Your Life Enrichment Department

Westlake Health Campus HealthCampus

SIOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	1 K 9:30 Daily Chronicle & Monthly Gazette V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room 1 11:00 Daily Devotionals 5 1:00 Showtime - CH 2	Election Day K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 K 10:00 Activities in AL Living room V 10:00 Exercise in AL Living Room I 10:30 Mens Bible Study in AL	3 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals	 9:30 Catholic Communion - AL Living room 9:45 Chair Exercise-Channel 2 10:00 Exercise in AL Living Room 10:30 Therapy Dogs Lacey & Lewis TS 	 S K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 3:00 Happy Hour 	6 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room K 10:00 Bingo Town Square 5 1:00 Showtime - CH 2
7 Daylight Saving Ends I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Church Service with	8 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 S 3:00 Ice Cream Social - TS	9 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Men's Bible Group 5 1:00 Showtime - CH 2	10 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals	11 Veterans Day 1 9:30 Catholic Communion - AL Living room V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room CC 10:30 Therapy Dogs Lacey & Lewis TS	12 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 GF 3:00 Double Play flute and	13 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room S 1:00 Showtime - CH 2
14 I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Church Service with	M 9:30 Daily Chronicle 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 S 3:00 Ice Cream Social - TS	16 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Men's Bible Group S 1:00 Showtime - CH 2	17 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals	 9:30 Catholic Communion - AL Living room 9:45 Chair Exercise-Channel 2 10:00 Chair exercises - AL Living room 10:00 Exercise in AL Living Room 	19 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals S 1:00 Showtime - CH 2 M 3:00 Mary Jeva on piano	20 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room CC 10:30 Pet Visits on Campus S 1:00 Showtime - CH 2
1 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Church Service with	 8 9:30 Daily Chronicle 9:45 Chair Exercise-Channel 2 10:00 Exercise in AL Living Room 11:00 Daily Devotionals 1:00 Showtime - CH 2 1:30 Resident Council, Chefs 	 9:30 Daily Chronicle 9:45 Chair Exercise-Channel 10:00 Exercise in AL Living Room 10:30 Interfaith Communion Episcopal Church Father Roberts TS 	 Y 9:30 Daily Chronicle Y 9:45 Chair Exercise-Channel 2 Y 10:00 Exercise in AL Living Room I 10:30 Bible Study with Pastor Chris - AR I 11:00 Daily Devotionals 	 Thanksgiving 9:45 Chair Exercise-Channel 10:00 Exercise in AL Living Room 10:30 Therapy Dogs Lacey & Lewis TS 1:00 Showtime - CH 2 	Black Friday K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals 5 1:00 Showtime - CH 2 5 3:00 Happy Hour	27 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room S 1:00 Showtime - CH 2
I 9:00 Catholic Mass Channel 2 K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 10:30 Church Service with	Hanukkah Begins K 9:30 Daily Chronicle V 9:45 Chair Exercise-Channel 2 V 10:00 Exercise in AL Living Room I 11:00 Daily Devotionals K 11:30 Resident Council - TS 5 1:00 Showtime - CH 2	 9:30 Daily Chronicle 9:45 Chair Exercise-Channel 10:00 Exercise in AL Living Room 10:30 Men's Bible Group 10:30 Interfaith Communion - Episcopal - Father 	Location Key: RR=Residents' Room SR=Sun Room AR=Activity Room TS=Town Square CW= Campus Wide	OLL= Oxbow 200 Hall Common Area CLL= Carroll Lake 300 Hall Common Area DR=Dining Rooms	All activities are subject to change All Entertainment is outside AL doors weather permitting	Friday Entertainment is subject to change due to Covid restrictions

Westlake Health Campus MC Daily Rhythms

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Don't Worry, Be Happy 9:30 Autumn Poem 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Corncob Painting 3:30 Who Am I? 4:00 Image Snap Game	2 Election Day V 9:00 Cornucopia Pass K 9:30 Create A Caption C 10:45 Tropical Trail Mix 12:45 Relax & Recharge S 1:00 Showtime - CH 2 I 1:00 St Marys Catholic Mass - All Souls Day - Father Tomy in Town Sq	 9:00 Stein Exercises 9:30 Yard Sale 10:45 Mother's Pumpkin Bread 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Button Trees 3:30 Name That Instrument 	 9:00 Turkey Trot 9:30 Let's Spell Thanksgiving 10:45 Classic Chocolate Chip Cookie 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Gourd-geous Craft 4:00 Bobby G in the 	 9:00 Basketball 9:30 Football Frenzy 10:45 Strawberry Hand Pies 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Creative Storytelling 3:00 Happy Hour 3:30 October Happy Hour 	9:00 Chair Swimming 9:30 Quick Words 10:45 Italian Pinwheel Sandwiches with Cream Cheese 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Thanksgiving Gratitude
7 Daylight Saving Ends V 9:00 #BurnBeforeTheBird I 9:00 Catholic Mass Channel 2 I 9:30 Church Service with Pastor Gary and Donna K 9:30 Fall Memories C 10:45 Blueberry Oat Muffins 12:45 Relax & Recharge	8 V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem C 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Paint by Number M 3:30 Who Am I? GG 4:00 Image Snap Game	9 V 9:00 Cornucopia Pass K 9:30 Create A Caption C 10:45 Chocolate Raspberry Trail Mix 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Foam Fortune Cookies M 3:30 Campfire Songs	 9:00 Stein Exercises 9:30 Yard Sale 10:45 Orange Cranberry Bread 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Feather Paint 3:30 Name That Instrument 	11 Veterans Day V 9:00 Turkey Trot K 9:30 Let's Spell Thanksgiving C 10:45 Peanut Butter Cookies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Veterans Day Heart Card S 3:30 Veterans Day Service	V 9:00 Basketball K 9:30 Football Frenzy C 10:45 Apple Hand Pies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Autumn Leaf Stamping S 3:00 Happy Hour M 3:30 October Happy Hour	9:00 Chair Swimming 9:30 Quick Words 10:45 Sandwich Pinwheels 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Beaded Pumpkins 3:30 Feel the Rhythm GG 4:00 Lollipop Paddles
 9:00 #BurnBeforeTheBird 9:00 Catholic Mass Channel 2 9:30 Church Service with Pastor Gary and Donna 9:30 Fall Memories 10:45 Banana Nut Muffins 12:45 Relax & Recharge 	15 V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem C 10:45 Peanut Butter Banana Yogurt Parfaits 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Q-tip Fall Trees M 3:30 Who Am I?	9:00 Cornucopia Pass 9:30 Create A Caption 10:45 Ginger Apricot Trail Mix 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Sensory Paint 3:30 Campfire Songs 4:00 Noodle Hockey	 9:00 Stein Exercises 9:30 Yard Sale 10:45 Apple Praline Bread 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Creative Storytelling 3:30 Name That Instrument 4:00 The Wild World of 	 9:00 Turkey Trot 9:30 Let's Spell Thanksgiving 10:45 S'more Cookies 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Collaborative Weaving 3:30 Groovin' Gospel 4:00 Turkey Toss 	V 9:00 Basketball K 9:30 Football Frenzy C 10:45 Blackberry Hand Pies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Thumbprint Dandelions S 3:00 Happy Hour M 3:30 October Happy Hour	20 V 9:00 Chair Swimming K 9:30 Quick Words CC 10:30 Pet Visits on Campus C 10:45 Buffalo Chicken Pinwheels 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Poppy Field Collage
9:00 #BurnBeforeTheBird 9:00 Catholic Mass Channel 2 9:30 Church Service with Pastor Gary and Donna Service Service With Pastor Gary and Donna Service With Pastor Gary and Donna Mathematical Memories Muffins	10:45 Pumpkin Parfaits 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Thanksgiving Napkin Rings	 9:00 Cornucopia Pass 9:30 Create A Caption 10:45 Thanksgiving Trail Mix 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Seasonal Adult Coloring 3:30 Campfire Songs 4:00 Noodle Hockey 	V 9:00 Stein Exercises K 9:30 Yard Sale C 10:45 Fresh Fruit Bread 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Drama Club-Short Story M 3:30 Name That Instrument	Thanksgiving V 9:00 Turkey Trot S 9:30 Let's Spell Thanksgiving 10:45 Birthday Cake Cookies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Thankfulness Collage M 3:30 Give Thanks GG 4:00 Turkey Toss	Black Friday V 9:00 Basketball K 9:30 Football Frenzy C 10:45 Tomato Jam Hand Pies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Spice Painting S 3:00 Happy Hour M 3:30 October Happy Hour	V 9:00 Chair Swimming S 9:30 Quick Words C 10:45 Cream Cheese Pinwheels with Fresh Veggies 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Chihuly Inspired Glass
9:30 Church Service with Pastor Gary and Donna	C 10:45 Cheesecake Berry Parfait 12:45 Relax & Recharge S 1:00 Showtime - CH 2 A 2:00 Ribbon Tree Ornament	9:00 Cornucopia Pass 9:30 Create A Caption 10:45 Snowy Day Trail Mix 12:45 Relax & Recharge 1:00 Showtime - CH 2 2:00 Creative Storytelling 3:30 Campfire Songs 4:00 Noodle Hockey				

INOVEMBER 2021 & September 2021 & Septem

	7/8/2					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Volunteer: Health Campus Activities V 1:00 Strength & Balance GG 2:00 Euchre GF 4:00 Popcorn & A Movie	10:00 Scrapbooking 2:00 Prayer & Share 4:00 Bingo	10:00 Self Care Day 12:00 Dominoes: Mexican Train Game 2:00 Pinochle 4:00 Wine Down Wednesday	1:00 Villa Monthly Forum 2:00 Strength & Balance	10:00 Walking Club 12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
7 Daylight Saving Ends 1:00 Bridge	9:00 Volunteer: Health Campus Activities 1:00 Strength & Balance 3:00 Euchre	10:00 Craft: Fall Wreaths 2:00 Prayer & Share 4:00 Dinner Club	10:00 Self Care Day 12:00 Dominoes: Mexican Train Game 2:00 Pinochle 4:00 Wine Down Wednesday	9:00 Hot Breakfast 2:00 Strength & Balance 3:30 Veterans Day Service with Senator Jim Runestad at Health Center	10:00 Walking Club 12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
1:00 Bridge	9:00 Volunteer: Health Campus Activities 1:00 Strength & Balance 2:00 Euchre 4:00 Popcorn & A Movie	10:00 Scrapbooking 2:00 Prayer & Share 4:00 Bingo	10:00 Self Care Day 12:00 Dominoes: Mexican Train Game 2:00 Pinochle 4:00 Wine Down Wednesday	2:00 Strength & Balance 4:00 Sip & Sample	10:00 Walking Club 12:00 Shopping Trip GG 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
1:00 Bridge	9:00 Volunteer: Health Campus Activities 1:00 Strength & Balance 3:00 Euchre	10:00 Oakland County Farmers Market 2:00 Prayer & Share 4:00 Bingo	1:00 Friendsgiving	25 Thanksgiving	10:00 Walking Club 3:00 Happy Hour	10:00 Men's Coffee Club 2:00 Poker
Hanukkah Begins 1:00 Bridge	9:00 Volunteer: Health Campus Activities 1:00 Strength & Balance 3:00 Euchre 4:00 Popcorn & A Movie	10:00 Scrapbooking 12:00 Soup & Sandwiches 2:00 Prayer & Share 4:00 Bingo				

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