

St. Charles Health Campus
Assisted Living



October 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

A - Artisans
CC - Community Connections
CC - Creative Cooking
GF - Gathering of Friends
GG - Group Games
I - Inspirations
IG - Just the Guys
K - Keeping it Sharp/Reminisce

L - Lifelong Learning
M - Music to My Ears
O - Out & About
S - Signature Events
V - Vitality

3
I 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
I 10:00 Protestant Serv./Ch. 7 IR
I 10:30 Catholic Mass/Ch.12 IR
L 11:30 Activity Smile Packet DR

4
V 9:30 Sing and Move 500 Hall
L 10:00 Inspired Living AR
L 11:30 Activity Smile Packet DR
M 1:00 Life Share Music IR
O 2:00 Scenic Bus Drive O

5
V 9:00 Sing and Move 500 Hall
I 9:30 Communion Visits IR
L 11:30 Activity Smile Packet DR
A 2:00 Let's Get Crafty AR
GG 6:30 Quarter Bingo HCDR

6
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR
CC 2:00 Delectable Dishes AR
IG 3:30 Just the Guys AR

7
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
V 1:00 Courtyard Strolls CY
M 1:00 Life Share Music IR
GG 2:00 Table Games AR
A 3:30 Pretty and Prime AR

1
V 8:45 Fall Wellness Walk O
V 9:00 Communion Visits IR
I 10:30 Bible Study AR
L 11:30 Activity Smile Packet DR
GG 2:00 Bingo HCDR
GF 3:00 Happy Hour HCDR

2
V 9:00 Sing and Move 500 Hall
GG 10:00 Jackpot W/Cendia HCDR
K 11:30 Winner's Circle DR
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR

10
I 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
I 10:00 Protestant Serv./Ch. 7 IR
I 10:30 Catholic Mass/Ch.12 IR
L 11:30 Activity Smile Packet DR

11 **Columbus Day**
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
M 1:00 Life Share Music IR
O 2:00 Scenic Bus Drive O
A 3:00 Let's Get Crafty AR

12
V 9:00 Sing and Move 500 Hall
I 9:30 Communion Visits IR
L 11:30 Activity Smile Packet/GERMANY DR
I 2:00 Mass HCDR
GG 6:30 Quarter Bingo HCDR

13
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
L 1:00 German Folk Dancing ARTV
CC 2:00 Delectable Dishes AR
IG 3:30 Just the Guys AR

14
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
V 1:00 Courtyard Strolls CY
A 2:00 Let's Get Crafty AR
A 3:30 Pretty and Prime AR
GF 5:00 Happy Hour HCDR

15
V 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
L 10:00 Octoberfest Facts 500 Hall
I 10:30 Bible Study AR
L 11:30 Activity Smile Packet DR
GG 2:00 Bingo HCDR
GF 3:00 Happy Hour HCDR

16
V 9:00 Sing and Move 500 Hall
GG 10:00 Jackpot W/Cendia HCDR
K 11:30 Winner's Circle DR
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR

17
I 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
I 10:00 Protestant Serv./Ch. 7 IR
I 10:30 Catholic Mass/Ch.12 IR
L 11:30 Activity Smile Packet DR

18
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
M 1:00 Life Share Music IR
O 2:00 Scenic Bus Drive O

19
V 9:00 Sing and Move 500 Hall
I 9:30 Communion Visits IR
L 11:30 Activity Smile Packet DR
A 2:00 Let's Get Crafty AR
GF 3:30 Just the Guys AR
GG 6:30 Quarter Bingo HCDR

20
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR
M 2:00 Neil Yockey Performs HCDR
CC 3:00 Table Games AR

21
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
V 1:00 Courtyard Strolls CY
M 1:00 Life Share Music IR
CC 2:00 Delectable Dishes AR
GF 3:00 Happy Hour HCDR

22
V 8:45 Fall Wellness Walk O
V 9:00 Communion Visits IR
I 10:30 Bible Study AR
L 11:30 Activity Smile Packet DR
GG 2:00 Bingo HCDR
GF 3:00 Happy Hour HCDR

23
V 9:00 Sing and Move 500 Hall
GG 10:00 Quarter Bingo W/Brenda HCDR
K 11:30 Winner's Circle DR
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR

24
I 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
I 10:00 Protestant Serv./Ch. 7 IR
I 10:30 Catholic Mass/Ch.12 IR
L 11:30 Activity Smile Packet DR

25
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
A 1:00 FALL ART WALK AL
M 1:00 Life Share Music IR
O 2:00 Scenic Bus Drive O
A 3:00 Let's Get Crafty AR

26
V 9:00 Sing and Move 500 Hall
I 9:30 Communion Visits IR
L 11:30 Activity Smile Packet DR
A 2:00 Let's Get Crafty AR
GG 6:30 Quarter Bingo HCDR

27
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR
CC 2:00 Delectable Dishes AR
IG 3:30 Just the Guys AR

28
V 9:30 Sing and Move 500 Hall
L 11:30 Activity Smile Packet DR
V 1:00 Courtyard Strolls CY
M 1:00 Life Share Music IR
GG 2:00 Table Games AR
A 3:30 Pretty and Prime AR

29
V 8:45 Fall Wellness Walk O
V 9:00 Communion Visits IR
I 10:30 Bible Study AR
L 11:30 Activity Smile Packet DR
GG 2:00 Bingo HCDR
GF 3:00 Happy Hour HCDR

30
V 9:00 Sing and Move 500 Hall
GG 10:00 Jackpot/Cendia HCDR
K 11:30 Winner's Circle DR
L 11:30 Activity Smile Packet DR
M 1:00 Music of our time on Life Share IR

31 **Halloween**
I 9:00 Communion Visits IR
V 9:30 Sing and Move 500 Hall
I 10:00 Protestant Serv./Ch. 7 IR
I 10:30 Catholic Mass/Ch.12 IR
L 11:30 Activity Smile Packet DR



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Saturday

<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce</p>	<p>L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>				<p>1 V 8:45 Fall Wellness Walk O V 9:00 Communion Visits IR I 10:30 Bible Study AR MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR</p>	<p>2 GG 10:00 Jackpot W/Cendia HCDR K 11:30 Winner's Circle DR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR</p>
<p>3 I 9:00 Communion Visits IR I 10:00 Protestant Serv./Ch. 7 IR I 10:30 Catholic Mass/Ch.12 IR L 11:30 Activity Smile Packet DR M 2:00 Music W/Just the Guys HCDR</p>	<p>4 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR O 2:00 Scenic Bus Drive O MM 2:30 Visits on HC IR</p>	<p>5 V 9:00 Sing and Move 500 Hall I 9:30 Communion Visits IR M 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR V 1:00 Courtyard Strolls CY A 2:00 Let's Get Crafty AR</p>	<p>6 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR CC 2:00 Delishious Bites AR</p>	<p>7 A 9:30 Pretty and Prime HCLR V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR CC 2:00 Table Games AR</p>	<p>8 V 8:45 Fall Wellness Walk O V 9:00 Communion Visits IR I 10:30 Bible Study AR MM 10:30 Visits on HC IR CC 11:30 Taste Of Town DR L 11:30 Activity Smile Packet DR</p>	<p>9 V 9:00 Sing and Move 500 Hall GG 10:00 Quarter Bingo W/Brenda HCDR K 11:30 Winner's Circle DR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR</p>
<p>10 I 9:00 Communion Visits IR I 10:00 Protestant Serv./Ch. 7 IR I 10:30 Catholic Mass/Ch.12 IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>	<p>11 Columbus Day V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR O 2:00 Scenic Bus Drive O A 2:30 Let's Get Crafty AR</p>	<p>12 V 9:00 Sing and Move 500 Hall I 9:30 Communion Visits IR M 10:30 Visits on HC IR L 11:30 Activity Smile Packet/Germany DR I 2:00 Mass HCDR CC 2:30 Table Games AR</p>	<p>13 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR L 1:00 German Folk Dancing ARTV CC 2:00 Delishious Bites AR</p>	<p>14 A 9:30 Pretty and Prime HCLR V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR A 2:00 Let's Get Crafty AR CC 2:30 Table Games AR</p>	<p>15 V 9:00 Communion Visits IR V 9:30 Sing and Move 500 Hall L 10:00 Octoberfest Trivia 500 Hall I 10:30 Bible Study AR MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR</p>	<p>16 V 9:00 Sing and Move 500 Hall GG 10:00 Jackpot W/Cendia HCDR K 11:30 Winner's Circle DR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR</p>
<p>17 I 9:00 Communion Visits IR I 10:00 Protestant Serv./Ch. 7 IR I 10:30 Catholic Mass/Ch.12 IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>	<p>18 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR O 2:00 Scenic Bus Drive O MM 2:30 Visits on HC IR</p>	<p>19 V 9:00 Sing and Move 500 Hall I 9:30 Communion Visits IR M 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR V 1:00 Courtyard Strolls CY A 2:00 Let's Get Crafty AR</p>	<p>20 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR CC 2:00 Delishious Bites AR</p>	<p>21 A 9:30 Pretty and Prime HCLR V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR CC 2:00 Table Games AR</p>	<p>22 V 8:45 Fall Wellness Walk O V 9:00 Communion Visits IR I 10:30 Bible Study AR MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>	<p>23 V 9:00 Sing and Move 500 Hall GG 10:00 Quarter Bingo W/Brenda HCDR K 11:30 Winner's Circle DR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR</p>
<p>24 I 9:00 Communion Visits IR I 10:00 Protestant Serv./Ch. 7 IR I 10:30 Catholic Mass/Ch.12 IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>	<p>25 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:00 Resident Council HCLR L 11:30 Activity Smile Packet DR A 1:00 FALL ART WALK AL M 1:00 Life Share Music IR</p>	<p>26 V 9:00 Sing and Move 500 Hall I 9:30 Communion Visits IR M 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR V 1:00 Courtyard Strolls CY A 2:00 Let's Get Crafty AR</p>	<p>27 V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR CC 2:00 Delishious Bites AR</p>	<p>28 A 9:30 Pretty and Prime HCLR V 9:30 Sing and Move 500 Hall MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR M 1:00 Life Share Music IR CC 2:00 Table Games AR</p>	<p>29 V 8:45 Fall Wellness Walk O V 9:00 Communion Visits IR I 10:30 Bible Study AR MM 10:30 Visits on HC IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>	<p>30 V 9:00 Sing and Move 500 Hall GG 10:00 Jackpot/Cendia HCDR K 11:30 Winner's Circle DR L 11:30 Activity Smile Packet DR M 1:00 Music of our time on Life Share IR</p>
<p>31 Halloween I 9:00 Communion Visits IR I 10:00 Protestant Serv./Ch. 7 IR I 10:30 Catholic Mass/Ch.12 IR L 11:30 Activity Smile Packet DR CC 2:00 Table Games AR</p>						



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC - Community Connections GF - Gathering of Friends I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	All Sunday, Tuesday, Thursday, and Saturdays activities will be on your own unless otherwise noted.	Activities are subject to change.			1 10:00 Exercise GF 12:00 Lunch in the club house GF 3:00 HAPPY HOUR	2 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation (visit neighbors, puzzles, read)
3 I 9:00 Sunday Services V 9:00 Exercise 11:15 Lunch will be delivered to your Villa V 1:00 Relaxation- walk the Riverwalk, The Parklands, Bohnert	4 GF 9:00 Coffee & Donuts V 10:00 Exercise GF 12:00 Lunch in clubhouse GF 12:30 Bingo	5 V 10:00 Exercise 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read)	6 V 10:00 Exercise- on your own today GF 12:00 Lunch in clubhouse GF 12:30 Birthday Bash/turnover	7 V 10:00 Exercise 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read) V 3:00 STEPS @ VUJC	8 V 10:00 Exercise GF 12:00 Lunch in clubhouse GF 3:00 HAPPY HOUR	9 V 10:00 Exercise 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation (visit neighbors, puzzles, read)
10 I 9:00 Sunday Services V 10:00 Exercise 11:15 Lunch will be delivered to your Villa V 1:00 Relaxation- walk the Riverwalk, The Parklands, Bohnert	11 Columbus Day V 10:00 Exercise GF 12:00 Lunch in clubhouse GF 12:30 Bingo	12 V 10:00 Exercise 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read) I 2:00 Mass HCDR	13 10:00 Faith Sharing GF 12:00 Lunch outing-Chatteau	14 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read) V 3:00 STEPS @ VUJC S 5:00 Theme	15 GF 12:00 Lunch in clubhouse GF 3:00 HAPPY HOUR	16 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation (visit neighbors, puzzles, read)
17 I 9:00 Sunday Services 11:15 Lunch will be delivered to your Villa V 1:00 Relaxation- walk the Riverwalk, The Parklands, Bohnert	18 V 10:00 Exercise on your own 11:45 Lunch delivered to your villa GF 12:30 Relaxation S 4:00 Villa Block Party CH GF 5:00 Halloween Bingo	19 10:00 Exercise GF 12:00 Lunch in the Club house GF 12:30 Craft- Colorful Coasters	20 10:00 Faith Sharing GF 12:00 Lunch in clubhouse CC 12:30 Guest Speaker-Walt Ferber M 2:00 Neil Yockey Performs HCDR	21 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read) V 3:00 STEPS @ VUJC	22 Clubhouse is rented out today GF 12:00 Lunch delivered to your villa GF 3:00 HAPPY HOUR	23 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation (visit neighbors, puzzles, read)
24 I 9:00 Sunday Services 11:15 Lunch will be delivered to your Villa V 1:00 Relaxation- walk the Riverwalk, The Parklands, Bohnert	25 10:00 exercise GF 12:00 Lunch in clubhouse GF 12:30 Bingo	26 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read)	27 10:00 Faith Sharing GF 11:00 Lunch Outing Los Dos Charros CC 1:00 Tour of WITZ	28 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation time (visit neighbors, puzzle, read) V 3:00 STEPS @ VUJC	29 10:00 Exercise GF 12:00 Lunch in clubhouse GF 3:00 HAPPY HOUR	30 11:15 Lunch will be delivered to your Villa K 1:00 Relaxation (visit neighbors, puzzles, read)
31 Halloween I 9:00 Sunday Services 11:15 Lunch will be delivered to your Villa V 1:00 Relaxation- walk the Riverwalk, The Parklands, Bohnert						