



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
10:00 Weights (E)AR
10:30 Dominos (C/S)AR
1:00 Mandala Art Club (C)AR
2:00 Happy Hour ♪(M/S)AR
3:00 Game of the Day (C/S)AR

2
9:15 Target & Dollar Tree
10:00 Drum to the Beat (E)AR
10:30 Game of Choice (E)AR
1:00 Skip Bo (S/C)AR
2:00 Color Club (S/A)AR
2:30 OnSite Dermatology
3:00 Touching Lives (R)AR

3
10:00 Band Therapy (E)AR
10:30 Bean Bag Toss (S/E)AR
1:30 Black Jack (C/S)AR
2:30 Meditation (P)TH
3:00 Popcorn & Word Game
Activity Room (C/S)

4
10:00 Weights (E)AR
10:30 Checkers (S/C)AR
1:30 Prize Bingo (C/S) AR
3:00 Card Game (C/S) AR
3:00 Fitness Center (E)IL☑

5 American Football Day
Wear your favorite Jersey!
10:00 Ball Toss (E)AR
10:30 Jewelry w/ Rita (S)AR
11:00 Aquacise (E)Pool ☑
1:30 Poetry Club (S/C)AR
3:00 Trivia (S/C)AR

6
10:00 Audio Book Club-Library
10:30 Donuts & Coffee (S) AR
2:00 Exercise (E)AR
2:00 Christian Worship (R)
(Channel 20)
2:30 Creative Art (A)AR
3:30 Card Bingo (S/C)AR

7 Daylight Savings
9:30 St. Mark Communion(R)TH
10:00 Catholic Mass Channel 233
1:00 Courtyard Walk (E)Lobby
2:00 Prize Bingo w/Jule-AR
Bingo will be 45 minutes
3:00 Coloring Club (A/S)AR

8 World Kindness Week
10:00 Weights (E)AR
10:30 Dominos (C/S)AR
1:00 Uno Cards (C)AR
2:00 Happy Hour ♪(M/S)AR

9
9:15 King Soopers & Safeway
Sign up for Bus
10:00 Drum to the Beat (E)AR
10:30 Game of Choice (E)AR
1:00 Skip Bo (S/C)AR
2:00 Color Club (S/A)AR
3:00 Touching Lives (R)AR

10 Vanilla Cupcake Day
11:30 Ladies Fall Luncheon ☑
1:30 Black Jack (C/S)AR
2:30 Meditation (P)TH
3:00 Cupcakes & Sing Along
Songs with Alan in the
Activity Room (C/S)

11
10:00 Weights (E)AR
10:30 Checkers (S/C)AR
1:30 Prize Bingo (C/S) AR
2:30 Veterans Tribute
music by Funny Bones
In the Independent
Activity Room

12
10:00 Ball Toss (E)AR
10:30 Dominos (S/C)AR
11:00 Aquacise (E)Pool ☑
1:30 Music w/ Sonny (S/C)AR
3:00 Painting Club (A)AR

13
10:00 Audio Book Club-Library
10:30 Donuts & Coffee (S) AR
2:00 Exercise (E)AR
2:00 Christian Worship (R)
(Channel 20)
2:30 Creative Art (A)AR
3:30 Card Bingo (S/C)AR

14
9:30 St. Mark Communion(R)TH
10:00 Catholic Mass Channel 233
1:00 Courtyard Walk (E)Lobby
2:00 Prize Bingo w/Jule-AR
Bingo will be 45 minutes
3:00 Coloring Club (A/S)AR

15
8:30 VNA Foot Care AR ☑
10:00 Band Therapy (E)THR
10:30 Dominos (C/S)LIB
1:00 Active Minds (ILAR)
China Belt & Road initiatives
2:00 Happy Hour ♪(M/S)AR
3:00 Resident Council(C/S)AR

16
9:15 Wal Mart & Spouts
Sign up for Bus
10:00 Drum to the Beat (E)AR
10:30 Game of Choice (E)AR
1:00 Skip Bo (S/C)AR
1:30 Dining Committee AR
2:00 Color Club (S/A)AR
3:00 Touching Lives (R)AR

17
10:00 Band Therapy (E)AR
10:30 Bean Bag Toss (S/E)AR
11:00 Walker/WChair Clinic-PL
1:30 Black Jack (C/S)AR
2:30 Meditation (P)TH
3:00 Popcorn & Word Game
Activity Room (C/S)

18 Mickey Mouse's Birthday
10:00 Weights (E)AR
10:30 Checkers (S/C)AR
1:30 Prize Bingo (C/S) AR
3:00 Card Game (C/S) AR
3:00 Fitness Center (E)IL☑

19
10:00 Ball Toss (E)AR
10:30 Dominos (S/C)AR
11:00 Aquacise (E)Pool ☑
1:30 Poetry Club (S/C)AR
3:00 Painting Club (A)AR

20
10:00 Audio Book Club-Library
10:30 Donuts & Coffee (S) AR
2:00 Exercise (E)AR
2:00 Christian Worship (R)
(Channel 20)
2:30 Creative Art (A)AR
3:30 Card Bingo (S/C)AR

21 Thanksgiving Brunch
9:30 St. Mark Communion(R)TH
10:00 Catholic Mass Channel 233
10:30 1st Brunch Seating
1:30 2nd Brunch Seating
1:00 Courtyard Walk (E)Lobby
2:00 Prize Bingo w/Jule-AR
Bingo will be 45 minutes
3:00 Coloring Club (A/S)AR

22
10:00 Band Therapy (E)AR
10:30 Dominos (C/S) Library
11:00 Mandala Art (C/S/P) PL
2:00 Happy Hour ♪(M/S)AR
3:00 Game of the Day (C/S)AR

23
9:15 King Soopers & Safeway
Sign up for Bus
10:00 Drum to the Beat (E)AR
10:30 Game of Choice (E)AR
1:00 Skip Bo (S/C)AR
2:00 Color Club (S/A)AR
3:00 Touching Lives (R)AR

24
10:00 Band Therapy (E)AR
10:30 Bean Bag Toss (S/E)AR
10:30 Creative Art (A)AR
1:30 Black Jack (C/S)AR
2:30 Meditation (P)TH
3:00 Popcorn & Word Game
Activity Room (C/S)



26
10:00 Ball Toss (E)AR
10:45 Conductorsize (E)AR
11:00 Aquacise (E)Pool ☑
1:30 Music w/ Sonny (M)AR
3:00 Painting Club (A)AR

27
10:00 Audio Book Club-Library
10:30 Donuts & Coffee (S) AR
2:00 Christian Worship (R)
(Channel 20)
2:30 Creative Art (A)AR
3:30 Card Bingo (S/C)AR

28
9:30 St. Mark Communion(R)TH
10:00 Catholic Mass Channel 233
1:00 Courtyard Walk (E)Lobby
2:00 Prize Bingo w/Jule-AR
Bingo will be 45 minutes
3:00 Coloring Club (A/S)AR

29
10:00 Weights (E)AR
10:30 Dominos (C/S/P)AR
1:00 Uno Card Game (C/S)AR
2:00 Happy Hour ♪ (M/S)AR
3:00 Game of the Day (C/S)AR

30
9:15 Target & Dollar Tree
Sign up for Bus
10:00 Drum to the Beat (E)AR
10:30 Game of Choice (E)AR
1:00 Hearing Aid Clinic LIB
1:00 Skip Bo (S/C)AR
2:00 Color Club (S/A)AR
3:00 Touching Lives (R)AR



KEY to Programs:
(S)= Social
(O)= Outing ☑ Sign Up in
(E)= Exercise Outing
(A)= Art Book
(M)= Music
(R)= Religious
(C)= Cognitive Skills
(P)= Meaningful Purpose

Key to Rooms:
AR= Activity Room (1st floor)
PL= Parlor (1st floor)
Th= Theatre (3rd floor)
Lib= Library (1st floor)
L= Lobby (1st floor)
CR= Court Yard
IL= Independent Living
SLG= Studio Lane Garden

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Thanksgiving Brunch

Sunday, November 21st

10:30 am seating & 1:00 pm seating

Menu:

Shrimp Cocktail
Mini Quiche
Harvest Salad
Turkey Breast
Mashed Potatoes and Gravy
Stuffing
Green Bean Casserole
Bacon
Pumpkin Cinnamon Rolls
Apple & Pumpkin Pie

Reservations are required by
11/14/21@ (303) 465-5600



Fall Ladies Luncheon

November 10th at 11:30am in
the Activity Room. Please
sign up with the Concierge by
November 3rd.



November

Birthdays

Happy
Happy
Birthday!



Peggy C.	1st
Trish N.	11th
Bill W.	24th
Ann W.	24th
Don K.	26th

Veterans Tribute

November 11th at 2:30 in the
Independent Living Activity Room.
Please join us.

The Hearing Aid Clinic

Please note that the date is changed to
November 30th at 1:00pm in the
Library

Jewelry with Rita

Friday, November 5th
At 10:30 in the Activity Room

Keystone Place News



“When we give cheerfully and accept
gratefully, everyone is blessed.”
— Maya Angelou



Active Minds

Monday November 15 1:00 PM China Belt & Road Initiative

In 2013, China announced a massive \$1 trillion international transportation and trade infrastructure construction program known as the Belt & Road Initiative. This program, which is well underway, aims to finance, build, and supply material for roads, bridges, tunnels, railway lines, sea ports, and airports for over 100 countries in the world. China is billing this as a modern version of the ancient Silk Road. Join Active Minds as we explore the history of the Silk Road as it informs an understanding of this contemporary effort.

For additional questions or comments, please contact us at 303-465-5600

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