



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears</p>	<p>S - Signature Events V - Vitality</p>	<p>AR-Activity Room AL-Assisted Living HC-Health Center DR-Dining Room Arbor-HC Dining Room LR-Living Room BC-Bulldog Cafe</p>	<p>Channel #3 Programming</p> <p>-Our Daily Bread -Ted Ed's -Arm Chair Travel -Movie Time -Enrichment on Demand -American Heritage Series</p>		<p>1</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Table Games HC/AR S 3:00 Happy Hour AL/DR</p>	<p>2</p> <p>L 9:30 Morning News Time HC/AR K 11:00 Table Games AL/AR K 1:00 Card Bingo AL/DR GF 3:00 Name That Croon HC/AR</p>
<p>3</p> <p>I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR</p>	<p>4</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3</p>	<p>5</p> <p>A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3</p>	<p>6</p> <p>V 9:00 Exercise AL/AR 9:30 Catholic Services CC 10:30 Cooking Creations AL/DR S 2:00 Ice Cream Social AL/DR S 4:00 LifeShare Games</p>	<p>7</p> <p>A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR</p>	<p>8</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Table Games HC/AR S 3:00 Happy Hour AL/DR</p>	<p>9</p> <p>L 9:30 Morning News Time HC/AR K 11:00 Table Games AL/AR K 1:00 Card Bingo AL/DR GF 3:00 Name That Croon HC/AR</p>
<p>10</p> <p>I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR</p>	<p>11 Columbus Day</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3</p>	<p>12</p> <p>A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3</p>	<p>13</p> <p>V 9:00 Exercise AL/AR 9:30 Catholic Services CC 10:30 Cooking Creations AL/DR S 2:00 Ice Cream Social AL/DR S 4:00 LifeShare Games</p>	<p>14</p> <p>A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR</p>	<p>15</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Table Games HC/AR S 3:00 Happy Hour AL/DR</p>	<p>16</p> <p>L 9:30 Morning News Time HC/AR K 11:00 Table Games AL/AR K 1:00 Card Bingo AL/DR GF 3:00 Name That Croon HC/AR</p>
<p>17</p> <p>I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR</p>	<p>18</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3</p>	<p>19</p> <p>A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3</p>	<p>20</p> <p>V 9:00 Exercise AL/AR 9:30 Catholic Services CC 10:30 Cooking Creations AL/DR 1:00 Resident Council AL/AR S 2:00 Ice Cream Social AL/DR</p>	<p>21</p> <p>A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR</p>	<p>22</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Table Games HC/AR S 3:00 Happy Hour AL/DR</p>	<p>23</p> <p>L 9:30 Morning News Time HC/AR K 11:00 Table Games AL/AR K 1:00 Card Bingo AL/DR GF 3:00 Name That Croon HC/AR</p>
<p>24</p> <p>I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR</p>	<p>25</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3</p>	<p>26</p> <p>A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3</p>	<p>27</p> <p>V 9:00 Exercise AL/AR 9:30 Catholic Services CC 10:30 Cooking Creations AL/DR IG 1:00 Men's Club S 2:00 Ice Cream Social AL/DR</p>	<p>28</p> <p>A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR</p>	<p>29</p> <p>V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Table Games HC/AR S 3:00 Happy Hour AL/DR</p>	<p>30</p> <p>L 9:30 Morning News Time HC/AR K 11:00 Table Games AL/AR K 1:00 Card Bingo AL/DR GF 3:00 Name That Croon HC/AR</p>
<p>31 Halloween</p> <p>I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR</p>						



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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning</p>	<p>MM - Mindful Moments S - Signature Events V - Vitality</p>	<p>AR-Activity Room AL-Assisted Living HC-Health Center DR-Dining Room HC Arbor-Dining Room LR-Living Room BC-Bulldog Cafe</p>	<p>Channel#3 Programming -Our Daily Bread -Ted Ed's -Arm Chair Travel -Movie Time -Enrichment on Demand (EOD) American Heritage Series</p>		<p>1 MM 10:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR K 1:00 Table Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p>	<p>2 L 9:30 Morning News Time HC/AR GF 10:00 Tea Time HC/AR MM 10:30 Mindful Moments HC/AR K 2:00 Card Bingo HC/AR GF 3:00 News That Goes</p>
<p>3 I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 American Heritage Series</p>	<p>4 MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR GF 2:00 Movie & Popcorn Ch#3 K 3:30 Shake Loose a Memory HC/AR</p>	<p>5 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timed Tea Time Ch#3</p>	<p>6 9:30 Catholic Services MM 10:30 Mindful Moments HC/AR K 11:00 Table Games S 3:00 Ice Cream Social HC/DR S 4:00 Life Show Games</p>	<p>7 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR 1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 Life Show Games</p>	<p>8 MM 10:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR K 1:00 Table Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p>	<p>9 L 9:30 Morning News Time HC/AR GF 10:00 Tea Time HC/AR MM 10:30 Mindful Moments HC/AR K 2:00 Card Bingo HC/AR GF 3:00 News That Goes</p>
<p>10 I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 American Heritage Series</p>	<p>11 Columbus Day MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR GF 2:00 Movie & Popcorn Ch#3 K 3:30 Shake Loose a Memory HC/AR</p>	<p>12 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timed Tea Time Ch#3</p>	<p>13 9:30 Catholic Services MM 10:30 Mindful Moments HC/AR K 11:00 Table Games S 3:00 Ice Cream Social HC/DR S 4:00 Life Show Games</p>	<p>14 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR 1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 Life Show Games</p>	<p>15 MM 10:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR K 1:00 Table Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p>	<p>16 L 9:30 Morning News Time HC/AR GF 10:00 Tea Time HC/AR MM 10:30 Mindful Moments HC/AR K 2:00 Card Bingo HC/AR GF 3:00 News That Goes</p>
<p>17 I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 American Heritage Series</p>	<p>18 MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR GF 2:00 Movie & Popcorn Ch#3 K 3:30 Shake Loose a Memory HC/AR</p>	<p>19 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timed Tea Time Ch#3</p>	<p>20 9:30 Catholic Services MM 10:30 Mindful Moments HC/AR K 11:00 Table Games S 3:00 Ice Cream Social HC/DR S 4:00 Life Show Games</p>	<p>21 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR 1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 Life Show Games</p>	<p>22 MM 10:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR K 1:00 Table Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p>	<p>23 L 9:30 Morning News Time HC/AR GF 10:00 Tea Time HC/AR MM 10:30 Mindful Moments HC/AR K 2:00 Card Bingo HC/AR GF 3:00 News That Goes</p>
<p>24 I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 American Heritage Series</p>	<p>25 MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR GF 2:00 Movie & Popcorn Ch#3 K 3:30 Shake Loose a Memory HC/AR</p>	<p>26 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timed Tea Time Ch#3</p>	<p>27 9:30 Catholic Services MM 10:30 Mindful Moments HC/AR K 11:00 Table Games 11:00 Resident Council HC/AR IG 1:00 Men's Club S 3:00 Ice Cream Social</p>	<p>28 V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR 1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 Life Show Games</p>	<p>29 MM 10:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR K 1:00 Table Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p>	<p>30 L 9:30 Morning News Time HC/AR GF 10:00 Tea Time HC/AR MM 10:30 Mindful Moments HC/AR K 2:00 Card Bingo HC/AR GF 3:00 News That Goes</p>
<p>31 Halloween I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 American Heritage Series</p>						



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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events</p>	<p>V - Vitality</p>				<p>1 V Basketball K Football Frenzy CC Pumpkin Pie Chocolate Chip Cookies Relax & Recharge GF Popcorn Time!</p>	<p>2 V Chair Swimming K Quick Words CC Pumpkin Pie Truffles Relax & Recharge A Candy Corn Button Craft M Feel the Rhythm</p>
<p>3 V Costume Parade K Fall Memories CC BLT Dip Relax & Recharge A Wine Cork Pumpkins M Celebrity Sunday</p>	<p>4 V Don't Worry, Be Happy K Autumn Poem CC Maple Oatmeal Cookies Relax & Recharge A Have a Gentle Conversation M Who Am I?</p>	<p>5 V Pretzel Toss K Create A Caption CC Beer Cheese Dip Relax & Recharge A Tissue Paper Leaves M Campfire Songs</p>	<p>6 V Stein Exercises K Yard Sale I Catholic Services Relax & Recharge A Paper Pumpkins S Ice Cream Social</p>	<p>7 V POLKA! K Let's Spell Fall CC Pumpkin Cheesecake Swirl Muffins Relax & Recharge A Tissue Paper Flowers</p>	<p>8 V Basketball K Football Frenzy CC Apple Cider Cake Relax & Recharge GF Popcorn Time! A Salt Dough Ornaments</p>	<p>9 V Chair Swimming K Quick Words CC Baked Coconut Custard Relax & Recharge A Salt Dough Ornaments M Feel the Rhythm</p>
<p>10 V Costume Parade K Fall Memories CC Pumpkin Scones Relax & Recharge A Edelweiss Flower Picture M Celebrity Sunday</p>	<p>11 Columbus Day V Don't Worry, Be Happy K Autumn Poem CC German Oktoberfest Stew Relax & Recharge A Shultute Cone M Who Am I?</p>	<p>12 V Pretzel Toss K Create A Caption CC German Beer Cheese Spread Relax & Recharge A Lebkuchenherzen paper hearts M Campfire Songs</p>	<p>13 V Stein Exercises K Yard Sale I Catholic Services Relax & Recharge A Edelweiss Ornament S Ice Cream Social</p>	<p>14 V POLKA! K Let's Spell Fall CC Pretzel Flight Relax & Recharge A German Creative Storytelling M Groovin' Gospel</p>	<p>15 V Basketball K Football Frenzy CC German Crock Pot Rice Pudding Relax & Recharge GF Popcorn Time! A Decorative Designs</p>	<p>16 V Chair Swimming K Quick Words CC Broccoli Apple Cheese Soup Relax & Recharge A Melted Crayon Pumpkins M Feel the Rhythm</p>
<p>17 V Costume Parade K Fall Memories CC Pear Crisp Relax & Recharge A Dunkin Pumpkins M Celebrity Sunday</p>	<p>18 V Don't Worry, Be Happy K Autumn Poem CC Apple Pecan Fall Salad Relax & Recharge A Brushless Painting M Who Am I?</p>	<p>19 V Pretzel Toss K Create A Caption CC Cinnamon Roll Sugar Cookies Relax & Recharge A Salt Painting M Campfire Songs</p>	<p>20 V Stein Exercises K Yard Sale I Catholic Services Relax & Recharge A Cut & Paste Pumpkin Face S Ice Cream Social</p>	<p>21 V POLKA! K Let's Spell Fall CC Cheese Crispies Relax & Recharge A Paint with Wheels M Groovin' Gospel</p>	<p>22 V Basketball K Football Frenzy CC Cornmeal Cookies Relax & Recharge GF Popcorn Time! A Sandpaper Painting</p>	<p>23 V Chair Swimming K Quick Words CC Parmesan Brussel Sprouts & Dip Relax & Recharge A Tie Wreath</p>
<p>24 V Costume Parade K Fall Memories CC Cappuccino Muffins Relax & Recharge A Clay Hands M Celebrity Sunday</p>	<p>25 V Don't Worry, Be Happy K Autumn Poem CC Red Lobster Cheddar Biscuits Relax & Recharge A Autumn Decor M Who Am I?</p>	<p>26 V Pretzel Toss K Create A Caption CC Mexican Stuffed Avocados Relax & Recharge A Pinecone Mummies M Campfire Songs</p>	<p>27 V Stein Exercises K Yard Sale I Catholic Services Relax & Recharge A Ghost Rocks S Ice Cream Social</p>	<p>28 V POLKA! K Let's Spell Fall CC Creamy Corn Casserole Relax & Recharge A Tissue Paper Pumpkin Favors M Groovin' Gospel</p>	<p>29 V Basketball K Football Frenzy CC Halloween Cream Cheese Swirl Brownies Relax & Recharge GF Popcorn Time!</p>	<p>30 V Chair Swimming K Quick Words CC Candy Corn Crunch Relax & Recharge A Halloween Pumpkin Vase M Feel the Rhythm</p>
<p>31 Halloween V Costume Parade K Fall Memories CC Hocus Pocus Buns Relax & Recharge A Halloween Wall Art M Celebrity Sunday</p>						