Autumn Woods Health Campus Health Center

SIOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>	 MN 9:00 Mindful Moments V 10:30 Traveling Morning Stretches A 2:00 Bible Study with Reg & Debbie-MDR I 3:00 Traveling Activity Cart with Devotions K 4:00 Traveling Good News 	 Election Day 9:00 Mindful Moments-HC 11:45 Mind Teasers-HDR 1:30 Resident Council-TDR 2:00 Door-way Bingo and Drinks 4:00 Traveling Good News 	MN 9:00 Mindful Moments V 10:00 Traveling Exercises K 11:15 Trivia Fun with LS 2:00 Arts and Crafts	K 8:30 Traveling Mindful Moments I 10:00 Devotions with Bill K 11:00 Doorway Trivia with a Twist K 2:00 Door-way Bingo and Drinks M 6:00 Hallway Staff Dance	V 10:00 Doorway Morning Stretches M 11:00 Name That Tune GF 2:00 Traveling Happy Hour K 4:00 Good News Travels	 V 10:00 Traveling Morning Stretches M 11:00 Life Share Musical Trivia I 2:00 Doorway Bingo K 3:00 Traveling Activity Cart
 Daylight Saving Ends 9:30 Morning Newspaper and Chat with Bill-HC M 10:00 Morning Music Trivia on LS I 11:00 Mindful Moments-HC I 2:00 Park Christian Church Service 	 9:00 Mindful Moments 10:30 Traveling Morning Stretches 2:00 Bible Study with Reg & Debbie-MDR 3:00 Traveling Activity Cart with Devotions 4:00 Traveling Good News 	9 V 9:00 Mindful Moments-HC K 11:45 Mind Teasers-HDR 1:30 Chefs Circle K 2:00 Door-way Bingo and Drinks 4:00 Traveling Good News 6:00 Staff Dance Off	10 MN 9:00 Mindful Moments M 10:00 Mike on his Accordion V 10:00 Traveling Exercises K 11:15 Trivia Fun with LS S 12:00 TOT-Marcos Pizza 2:00 Arts and Crafts	 Veterans Day 8:30 Traveling Mindful Moments 1 10:00 Devotions with Bill K 11:00 Veterans Program K 2:00 Door-way Bingo and Drinks M 6:00 Hallway Staff Dance Off 	V 10:00 Doorway Morning Stretches 10:00 Rosary & Communion with Friends M 11:00 Name That Tune GF 2:00 Traveling Happy Hour K 4:00 Good News Travels	V 10:00 Traveling Morning Stretches M 11:00 Life Share Musical Trivia 1 2:00 Doorway Bingo K 3:00 Traveling Activity Cart
9:30 Morning Newspaper and Chat with Bill-HC M 10:00 Morning Music Trivia on LS I 11:00 Mindful Moments-HC I 2:00 Worship Service with Evangel North	MM 9:00 Mindful Moments V 10:30 Traveling Morning Stretches A 2:00 Bible Study with Reg & Debbie-MDR I 3:00 Traveling Activity Cart with Devotions K 4:00 Traveling Good News	 9:00 Mindful Moments-HC 11:45 Mind Teasers-HDR 1:30 Inspired Living Committee 2:00 Door-way Bingo and Drinks 4:00 Traveling Good News 	MM 9:00 Mindful Moments V 10:00 Traveling Exercises K 11:15 Trivia Fun with LS 2:00 Arts and Crafts	 18 K 8:30 Traveling Mindful Moments I 10:00 Devotions with Bill K 11:00 Doorway Trivia with a Twist K 2:00 Door-way Bingo and Drinks M 6:00 Hallway Staff Dance 	V 10:00 Doorway Morning Stretches M 11:00 Name That Tune GF 2:00 Traveling Happy Hour K 4:00 Good News Travels	V 10:00 Traveling Morning Stretches M 11:00 Life Share Musical Trivia 1 2:00 Doorway Bingo K 3:00 Traveling Activity Cart
9:30 Morning Newspaper and Chat with Bill-HC M 10:00 Morning Music Trivia on LS I 11:00 Mindful Moments-HC I 2:30 Trinity United Methodist Church-TDR	 9:00 Mindful Moments 10:30 Traveling Morning Stretches 2:00 Bible Study with Reg & Debbie-MDR 3:00 Traveling Activity Cart with Devotions 4:00 Traveling Good News 	V 9:00 Mindful Moments-HC K 11:45 Mind Teasers-HDR K 2:00 Door-way Bingo and Drinks 4:00 Traveling Good News 6:00 Staff Dance Off	7:30 Mens Breakfast Club 9:00 Mindful Moments V 10:00 Traveling Exercises K 11:15 Trivia Fun with LS 2:00 Arts and Crafts	Thanksgiving K 8:30 Traveling Mindful Moments I 10:00 Thankful Discussions K 11:00 Doorway Trivia with a Twist K 2:00 Turkey Leg Bingo M 6:00 Hallway Staff Dance Off	Doorway Morning Stretches M 11:00 Name That Tune 2:00 Traveling Happy Hour K 4:00 Good News Travels	V 10:00 Traveling Morning Stretches M 11:00 Life Share Musical Trivia I 2:00 Doorway Bingo K 3:00 Traveling Activity Cart
9:30 Morning Newspaper and Chat with Bill-HC M 10:00 Morning Music Trivia on LS I 11:00 Mindful Moments-HC I 2:00 Doorway Gospel Message	 Hanukkah Begins 9:00 Mindful Moments 10:30 Traveling Morning Stretches 2:00 Bible Study with Reg & Debbie-MDR 3:00 Traveling Activity Cart with Devotions 4:00 Traveling Good News 	 9:00 Mindful Moments-HC 11:45 Mind Teasers-HDR 2:00 Door-way Bingo and Drinks 4:00 Traveling Good News 				

Autumn Woods Health Campus Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	Don't Worry, Be Happy Daily Chronicles Autumn Poem Rise and Shine Parfaits Relax & Recharge Corncob Painting Who Am I? Image Snap Game	 Z Election Day V Cornucopia Pass K Daily Chronicles K Create A Caption C Tropical Trail Mix Relax & Recharge A Orange Clove Gift B I N G O M Campfire Songs 	 Stein Exercises Daily Chronicles Yard Sale Mother's Pumpkin Bread Relax & Recharge Button Trees Name That Instrument Color Cube Sorting 	 Turkey Trot Daily Chronicles Let's Spell Thanksgiving Classic Chocolate Chip Cookie Relax & Recharge Gourd-geous Craft BINGO Groovin' Gospel 	 Basketball Daily Chronicles Football Frenzy Strawberry Hand Pies Relax & Recharge Creative Storytelling October Happy Hour Games We Played As Kids 	Chair Swimming Daily Chronicles Quick Words Italian Pinwheel Sandwiches Cream Cheese Relax & Recharge Thanksgiving Gratitude Tree
#BurnBeforeTheBird Daily Chronicles Fall Memories Blueberry Oat Muffins Relax & Recharge Deck of Wit & Wisdom Celebrity Sunday Categories Game	W Don't Worry, Be Happy K Daily Chronicles K Autumn Poem C Apple Yogurt Parfaits Relax & Recharge A Paint by Number M Who Am I? G Image Snap Game	 Cornucopia Pass Daily Chronicles Create A Caption Chocolate Raspberry Trail Mix Relax & Recharge Foam Fortune Cookies BINGO Campfire Songs 	V Stein Exercises K Daily Chronicles K Yard Sale C Orange Cranberry Bread Relax & Recharge A Feather Paint M Name That Instrument GG Color Cube Sorting	Turkey Trot K Daily Chronicles K Let's Spell Thanksgiving Peanut Butter Cookies Relax & Recharge Veterans Day Heart Card B I N G O M Salute to Veterans	V Basketball K Daily Chronicles K Football Frenzy C Apple Hand Pies Relax & Recharge A Autumn Leaf Stamping October Happy Hour GG Games We Played As Kids	V Chair Swimming K Daily Chronicles K Quick Words C Sandwich Pinwheels Relax & Recharge Beaded Pumpkins M Feel the Rhythm GG Lollipop Paddles
#BurnBeforeTheBird Daily Chronicles Fall Memories Banana Nut Muffins Relax & Recharge A Man's Masterpiece Celebrity Sunday Categories Game	V Don't Worry, Be Happy K Daily Chronicles K Autumn Poem C Peanut Butter Banana Yogurt Parfaits Relax & Recharge A Q-tip Fall T rees M Who Am I?	V Cornucopia Pass K Daily Chronicles K Create A Caption Ginger Apricot T rail Mix Relax & Recharge A Sensory Paint B I N G O M Campfire Songs	V Stein Exercises Daily Chronicles Yard Sale Apple Praline Bread Relax & Recharge Creative Storytelling Name T hat Instrument Color Cube Sorting	Turkey Trot Daily Chronicles Let's Spell Thanksgiving S'more Cookies Relax & Recharge Collaborative Weaving BINGO Groovin' Gospel	V Basketball K Daily Chronicles K Football Frenzy C Blackberry Hand Pies Relax & Recharge A Thumbprint Dandelions M October Happy Hour G Games We Played As Kids	V Chair Swimming K Daily Chronicles K Quick Words C Buffalo Chicken Pinwheels Relax & Recharge A Poppy Field Collage M Feel the Rhythm G Lollipop Paddles
# BurnBeforeT heBird Daily Chronicles Fall Memories Lemon Poppyseed Muffins Relax & Recharge Picture Prompts Celebrity Sunday Categories Game	 Don't Worry, Be Happy Daily Chronicles Autumn Poem Pumpkin Parfaits Relax & Recharge Thanksgiving Napkin Rings Who Am I? Image Snap Game 	V Cornucopia Pass K Daily Chronicles K Create A Caption C Thanksgiving Trail Mix Relax & Recharge A Seasonal Adult Coloring B I N G O M Campfire Songs	GG Mens Breakfast Club V Stein Exercises K Daily Chronicles K Yard Sale CC Fresh Fruit Bread Relax & Recharge Drama Club-Short Story M Name That Instrument	Thanksgiving Turkey Trot Daily Chronicles Let's Spell Thanksgiving Birthday Cake Cookies Relax & Recharge Thankfulness Collage BINGO Give Thanks	Black Friday Basketball Daily Chronicles Football Frenzy Tomato Jam Hand Pies Relax & Recharge Spice Painting October Happy Hour GG Games We Played As Kids	V Chair Swimming Daily Chronicles Quick Words Cream Cheese Pinwheels widers Fresh Veggies Relax & Recharge Chihuly Inspired Glass Art Feel the Rhythm
# BurnBeforeTheBird Daily Chronicles Fall Memories Apple Cinnamon Muffins Relax & Recharge Aurora Borealis Rock Celebrity Sunday Categories Game	 Hanukkah Begins Don't Worry, Be Happy Daily Chronicles Autumn Poem Cheesecake Berry Parfait Relax & Recharge Ribbon Tree Ornament Who Am I? Image Snap Game 	V Cornucopia Pass K Daily Chronicles K Create A Caption C Snowy Day Trail Mix Relax & Recharge A Creative Storytelling B I N G O M Campfire Songs	"The Joy of brightening other lives, bearing each others' burdens, easing each other's loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays." – W. C. Jones	Kindness is like snow It beautifies everything it covers		