## Shelby Crossing Assisted Living Wednesday **Thursday** Monday Tuesday **Friday** Saturday Sunday A - Artisans M - Music to My Ears Please look to your daily activity 2-1 is our Community Broadcast - Creative Cooking Out & About schedule for any schedule Channel located on your TV 9:00 Daily Chronicles & 9:00 Daily Chronicles & - Gathering of Friends - Signature Events GG - Group Games changes and updates. between channels 2 and 3. Room Visits Room Visits V - Vitality l - Inspirations ▼ 10:00 Chair Zumba - 2-1 & LR 10:30 Balloon Racquetball -- Keeping it Sharp/Reminisce 10:30 Morning Devotionals -- Lifelong Learning - Mindful Moments 11:00 Crossword Clues - AR M 11:00 Oldies Sing-along - AR 1:00 Christian Church 9:00 Daily Chronicles & Room Visits Room Visits **Room Visits** Room Visits Room Visits Room Visits Room Visits 10:15 Light N' Lively - AR GG 10:45 LRC Dice Game - AR 10:00 St. Isidore Catholic 10:15 Monday Movin and 10:15 Chair Yoga and 10:00 Devotion and Chair 10:00 Chair Zumba - 2-1 & LR 10:30 Balloon Racquetball -Groovin - 2-1 Stretching - LR/2-1 10:00 Communion with Felix -Mass - CH. 2-1 Exercise - CH. 2-1 M 11:00 Spiritual Sing-a-long -**ID:45** 5 Card Bingo - AR 10:45 Crafting Club - AR 10:30 Enrichment on Demand 2:00 Arm Chair Travel - CH. **In 11:00** Smarty Pants - AR GG 1:30 Jigsaw Puzzles - TS 12:15 Chef Circle - DR **ID:30** What Am I? - AR 1:00 Christian Church - CH. 2-1 2-1 12 Columbus Day 11 9:00 Daily Chronicles & Room Visits **V** 10:00 Chair Zumba - 2-1 & LR 10:15 Monday Movin and V 10:15 Chair Yoga and 10:00 Devotion and Chair ▼ 10:15 Light N' Lively - AR 10:30 Balloon Racquetball -10:00 St. Isidore Catholic K 10:45 German Jeopardy Trivia Mass - CH. 2-1 Groovin - 2-1 Stretching - LR/2-1 Exercise - CH. 2-1 10:30 Morning Rosary Prayer K 10:45 Skat - AR **III.00** Name 10 Trivia - AR M 11:00 Spiritual Sing-a-long -10:45 Crafting Club - AR 10:30 Enrichment on Demand (2-1)M 11:00 Oldies Sing-along - AR 2:00 Hot Cocoa Social - TS GF 12:15 Chef Circle - DR - CH. 2-1 2:00 Arm Chair Travel - CH. 1:00 Christian Church 19 18 20 9:00 Daily Chronicles & Room Visits V 10:15 Chair Yoga and 10:00 St. Isidore Catholic 10:15 Monday Movin and 10:00 Devotion and Chair ✓ 10:15 Light N' Lively - AR **10:00** Chair Zumba - 2-1 & LR 10:30 Balloon Racquetball -Groovin - 2-1 Stretching - LR/2-1 Exercise - CH. 2-1 10:45 Crafting Club - AR 10:30 Morning Rosary Prayer Mass - CH. 2-1 **ID:45** 5 Card Bingo - AR K 11:00 Crossword Clues - AR 2:00 Arm Chair Travel - CH. M 11:00 Spiritual Sing-a-long -10:45 Crafting Club - AR 10:30 Enrichment on Demand (2-1)M 11:00 Oldies Sing-along - AR 12:15 Chef Circle - DR 1:00 Christian Church 2:00 Hot Cocoa Social - TS - CH. 2-1 2-1 26 27 25 30 9:00 Daily Chronicles & Room Visits V 10:00 Devotion and Chair ■ 10:15 Light N' Lively - AR 10:00 Chair Zumba - 2-1 & LR V 10:30 Balloon Racquetball -10:00 St. Isidore Catholic V 10:15 Monday Movin and V 10:15 Chair Yoga and Groovin - 2-1 Stretching - LR/2-1 Exercise - CH. 2-1 10:45 Crafting Club - AR 10:00 Communion with Felix -Mass - CH. 2-1 AR 10:45 Crafting Club - AR 2:00 Arm Chair Travel - CH. In 11:00 Crossword Clues - AR M 11:00 Spiritual Sing-a-long -**L** 10:45 5 Card Bingo - AR 10:30 Enrichment on Demand AR 2:00 Hot Cocoa Social - TS 12:15 Chef Circle - DR 10:30 Smarty Pants - AR 1:00 Christian Church LR - CH. 2-1 2-1 Halloween We are looking for volunteers! Please sign up for outings in our Please speak to a member of our Activity Room ahead of time. 9:00 Daily Chronicles & Life Enrichment Team if you or Room Visits someone you know is interested 10:00 St. Isidore Catholic in volunteering. Mass - CH. 2-1 M 11:00 Spiritual Sing-a-long -

Shelby Crossing Health Campus
Campus



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MI - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	AR - Activity Room LR - Living Room Area TS - Town Square DR - Assisted Living Dining Room 2-1- Broadcast TV Channel	2-1 is our Community Broadcast Channel Located on your TV between channels 2 and 3.		1 9:00 Daily Chronicles and Room Visits V 10:00 Chair Zumba - 2-1 & LR I 10:30 Morning Devotionals - AR GF 1:00 "Grumpy Old Men" -	9:00 Daily Chronicles and Room Visits V 10:30 Balloon Racquetball - AR 1 1:00 Christian Church Service (2-1)
9:00 Daily Chronicles and Room Visits 1 10:00 St. Isidore Catholic Mass - CH. 2-1 11:00 Spiritual Sing-a-long - LR	Groovin - 2-1  10:45 5 Card Bingo - AR	9:00 Daily Chronicles and Room Visits V 10:00 Chair Yoga - LR/2-1 A 10:45 Crafting Club - AR 1:00 Hospitality Cart O 2:00 Dollar Tree - O		9:00 Daily Chronicles and Room Visits V 10:15 Light N' Lively - AR GG 10:45 LRC Dice Game - AR K 1:30 Bingo - TS D 2:00 Arm Chair Travel - CH.	9:00 Daily Chronicles and Room Visits V 10:00 Chair Zumba - 2-1 & LR I 10:00 Communion with Felix - AR K 10:30 What Am I? - AR	9:00 Daily Chronicles and Room Visits V 10:30 Balloon Racquetball - AR I 1:00 Christian Church Service (2-1)
9:00 Daily Chronicles and Room Visits 10:00 St. Isidore Catholic Mass - CH. 2-1 11:00 Spiritual Sing-a-long - LR	11 Columbus Day  1 9:00 Daily Chronicles and Room Visits  V 10:15 Monday Movin and Groovin - 2-1  K 10:45 Skat - AR  K 1:30 Name 10 Trivia - CY	12 9:00 Daily Chronicles and Room Visits V 10:00 Chair Yoga - LR/2-1 A 10:45 Crafting Club - AR 1:00 Hospitality Cart C 2:00 Creative Cooking: Hot		9:00 Daily Chronicles and Room Visits V 10:15 Light N' Lively - AR K 10:45 German Jeopardy Trivia - AR K 1:30 Bingo - TS	9:00 Daily Chronicles and Room Visits 10:00 Chair Zumba - 2-1 & LR 10:30 Morning Rosary Prayer (2-1) 1:00 Classic TV - CH. 2-1	9:00 Daily Chronicles and Room Visits V 10:30 Balloon Racquetball - AR 1 1:00 Christian Church Service (2-1)
9:00 Daily Chronicles and Room Visits 10:00 St. Isidore Catholic Mass - CH. 2-1 11:00 Spiritual Sing-a-long - LR	Groovin - 2-1  10:45 5 Card Bingo - AR	19 1 9:00 Daily Chronicles and Room Visits V 10:00 Chair Yoga - LR/2-1 10:45 Crafting Club - AR 1:00 Hospitality Cart 0 2:00 Fall Colors Drive - O	<ul> <li>9:00 Daily Chronicles and Room Visits</li> <li>10:00 Devotion and Chair Exercise - CH. 2-1</li> <li>10:30 Enrichment on Demand - CH. 2-1</li> </ul>	21  9:00 Daily Chronicles and Room Visits  10:15 Light N' Lively - AR  10:45 Crafting Club - AR  1:30 Bingo - TS  2:00 Arm Chair Travel - CH.	9:00 Daily Chronicles and Room Visits V 10:00 Chair Zumba - 2-1 & LR I 10:30 Morning Rosary Prayer (2-1) M 1:00 Frank Sinatra in Concert	9:00 Daily Chronicles and Room Visits V 10:30 Balloon Racquetball - AR I 1:00 Christian Church Service (2-1)
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9:00 Daily Chronicles and Room Visits 10:00 St. Isidore Catholic Mass - CH. 2-1 11:00 Spiritual Sing-a-long - LR	We are looking for volunteers! Please speak to a member of our Life Enrichment Team if you or someone you know is interested in volunteering.	Please sign up in our Activity Room for outings ahead of time.				

+ Shelby Crossi	ing Legacy				30	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- Artisans - Creative Cooking - Gathering of Friends - Group Games - Keeping it Sharp/Reminisce - Music to My Ears - Out & About - Vitality	We are looking for volunteers. Please help us spread the word and let us know if you would like to share your special gifts with us!				Dasketball Football Frenzy Pumpkin Pie Chocolate Chip Cookies Relax & Recharge Autumn Sun Printing	Chair Swimming Quick Words Pumpkin Pie Truffles Relax & Recharge A Candy Corn Button Craft Feel the Rhythm
Costume Parade Fall Memories BLT Dip Relax & Recharge Wine Cork Pumpkins Celebrity Sunday	Don't Worry, Be Happy  Autumn Poem  Maple Oatmeal Cookies Relax & Recharge Have a Gentle Conversation  Who Am I?	Pretzel Toss  Create A Caption  Maple Oatmeal Cookies Relax & Recharge  Tissue Paper Leaves  Campfire Songs	Stein Exercises Yard Sale Beer Cheese Dip Relax & Recharge Paper Pumpkins Name That Instrument	POLKA! Let's Spell Fall Pumpkin Cheesecake Swirl Muffins Relax & Recharge T issue Paper Flowers	Basketball Football Frenzy Apple Cider Cake Relax & Recharge Salt Dough Ornaments October Happy Hour	Chair Swimming Quick Words Baked Coconut Custard Relax & Recharge A Salt Dough Ornaments Feel the Rhythm
Costume Parade Fall Memories Pumpkin Scones Relax & Recharge Edelweiss Flower Picture Celebrity Sunday	Columbus Day  Don't Worry, Be Happy  Autumn Poem  German Oktoberfest Stew Relax & Recharge  Shultute Cone  Who Am I?	Pretzel Toss Create A Caption German Beer Cheese Spread Relax & Recharge Lebkuchenherzen paper hearts Campfire Songs	V Stein Exercises X Yard Sale C German Apple Cake Relax & Recharge A Edelweiss Ornament Name T hat Instrument	POLKA!  Let's Spell Fall Mystery Drive Pretzel Flight Relax & Recharge German Creative Storytelling	German Crock Pot Rice Pudding Relax & Recharge Decorative Designs	Chair Swimming Quick Words Broccoli Apple Cheese Son Relax & Recharge Melted Crayon Pumpkins Feel the Rhythm
Costume Parade Fall Memories Pear Crisp Relax & Recharge Dunkin Pumpkins Celebrity Sunday	Don't Worry, Be Happy  Autumn Poem  Apple Pecan Fall Salad Relax & Recharge Brushless Painting  Who Am I?	V Pretzel Toss Create A Caption Cinnamon Roll Sugar Cookies Relax & Recharge Salt Painting Campfire Songs	V Stein Exercises X Yard Sale C Berry Croissant Bake Relax & Recharge A Cut & Paste Pumpkin Face Name T hat Instrument	POLKA!  Let's Spell Fall  Cheese Crispies Relax & Recharge Paint with Wheels  Groovin' Gospel	Basketball Football Frenzy Cornmeal Cookies Relax & Recharge Sandpaper Painting October Happy Hour	Chair Swimming Quick Words Parmesan Brussel Sprou Dip Relax & Recharge Tie Wreath
Costume Parade Fall Memories Cappuccino Muffins Relax & Recharge Clay Hands Celebrity Sunday	Don't Worry, Be Happy  Autumn Poem  Red Lobster Cheddar Biscuits Relax & Recharge  Autumn Decor  Who Am I?	Mexican Stuffed Avocados Relax & Recharge Pinecone Mummies	V Stein Exercises  X Yard Sale  Apple Spice Dump Cake Relax & Recharge  A Ghost Rocks  Name T hat Instrument	POLKA!  Let's Spell Fall  Mystery Drive Creamy Corn Casserole Relax & Recharge Tissue Paper Pumpkin Favors	V Basketball K Football Frenzy Halloween Cream Cheese Swirl Brownies Relax & Recharge Halloween Candy Wrappers	Chair Swimming Quick Words Candy Corn Crunch Relax & Recharge Halloween Pumpkin Vasa Feel the Rhythm
Halloween						
Costume Parade Fall Memories Hocus Pocus Buns Relax & Recharge Halloween Wall Art Celebrity Sunday						