

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
8:30 Breakfast Club MVR ☑
 1:00 Wii Bowling (E/S)AR
 2:00 Bridge (C)AR
 2:00 Aquacise (E)☑

2
Target & Dollar Tree
8:45 1st bus, 9:15 2nd bus ☑
 1:30 Cash Bingo (S/C)AR
2:30 Onsite Dermatology
3:00 Happy Hour 🎵(M/S)AR

3 Lunch with Fire Station 4
10:00 Blood Pressure LIB
 10:30 Mah Jongg (S/C)PUB
 1:00 Scat Card Game (S/C)PUB
1:00 1st Floor Social- AR
 2:00 Exercise (E)AR
 6:30 Hand & Foot (S)AR

4
 9:30 Zumba Gold (E)AR
 10:30 Wii Bowling (E/S)AR
 1:00 Scat Card Game (S/C)AR
2:00 Chef Demo w/ Kevin AR
3:00 College Hill Library
 3:00 Resident Happy Hour(S)PUB
 6:30 Bridge (C)AR

5 Wear your Football Jersey Day
 10:00 Aquacise (E)
 10:30 Scat Card Game (S/C)AR
11:00 Cinzzetti's (O) ☑
 1:00 Skip Bo Game (S/C)AR
 1:30 Mah Jongg(S/C)PUB
 6:30 Resident Bingo (S/C)AR
 *Outing may be canceled due to Inclement weather

6
 9:30 Donuts & Coffee-PUB
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

7 Daylight Savings
 10:00 St. Mark Communion(R)
 10:00 Catholic Mass CH. 233
 4:00 German Speaking Club(S)
 Meeting in the PUB
 6:30 Mexican Train (S/C)AR

8 World Kindness Week
 10:00 Chair Yoga (E)AR
 10:45 Black Jack (S/C)AR
 1:00 Wii Bowling (E/S)AR
1:30 Chef Chat (C)AR
 2:00 Bridge (C)AR
 2:00 Aquacise (E)☑

9 King Sooper & Safeway
8:45 1st bus, 9:15 2nd bus ☑
 10:00 Exercise (E)AR
 10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour 🎵(M/S)AR
 6:30 Residents Choice

10
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PUB
 10:45 Meditation (P)Theatre
 1:00 Scat Card Game (S/C)Pub
1:00 2nd Floor Social- AR
 2:30 Exercise- AR
 6:30 Hand & Foot (S)AR

11 Veterans Day
 9:30 Zumba Gold (E)AR
 10:30 Wii Bowling (E/S)AR
 1:00 Scat Card Game (S/C)AR
2:30 Veterans Tribute w/ music by Funny Bones 🎵AR
 3:00 Resident Happy Hour(S)PUB
 6:30 Bridge (C)AR

12
 10:00 Aquacise (E)☑
 10:30 Scat Card Game (S/C)AR
11:00 Gunther Toody's (O)☑
 1:00 Skip Bo Game (S/C)AR
 1:30 Mah Jongg(S/C)PUB
 6:30 Resident Bingo (S/C)AR
 *Outing may be canceled due to Inclement weather

13
 9:30 Donuts & Coffee-PUB
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

14
 10:00 St. Mark Communion(R)
 10:00 Catholic Mass (R)
 (Channel 233)
 4:00 German Speaking Club(S)
 Meeting in the PUB
 6:30 Mexican Train (S/C)AR

15
8:30 Breakfast Club MVR ☑
8:30 VNA Foot Care(M)AL
10:30 Resident Assembly(C)
In the Activity Room
1:00 Active Minds (C/S)AR
China Belt & Road Initiative
 2:00 Bridge (C)AR
 2:00 Aquacise (E)☑

16 Walmart & Sprouts
8:45 1st bus, 9:15 2nd bus ☑
 10:00 Exercise (E)AR
 10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour 🎵(M/S)AR
 6:30 Residents Choice

17
 10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PUB
10:30 Walker/WChair Clinic
 10:45 Meditation (P)Theatre
 1:00 Scat Card Game (S/C)Pub
1:00 3rd Floor Social-AR
 2:30 Exercise- AR
3:00 Book Club- PUB
 6:30 Hand & Foot (S)AR

18 Mickey Mouse's Birthday
 9:30 Zumba Gold (E)AR
 10:30 Wii Bowling (E/S)AR
 1:00 Scat Card Game (S/C)AR
 3:00 Resident Happy Hour(S)PUB
 6:30 Bridge (C)AR

19
 10:00 Aquacise (E)☑
 10:30 Scat Card Game (S/C)AR
11:00 Scenic Drive & Lunch☑
 1:00 Skip Bo Game (S/C)AR
 1:30 Mah Jongg(S/C)PUB
 6:30 Resident Bingo (S/C)AR
 *Outing may be canceled due to Inclement weather

20
 9:30 Donuts & Coffee-PUB
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

21 Thanksgiving Brunch
 10:00 St. Mark Communion(R)
10:30 First Brunch Seating
1:00 Second Brunch Seating
 4:00 German Speaking Club(S)
 Meeting in the PUB
 6:30 Mexican Train (S/C)AR

22
10:30 Town Hall Meeting AR
 1:00 Wii Bowling (E/S)AR
 2:00 Bridge (C)AR
 2:00 Aquacise (E)☑

23 King Sooper & Safeway
8:45 1st bus, 9:15 2nd bus ☑
 10:00 Exercise (E)AR
 10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour 🎵(M/S)AR
 6:30 Residents Choice

24
11:30 Ladies Fall Luncheon ☑
 1:00 Scat Card Game (S/C)AR
 2:00 Exercise (E)AR
3:00 College Hill Library *
 6:30 Hand & Foot (S)AR
**Sign up required for luncheon no later than 11/17*

25 Thanksgiving Day
 10:30 Wii Bowling (E/S)AR
 1:00 Scat Card Game (S/C)AR
 6:30 Bridge (C)AR



26
 10:00 Aquacise (E)☑
 10:30 Scat Card Game (S/C)AR
11:00 Parry's Pizzeria (O)☑
 1:00 Skip Bo Game (S/C)AR
 1:30 Mah Jongg(S/C)PUB
 6:30 Resident Bingo (S/C)AR
 *Outing may be canceled due to Inclement weather

27
 9:30 Donuts & Coffee-PUB
 1:00 Hand & Foot (S/C)AR
 2:00 Color Me Club (S/C)PUB
 2:00 Christian Worship (R)
 (Channel 20)

28
 10:00 St. Mark Communion(R)
 10:00 Catholic Mass CH. 233
 4:00 German Speaking Club(S)
 Meeting in the PUB
 6:30 Mexican Train (S/C)AR

29
8:30 Breakfast Club MVR ☑
 10:00 Chair Yoga (E)AR
 10:45 Black Jack (S/C)AR
 1:00 Wii Bowling (E/S)AR
 2:00 Bridge (C)AR
 2:00 Aquacise (E)☑

30
Target & Dollar Tree
8:45 1st bus, 9:15 2nd bus ☑
9:30 Hearing Aid Clinic-LIB
 10:00 Exercise (E)AR
 10:45 Exercise (E)AR
 1:30 Prize Bingo (S/C)AR
3:00 Happy Hour 🎵(M/S)AR



KEY to Programs:
 (S)= Social
 (O)= Outing
 (E)= Exercise
 (A)= Art
 (M)= Music
 (R)= Religious
 (C)= Cognitive Skills
 (P)= Meaningful Purpose

Key to Rooms:
 AR= Activity Room (1st floor)
 PL= Parlor (1st floor)
 Th= Theatre (3rd floor)
 Lib= Library (1st floor)
 L= Lobby (1st floor)
 CR= Court Yard
 IL= Independent Living
 SLG= Studio Lane Garden

Questions, Comments or Concerns
 Please contact:
 Karen Boyles
 Director of Life Enrichment
 Kboyles@keystonesenior.com

Thanksgiving Family Brunch

Sunday, November 21st

10:30 am seating & 1:00 pm seating

Residents will be charged 1 meal punch
either on their month Dining Card or the
Green "no expiration date" card.

2 resident Guests may join you. Resi-
dent Guests will be charged for the
holiday meal and can pay by check,
cash or charge to the resident's account.
Special Guest Brunch meals are \$20.

Menu:

Shrimp Cocktail
Mini Quiche
Harvest Salad
Turkey Breast
Mashed Potatoes and Gravy
Stuffing
Green Bean Casserole
Bacon
Pumpkin Cinnamon Rolls
Apple & Pumpkin Pie

Reservations are required by
11/14/21 @ (303) 465-5600

November Birthdays

Happy
Happy
Birthday!

Jo H.	6th
Shirley W.	11th
Roberta W.	15th
Rose A.	16th
Shirley S.	23rd
Rita F.	24th

Veterans Day Tribute

With Music by Funny Bones
November 11th at 2:30
In the Activity Room

The Hearing Aid Clinic

Please note that the date is changed to
November 30th at 9:30am in the
Library

First Responders

Appreciation Lunch

November 3rd from 11:30 to 12:30
6 Firemen from Fire Station 3
will be dining as our guests. Please
stop by to say Thank you!

Keystone Place News

“When we give cheerfully and
accept gratefully, everyone is
blessed.”

Active Minds

Monday, November 15 @ 1:00 pm China Belt & Road Initiative

In 2013, China announced a massive \$1 trillion international transportation and trade infrastructure construction program known as the Belt & Road Initiative. This program, which is well underway, aims to finance, build, and supply material for roads, bridges, tunnels, railway lines, sea ports, and airports for over 100 countries in the world. China is billing this as a modern version of the ancient Silk Road. Join Active Minds as we explore the history of the Silk Road as it informs an understanding of this contemporary effort.

Ladies Luncheon

Fall Festival

November 24th at 11:30

In the Activity Room

Please Sign up in the Resource Guide
no later than November 17th

For additional questions or comments, please contact us at 303-465-5600

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