

Wellbrooke of Westfield
Assisted Living

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays	1 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	2 Election Day 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Shopping Outing-SIGN UP	3 9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga with Kira-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room	4 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise with Sam-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2	5 9:00 Daily Chronicles (Passed to Rooms) 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:30 Group Games	6 9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station) 2:30 Lifeshare Games-Billiards Room
7 Daylight Saving Ends 9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2 2:30 Card Club-Main Dining	8 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	9 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Shopping Outing-SIGN UP	10 9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga with Kira-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room	11 Veterans Day 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise with Sam-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2	12 9:00 Daily Chronicles (Passed to Rooms) 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:30 Group Games	13 9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station) 2:30 Lifeshare Games-Billiards Room
14 9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2 2:30 Card Club-Main Dining	15 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	16 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Shopping Outing-SIGN UP	17 9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga with Kira-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room	18 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise with Sam-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2	19 9:00 Daily Chronicles (Passed to Rooms) 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:00 Resident Council-2nd	20 9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station) 2:30 Lifeshare Games-Billiards Room
21 9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2 2:30 Card Club-Main Dining	22 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	23 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Shopping Outing-SIGN UP	24 9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga with Kira-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room	25 Thanksgiving 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise with Sam-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2	26 Black Friday 9:00 Daily Chronicles (Passed to Rooms) 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:30 Group Games	27 9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station) 2:30 Lifeshare Games-Billiards Room
28 9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2 2:30 Card Club-Main Dining	29 Hanukkah Begins 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	30 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Photos with Santa-Lobby		If you would like your pet to visit please provide vaccination records to Alyssa, Life Enrichment Director.	Activities are subject to change. Please refer to the CommunityShare monitors for the most up to date information.	

NOVEMBER 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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28 9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2 2:30 Card Club-Main Dining	29 Hanukkah Begins 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room	30 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 1:30 Photos with Santa-Lobby		If you would like your pet to visit please provide vaccination records to Alyssa, Life Enrichment Director.	Activities are subject to change. Please refer to Lifeshare for the most up to date information.	Special Events: Veteran's Day Program: 11/11 @2pm Resident pictures with Santa: 11/30 @1:30pm

NOVEMBER 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities are subject to change. Please refer to Lifeshare for the most up to date information.	1	2	Election Day	3	4	5	6	
	<div>V</div> Don't Worry, Be Happy <div>K</div> Autumn Poem <div>CC</div> Rise and Shine Parfaits Relax & Recharge <div>A</div> Corncob Painting <div>M</div> Who Am I? <div>GG</div> Image Snap Game Healthy Hands	<div>V</div> Cornucopia Pass <div>K</div> Create A Caption <div>CC</div> Tropical T rail Mix Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Orange Clove Gift <div>M</div> Campfire Songs <div>GG</div> Noodle Hockey	<div>V</div> Stein Exercises Nail Spa <div>K</div> Yard Sale <div>CC</div> Mother's Pumpkin Bread Relax & Recharge <div>K</div> Bingo <div>A</div> Button Trees <div>V</div> Sittercise with Sam	<div>V</div> Turkey Trot <div>K</div> Let's Spell Thanksgiving <div>CC</div> Classic Chocolate Chip Cookie Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Gourd-geous Craft <div>M</div> Groovin' Gospel <div>GG</div> Turkey Toss	<div>V</div> Basketball <div>K</div> Football Frenzy <div>CC</div> Strawberry Hand Pies Relax & Recharge <div>A</div> Creative Storytelling <div>M</div> October Happy Hour <div>GG</div> Games We Played As Kids Healthy Hands	<div>V</div> Chair Swimming <div>K</div> Quick Words <div>CC</div> Italian Pinwheel Sandwiches with Cream Cheese Relax & Recharge <div>A</div> Thanksgiving Gratitude T ree <div>M</div> Feel the Rhythm <div>GG</div> Lollipop Paddles		
7	Daylight Saving Ends	8	9	10	11	Veterans Day	12	13
<div>V</div> #BurnBeforeTheBird <div>K</div> Fall Memories <div>CC</div> Blueberry Oat Muffins Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Deck of Wit & Wisdom <div>M</div> Celebrity Sunday <div>GG</div> Categories Game	<div>V</div> Don't Worry, Be Happy <div>K</div> Autumn Poem <div>CC</div> Apple Yogurt Parfaits Relax & Recharge <div>A</div> Paint by Number <div>M</div> Who Am I? <div>GG</div> Image Snap Game Healthy Hands	<div>V</div> Cornucopia Pass <div>K</div> Create A Caption <div>CC</div> Chocolate Raspberry T rail Mix Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Foam Fortune Cookies <div>M</div> Campfire Songs <div>GG</div> Noodle Hockey	<div>V</div> Stein Exercises Nail Spa <div>K</div> Yard Sale <div>CC</div> Orange Cranberry Bread Relax & Recharge <div>K</div> Bingo <div>A</div> Feather Paint <div>V</div> Sittercise with Sam	<div>V</div> Turkey Trot <div>K</div> Let's Spell Thanksgiving <div>CC</div> Peanut Butter Cookies Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Veterans Day Heart Card Veterans Day Program-Lobby <div>M</div> Salute to Veterans	<div>V</div> Basketball <div>K</div> Football Frenzy <div>CC</div> Apple Hand Pies Relax & Recharge <div>A</div> Autumn Leaf Stamping <div>M</div> October Happy Hour <div>GG</div> Games We Played As Kids Healthy Hands	<div>V</div> Chair Swimming <div>K</div> Quick Words <div>CC</div> Sandwich Pinwheels Relax & Recharge <div>A</div> Beaded Pumpkins <div>M</div> Feel the Rhythm <div>GG</div> Lollipop Paddles Healthy Hands		
14	15	16	17	18	19	20		
<div>V</div> #BurnBeforeTheBird <div>K</div> Fall Memories <div>CC</div> Banana Nut Muffins Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> A Man's Masterpiece <div>M</div> Celebrity Sunday <div>GG</div> Categories Game	<div>V</div> Don't Worry, Be Happy <div>K</div> Autumn Poem <div>CC</div> Peanut Butter Banana Yogurt Parfaits Relax & Recharge <div>A</div> Q-tip Fall T rees <div>M</div> Who Am I? <div>GG</div> Image Snap Game	<div>V</div> Cornucopia Pass <div>K</div> Create A Caption <div>CC</div> Ginger Apricot T rail Mix Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Sensory Paint <div>M</div> Campfire Songs <div>GG</div> Noodle Hockey	<div>V</div> Stein Exercises Nail Spa <div>K</div> Yard Sale <div>CC</div> Apple Praline Bread Relax & Recharge <div>K</div> Bingo <div>A</div> Creative Storytelling <div>V</div> Sittercise with Sam	<div>V</div> Turkey Trot <div>K</div> Let's Spell Thanksgiving <div>CC</div> S'more Cookies Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Collaborative Weaving <div>M</div> Groovin' Gospel <div>GG</div> Turkey Toss	<div>V</div> Basketball <div>K</div> Football Frenzy <div>CC</div> Blackberry Hand Pies Relax & Recharge <div>A</div> Thumbprint Dandelions <div>M</div> October Happy Hour <div>GG</div> Games We Played As Kids Healthy Hands	<div>V</div> Chair Swimming <div>K</div> Quick Words <div>CC</div> Buffalo Chicken Pinwheels Relax & Recharge <div>A</div> Poppy Field Collage <div>M</div> Feel the Rhythm <div>GG</div> Lollipop Paddles Healthy Hands		
21	22	23	24	25	Thanksgiving	26	Black Friday	27
<div>V</div> #BurnBeforeTheBird <div>K</div> Fall Memories <div>CC</div> Lemon Poppyseed Muffins Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Picture Prompts <div>M</div> Celebrity Sunday <div>GG</div> Categories Game	<div>V</div> Don't Worry, Be Happy <div>K</div> Autumn Poem <div>CC</div> Pumpkin Parfaits Relax & Recharge <div>A</div> Thanksgiving Napkin Rings <div>M</div> Who Am I? <div>GG</div> Image Snap Game Healthy Hands	<div>V</div> Cornucopia Pass <div>K</div> Create A Caption <div>CC</div> Thanksgiving T rail Mix Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Seasonal Adult Coloring <div>M</div> Campfire Songs <div>GG</div> Noodle Hockey	<div>V</div> Stein Exercises Nail Spa <div>K</div> Yard Sale <div>CC</div> Fresh Fruit Bread Relax & Recharge <div>K</div> Bingo <div>A</div> Drama Club-Short Story <div>V</div> Sittercise with Sam	<div>V</div> Turkey Trot <div>K</div> Let's Spell Thanksgiving <div>CC</div> Birthday Cake Cookies Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> T hankfulness Collage <div>M</div> Give T hanks <div>GG</div> Turkey Toss	<div>V</div> Basketball <div>K</div> Football Frenzy <div>CC</div> Tomato Jam Hand Pies Relax & Recharge <div>A</div> Spice Painting <div>M</div> October Happy Hour <div>GG</div> Games We Played As Kids Healthy Hands	<div>V</div> Chair Swimming <div>K</div> Quick Words <div>CC</div> Cream Cheese Pinwheels with Fresh Veggies Relax & Recharge <div>A</div> Chihuly Inspired Glass Art <div>M</div> Feel the Rhythm <div>GG</div> Lollipop Paddles		
28	29	30						
<div>V</div> #BurnBeforeTheBird <div>K</div> Fall Memories <div>CC</div> Apple Cinnamon Muffins Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Aurora Borealis Rock <div>M</div> Celebrity Sunday <div>GG</div> Categories Game	Hanukkah Begins <div>V</div> Don't Worry, Be Happy <div>K</div> Autumn Poem <div>CC</div> Cheesecake Berry Parfait Relax & Recharge <div>A</div> Ribbon T ree Ornament <div>M</div> Who Am I? <div>GG</div> Image Snap Game Healthy Hands	<div>V</div> Cornucopia Pass <div>K</div> Create A Caption <div>CC</div> Snowy Day T rail Mix Relax & Recharge <div>GF</div> Movie & Popcorn-Channel 2 <div>A</div> Creative Storytelling <div>M</div> Campfire Songs <div>GG</div> Noodle Hockey	If you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.					