



EXECUTIVE DIRECTOR CORNER

The trees are about to show us how lovely it is to let things go.”
~Unknown

Autumn has finally arrived with temperatures that we can tolerate and enjoy! I am looking forward to the change in colors right around the corner and all the beauty it presents. Autumn season and change in temperatures also invites the dreadful flu season. To prepare for a safe and healthy year, WCP along with Oakland Home Care will be hosting a flu shot clinic. The clinic will be held on Friday October 22nd from 9 a.m. – 4:30 p.m. Shots will be administered in the privacy of the resident’s apartment. You will need to complete an online consent form prior to the clinic date. If you need assistance with this process, please let the concierge know so that they can direct you to a support person.

Do you enjoy living in a community setting and all the wonderful things going on at Carriage Park? If so, we would like to invite you to share your experiences with others by submitting a google or yelp review. This is a great way to personalize your experience and share it with associates and neighbors in the community. If you need help submitting a review, please ask a life enrichment manager and they can assist you.

Angie



- Darlene Smith
10/4
- Blair Vernal
10/6
- Ken Vanderwall
10/7
- Nancy Woodruff
10/10
- Shirley Zombeck
10/16
- Loretta Miller
10/23



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK CONNECT

OCTOBER 2021



Active Aging Week October 4th thru 8th

This weeklong campaign calls attention to and wholeheartedly celebrates the positivity of aging today. Join us in “Celebrating Retired Life” because aging is so much more than just exercise! We will be taking time this week to focus on the following areas of wellness:

- Monday**, we get physical with a Cardio Drumming class.
 - Tuesday**, We get our love of gaming on with a special game of Bunco.
 - Wednesday**, We get social! New entertainer Chuck Sharp.
 - Thursday**, Lets get creative, with a special fall painting.
 - Friday**, we get spiritual with Shirley at bible study.
- Take time to join in on all our highlighted wellness activities!

This month is jam packed with resident lunches and dinners out. Enjoy a trip to the Fredrick Meijers Gardens, Detroit Parade Company and Port Huron. We have many opportunities for you to enjoy fall, scenic drives, cidermills, Plymouth’s lane of scarecrow and Northville’s skeletons!

We will also be offering you the FLU shot Friday October 22nd. Please sign up at our concierge desk.



2000 Canton Center Rd., Canton, MI 48187
www.waltonwood.com | 734-844-3060
Facebook: /WaltonwoodCarriagePark

COMMUNITY MANAGEMENT

- Angie Hanson
Executive Director
- Terry Lobb
Business Office Manager
- Joel Vassallo
Culinary Services Manager
- Erin McGraw
Life Enrichment Manager
- Sarah Rauen
Life Enrichment Manager
- Chris Chalmers
Marketing Manager
- Esperanca DeAbreu
Resident Care Manager
- Betsy Bohnett
Marketing Manager
- Marion Stevens
Wellness Coordinator
- Mike Burlett
Maintenance Manager
- Nathan Brown
Independent Living Manager
- Chandler Bryant
Marketing Manager

ASSOCIATE SPOTLIGHT: KATLEYN

Katelyn is a super valuable associate here at Waltonwood. She is always willing to help anyone in any way she can. She is always kind and considerate of others needs. Katelyn is a joy to work with. She hopes to move out of Michigan someday but until then were happy to have her part of our Waltonwood family.



SEPTEMBER HIGHLIGHTS

13

PICNIC LUNCH AT GALLUP PARK IN ANN ARBOR

16

OUTDOOR CONCERT WITH THE BACK YARD PANDEMIK BAND



17

FUN DAY AT BELLE ISLE!

23

FALL DOOR DECORATIONS



FOREVER FIT: BETTER BONES

While many of us exercise to keep strong, healthy muscles the benefits our bones get are just as important. Weight bearing exercises, or those movements in which our body works against the forces of gravity, and resistance training both work to increase bone density and improve overall bone health. As bones weaken with age the need to need to combat the decline becomes more essential. A regular exercise program that includes activities like walking, hiking, and strength training are the perfect formula for better bones at any age.

- Chris Grabowski, MS, Senior Forever Fit Manager

TRANSPORTATION INFORMATION

Sign up for personal transportation is located in our mail room. Sign up for monthly trips will also be in the mail room beginning October 1st 9:00 am. Please schedule your medical appointment at the reception desk when you make them so we are able to accommodate you.

Note: If transportation is needed for an appointment, please confirm availability with the front desk.

OCTOBERS SPECIAL DAY TRIPS PLANNED

FREDRICK MEIJER GARDENS – This is an all day trip bus loads at 9:30am. This Park is a 158-acre botanical garden, art museum, and outdoor sculpture park. We will take the tram to view the sculptures and enjoy a lunch out at the museum. This trip will cost: 15 for entry and tram ride plus your lunch out.

PORT HURON – Enjoy a picture perfect ride to Port Huron and enjoy lunch at Freighter and with fingers crossed we see some freighters!

OCTOBER SPECIAL EVENTS

08

TOUR THE PLYMOUTH SCARECROWS

20

BEER AND BINGO.



22

FLU SHOTS

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HALLOWEEN SOCIAL
COSTUMES INCOURAGED

