



**Celebrating
Resident Birthdays
in November**

11/ 19 John S.

11/29 Anna May

WELCOME TO NOVEMBER

November is the 11th month of the year and the last one to have 30 days. Not usually considered special, the month is overshadowed by Christmas festivities awaiting in December. However, not many know of some of the quirkiest things about November.

October’s birthstone is the Opal, which was valued by the Ancient Romans as the most priceless of all. The opal comes in a myriad of striking colors that often seem to swirl together and is a symbol of both faithfulness, purity, and hope.

It wouldn’t be October without Halloween, which is celebrated on October 31st. The celebration’s origins go all the way back to the Gaelic people of modern-day England, Scotland, and Ireland, who celebrated the festival of Samhain. Among other activities, the original celebrants of Samhain would dress in costumes or disguises and go door-to-door receiving gifts of food, much like how today’s children dress up and receive treats!



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too!

**CHERRY HILL
CONNECT**



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**COMMUNITY
MANAGEMENT**

Tiffany Tucker Executive
Director

Jacqueline Scheuer
Business Office Manager

Renee Ralsky
Marketing Manager

Jolene Maples
Move in Coordinator

Kara Triplett
Culinary Services Manager

Andrew Raudszus
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Melanee Hirvela
Independent Living Life
Enrichment Manager

Brittany Neal
Assisted Living Life Enrichment
Manager

Mary Reifert
Memory Care Life Enrichment
Manager

Jasmine Montgomery
Resident Care Manager

Laura Grabowski
Wellness Coordinator

Edward Sloss
Wellness Coordinator

Dawn Vernon
Housekeeping Supervisor



WELCOME TO WALTONWOOD

The weather’s getting cooler, the leaves are getting browner, it’s November! It’s the final month of the fall season before everyone prepares for the snow and Christmas.

Visitors are welcome! As a precaution, we ask that visitors do not eat in common areas and wear a mask at all times in the community.

We would like to extend a warm welcome to all our October Move-ins. Welcome to the Waltonwood Family!

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month:
Sawyer

Sawyer, Thank you for your dedication to the residents. You bring value to Waltonwood. Thank you for all that you do for the community.

we are lucky to have you a part of our Waltonwood Family.

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



FOREVER FIT: Focus on Fitness

A Mind-Body Connection

While regular exercise helps keep a body active, strong and healthy don't underestimate the positive impact it has on our mind. By increasing the growth of new blood vessels and improving the function of current one's exercise facilitates blood flow to the brain helping to ensure a healthy neuromuscular connection. Its also helps to slow down the age related neuroinflammation process by assisting the brains immune cells and decreasing the risk of degenerative conditions like Alzheimer's and Multiple Sclerosis. So, the next time you lace up those shoes for walk remember you're not just building strong body but a strong mind too.



LIFE ENRICHMENT CONNECT

Thanksgiving Day is the perfect time to remind one another of the many reasons to be grateful. We are so thankful to have spent another great year of fun together. Thank you to our entertainment who have come out and made our resident's day full of happiness, music, and magic. Thank you to our residents who have helped make our community a family. We are so grateful to you.

Thank you, and have a beautiful Thanksgiving!



SAFETY FIRST



Face coverings are required in our community.
Please see the Executive Director if you need a mask.



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

November has arrived! Hope you truly enjoyed our October festivities. We are looking forward to more fun this month. This is exciting and we are so happy to share that we continue to have wonderful participation with all activities and events. Thanks to many for your kind words and testimonials. This is always wonderful to hear while celebrating our success We truly value everyone's participation with the flu clinic. As a reminder we encourage wearing your mask and remaining socially distanced. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. Most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill. It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com

Warmly,
Tiffany