



# October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 K 9:00 Daily Chronicles V 10:00 Cardio Drumming K 11:00 Whiteboard Word Games L 2:00 Rick Steve's Travel Ch. 103	2 K 10:00 Exercise with a Twist K 11:00 Trivia M 1:30 Tunes & Floats GG 3:30 Life Share Games!
3 V 10:00 Exercise with a Twist MM 11:00 Coffee and Discussion S 1:30 Spa Day! S 3:00 Walking Club	4 K 9:00 Daily Chronicles V 10:00 Exercise I 10:30 Rosary Channel 103 M 11:00 Musical Monday Ch. 103 CC 2:00 Cooking Demo: Walking Club	5 K 9:00 Daily Chronicles V 10:00 Exercise M 11:00 Tunes Tuesday A 2:00 Craft: Fall Leaf Prints S 3:00 McDonald's "Roll Thru" M 4:00 Glee Club	6 K 9:00 Daily Chronicles V 10:00 Noodle Exercises S 1:30 Movie: Alice in Wonderland Ch. 103 A 2:00 Craft: Mad Hatter Headbands	7 K 9:00 Daily Chronicles V 10:00 Exercise GF 11:00 You Matter to Me Day O 1:30 Outing: Cider Mill-\$ V 3:00 Walking Club-Outside Weather Permitting	8 K 9:00 Daily Chronicles S 10:30 Puppy Visit L 11:00 Rick Steve's Travel Ch. 103 K 2:00 Whiteboard Word Games	9 V 10:00 Exercise V 10:00 Exercise with a Twist K 11:00 Trivia M 1:30 Tunes & Floats GG 3:30 Life Share Games!
10 V 10:00 Exercise with a Twist MM 11:00 Coffee and Discussion S 1:30 Spa Day! GF 2:00 Bingo Store S 3:00 Walking Club I 3:30 Hymn Sing	11 <b>Columbus Day</b> K 9:00 Daily Chronicles V 10:00 Exercise I 10:30 Rosary Channel 103 M 11:00 Musical Monday: Sound of Music Ch. 103 CC 2:00 Pretzel Shop	12 K 9:00 Daily Chronicles V 10:00 Exercise GF 2:00 Craft: Alpine Hats S 3:00 Pretzels with Friends M 4:00 German Folk Music Hour	13 K 9:00 Daily Chronicles I 9:30 Church Service S 1:30 Movie & Concessions A 2:00 Craft: Novi Lakes Community Tree GF 5:30 Wine Down Wednesday	14 K 9:00 Daily Chronicles V 10:00 Exercise L 11:00 Virtual Tour of Germany Ch. 103 S 2:00 Tattoos and Brews! V 3:00 Walking Club-Outside Weather Permitting	15 K 9:00 Daily Chronicles V 10:00 Cardio Drumming L 11:00 Rick Steve's Travel Ch. 103 K 2:00 Whiteboard Word Games	16 V 10:00 Exercise K 11:00 Trivia M 1:30 Tunes & Floats GG 3:30 Life Share Games!
17 V 10:00 Exercise with a Twist MM 11:00 Coffee and Discussion S 1:30 Spa Day! S 3:00 Walking Club	18 K 9:00 Daily Chronicles V 10:00 Exercise I 10:30 Rosary Channel 103 M 11:00 Musical Monday Ch. 103 CC 2:00 Cooking Club: Cream Cheese	19 K 9:00 Daily Chronicles S 10:00 Chef's Corner O 10:00 Outing: Oakland County Farmer's Market GF 2:00 Craft: Novi Lakes Community Tree	20 K 9:00 Daily Chronicles V 10:00 Exercise S 1:30 Ted Talk: Benefits of Failure Ch. 103 A 2:00 Craft: Halloween Glitter Snow Globes	21 K 9:00 Daily Chronicles V 10:00 Exercise S 1:30 Outing: Downtown Plymouth V 3:00 Walking Club-Outside Weather Permitting	22 K 9:00 Daily Chronicles S 10:30 Puppy Visit L 11:00 Rick Steve's Travel Ch. 103 K 2:00 Whiteboard Word Games	23 V 10:00 Exercise with a Twist K 11:00 Trivia M 1:30 Tunes & Floats GG 3:30 Life Share Games!
24 V 10:00 Exercise with a Twist MM 11:00 Coffee and Discussion S 1:30 Spa Day! GF 2:00 Bingo Store S 3:00 Walking Club I 3:30 Hymn Sing	25 K 9:00 Daily Chronicles V 10:00 Exercise I 10:30 Rosary Channel 103 M 11:00 Musical Monday Ch. 103 CC 2:00 Cooking Demo: Walking Club	26 K 9:00 Daily Chronicles V 10:00 Exercise S 11:00 Resident Council-Assisted Living GF 2:00 Craft: Paint Pour Pumpkins	27 K 9:00 Daily Chronicles V 10:00 Exercise S 1:30 Movie & Concessions A 2:00 Craft: Bat Paintings S 5:00 Spooks, Sparks & Sweets	28 K 9:00 Daily Chronicles V 10:00 Exercise Ch. 103 O 10:00 Outing: Wal-Mart-\$ 103 K 2:00 Afternoon Matinee Ch. 103 V 3:00 Walking Club-Outside Weather Permitting	29 K 9:00 Daily Chronicles V 10:00 Cardio Drumming L 11:00 Rick Steve's Travel Ch. 103 K 2:00 Pumpkin Judging S 3:00 Happy Hour!	30 V 10:00 Exercise with a Twist K 11:00 Trivia M 1:30 Tunes & Floats GG 3:30 Life Share Games!
31 <b>Halloween</b> V 10:00 Exercise with a Twist MM 11:00 Coffee and Discussion S 1:30 Spa Day! S 3:00 Walking Club						



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