

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 V 10:30 Morning Exercise with Mary/Channel 2 on TV	2
3 I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV	4 I 9:00 Daily Prayer/Room to Room 4:30 Dinner & Movie/Channel 2 on TV	5	6 V 10:30 Morning Exercise/Channel 2 on TV	7 K 9:30 Busy Packets/R2R	8 V 10:30 Morning Exercise with Mary/Channel 2 on TV	9
10 I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV	11 Columbus Day I 9:00 Daily Prayer/Room to Room 4:30 Dinner & Movie/Sound of Music/Channel 2 on TV	12	13 V 10:30 Morning Exercise/Channel 2 on TV	14 K 9:30 Oktoberfest Packets/R2R	15 V 10:30 Morning Exercise with Mary/Channel 2 on TV	16
17 I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV	18 I 9:00 Daily Prayer/Room to Room 4:30 Dinner & Movie/Channel 2 on TV	19 K 6:00 Pasta Trivia/R2R	20 V 10:30 Morning Exercise/Channel 2 on TV	21 K 9:30 Busy Packets/R2R	22 V 10:30 Morning Exercise with Mary/Channel 2 on TV	23
24 I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV	25 I 9:00 Daily Prayer/Room to Room 4:30 Dinner & Movie/The Munster's/Channel 2 on TV	26	27 V 10:30 Morning Exercise/Channel 2 on TV	28 K 9:30 Busy Packets/R2R	29 V 10:30 Morning Exercise with Mary/Channel 2 on TV	30
31 Halloween I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV						



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 10/4 - Hazel Wilhoyte 10/11 - Leola R. 10/25 - Lloyd Remington 10/30 - Mildred Jenkins	Location Legend: HCC: Healthcare Center PCAR: Activity Room near 500 hall DR: Dining Room R2R: Room To Room LR: Living Room	All Activities are subject to Change pending Weather Conditions. Lunch outing cost are resident responsibility.	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	1 V 10:30 Morning Exercise with Mary/Channel 2 on TV MM 10:30 Mindful Moments-Candy Corn Bowling I 1:30 10 Minute Meditation/Channel 2 TV	2 K 9:30 Daily Chronical/R2R GG 10:15 Candy Corn Ring Toss GF 2:30 Harvest Party Punch Social M 4:00 Mindful Moments/Musical Moments/Musical Moments/Musical
3 MM 9:30 Mindful Moments-Colorful Scarecrow I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian Church/TV	4 I 9:00 Daily Prayer/Room to Room S 10:15 Inspired Living Committee/Activity Room A 11:15 Mindful Moments/Satin	5 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room MM 1:00 Mindful Moments-Musical Ping Pong V 2:00 Pies/Dining Room	6 K 9:30 October IQ/R2R V 11:00 Trilogy Fit/Small Dining Room MM 1:30 Mindful Moments-Fall Memories on Patio CC 2:00 Creative Cooking/Dining Room	7 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room MM 11:00 Mindful Moments-Volley Ball K 2:00 Spooky Bingo/Dining Room	8 V 10:30 Morning Exercise with Mary/Channel 2 on TV MM 10:30 Mindful Moments-Balloon Blast I 1:30 10 Minute Meditation/Channel 2 TV	9 K 9:30 Daily Chronical/R2R A 10:15 Bat Wrappers/Activity Room GF 2:30 Popcorn Bar/Small Dining Room M 4:00 Mindful Moments/Musical Moments/Musical
10 MM 9:30 Mindful Moments-Puzzles I 10:00 Communion/Prayer/Front Entrance I 10:00 Eastside Praise Church Service/Patio I 10:30 Mass on the Air/TV	11 Columbus Day I 9:00 Daily Prayer/Room to Room A 10:30 Making Alpine Hats/AR M 11:15 Mindful Moments/German Tunes	12 I 9:30 Daily Devotional/R2R V 10:15 German Folk Workout/Small Dining Room MM 1:00 Mindful Moments-Pretzel Toss V 2:00 Pies/Dining Room	13 K 9:30 Daily Chronical/R2R V 11:00 Beer Stein Workout/Small Dining Room MM 1:30 Mindful Moments-Famous German Food/Dining Room	14 K 9:30 Oktoberfest Packets/R2R 10:15 Resident Council Meeting/Living Room MM 11:00 Mindful Moments-Beethoven V 2:00 Pies/Dining Room	15 V 10:30 Morning Exercise with Mary/Channel 2 on TV MM 10:30 Mindful Moments-Pretzel Snacks/Patio I 1:30 10 Minute Meditation/Channel 2 TV	16 K 9:30 Daily Chronical/R2R A 10:15 Happy Fall Ya'll Treat Bags/AR GG 2:30 Pumpkin Tic-Tac-Toe/Apple Cider Social M 4:00 Mindful Moments/Musical Moments/Musical
17 MM 9:30 Mindful Moments-Puzzles I 10:00 Communion/Prayer/Front Entrance I 10:00 Eastside Praise Church Service/Patio I 10:30 Mass on the Air/TV	18 I 9:00 Daily Prayer/Room to Room V 10:30 Warming Up to Monster Mash/DR V 10:30 Warming Up to Monster Mash/DR A 11:15 Mindful Moments/Patio	19 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room MM 1:00 Mindful Moments-Musical Ping Pong V 2:00 Pies/Dining Room	20 K 9:30 Daily Chronical/R2R V 11:00 Trilogy Fit/Small Dining Room O 1:15 Scenic Tour Outing MM 1:30 Mindful Moments-Hula hoop V 2:00 Pies/Dining Room	21 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room MM 11:00 Mindful Moments-Beach Ball K 2:00 Scary Gift Bingo/Dining Room	22 V 10:30 Morning Exercise with Mary/Channel 2 on TV MM 10:30 Mindful Moments-Balloon Blast I 1:30 10 Minute Meditation/Channel 2 TV	23 K 9:30 Daily Chronical/R2R A 10:15 Sweet & Salty Spiders K 2:30 Hot Chocolate & Trivia M 4:00 Mindful Moments/Musical Animal Funnies/HCC
24 MM 9:30 Mindful Moments-Puzzles I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian Church/TV	25 I 9:00 Daily Prayer/Room to Room V 10:30 Warming up to Monster Mash/DR A 11:15 Mindful Moments/Patio V 2:15 Pies/Dining Room	26 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room MM 1:00 Mindful Moments-Musical Ping Pong V 2:00 Pies/Dining Room	27 K 9:30 Daily Chronical/R2R V 11:00 Trilogy Fit/Small Dining Room O 1:15 Fall Scenic Drive MM 1:30 Mindful Moments-Hula hoop A 2:20 Pumpkin Painting/AR	28 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room MM 11:00 Mindful Moments-Beach Ball K 2:00 Trick or Treat Pies/Dining Room	29 V 10:30 Morning Exercise with Mary/Channel 2 on TV MM 10:30 Mindful Moments-Balloon Blast I 1:30 10 Minute Meditation/Channel 2 TV	30 K 9:30 Daily Chronical/R2R A 10:15 Mummy Face Cookies/AR GF 2:30 Hot Chocolate/Cider & Ghost Stories M 4:00 Mindful Moments/Musical Moments/Musical
31 Halloween MM 9:30 Mindful Moments-Puzzles I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian Church/TV						



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Volunteers will be here on Tuesday to fill birdfeeders around the campus.	Birthdays 10/4 - Hazel Wilhoyte 10/25 - Lloyd Remington 10/30 - Mildred Jenkins	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality		1 V 10:30 Morning Exercise with Mary/Channel 2 on TV I 1:30 10 Minute Meditation/Channel 2 on TV S 2:30 Fall Happy Hour/Dining	2 K 9:30 Daily Chronical/R2R GG 10:15 Candy Corn Ring Toss GF 2:30 Harvest Party Punch Social 3:00 Wine Time/Dining Room
3 I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV K 2:00 Fall Bingo/Dining Room	4 I 9:00 Daily Prayer/Room to Room S 10:15 Inspired Living Committee/Activity Room A 2:00 Toilet Paper	5 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room K 2:00 Bingo/Dining Room 3:00 Wine Time/Dining	6 K 9:30 October IQ/R2R V 11:00 Trilogi Fit/Small Dining Room CC 2:00 Creative Cooking/Peanut Butter Honey Bites/AR	7 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room K 2:00 Spooky Bingo/Dining Room 3:00 Wine Time/Dining	8 V 10:30 Morning Exercise with Mary/Channel 2 on TV I 1:30 10 Minute Meditation/Channel 2 on TV S 2:30 Happy Hour/Dining	9 K 9:30 Daily Chronical/R2R A 10:15 Bat Wrappers/Activity Room GF 2:30 Popcorn Bar/Small Dining Room 3:00 Wine Time/Dining
10 I 10:00 Communion/Prayer/Front Entrance I 10:00 Eastside Praise Church Service/Patio I 10:30 Mass on the Air/TV I 11:00 Southeast Christian	11 Columbus Day I 9:00 Daily Prayer/Room to Room A 10:30 Making Alpine Hats/AR 3:00 Wine Time/Dining 4:30 Dinner & Movie/Sound	12 I 9:30 Daily Devotional/R2R V 10:15 German Folk Workout/Small Dining Room K 2:00 Pretzel Bingo/Dining Room	13 K 9:30 Daily Chronical/R2R V 11:00 Beer Stein Workout/Small Dining Room GF 2:30 German Beer Tasting/Small Dining	14 K 9:30 Oktoberfest Packets/R2R 11:15 Resident Council Meeting/Activity Room K 2:00 Beer Stein Bingo/Dining Room	15 V 10:30 Morning Exercise with Mary/Channel 2 on TV I 1:30 10 Minute Meditation/Channel 2 on TV S 2:30 Oktoberfest Happy	16 K 9:30 Daily Chronical/R2R A 10:15 Happy Fall Ya'll Treat Bags/AR GG 2:30 Pumpkin Tic-Tac-Toe/Apple Cider Social 3:00 Wine Time/Dining
17 I 10:00 Communion/Prayer/Front Entrance I 10:00 Eastside Praise Church Service/Patio I 10:30 Mass on the Air/TV I 11:00 Southeast Christian	18 I 9:00 Daily Prayer/Room to Room V 10:30 Warming Up to Monster Mash/DR V 10:30 Warming Up to Monster Mash/DR	19 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room K 2:00 Ghostly Bingo/Dining Room	20 K 9:30 Daily Chronical/R2R V 11:00 Trilogi Fit/Small Dining Room O 1:15 Scenic Tour Outing L 2:30 Dancing Pasta Science Experiment/AR	21 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room K 2:00 Scary Gift Bingo/Dining Room 3:00 Wine Time/Dining	22 V 10:30 Morning Exercise with Mary/Channel 2 on TV I 1:30 10 Minute Meditation/Channel 2 on TV S 2:30 Happy Hour/Dining	23 K 9:30 Daily Chronical/R2R A 10:15 Sweet & Salty Spiders K 2:30 Hot Chocolate & Trivia 3:00 Wine Time/Dining Room
24 I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV K 2:00 Surprise Bingo/Dining	25 I 9:00 Daily Prayer/Room to Room V 10:30 Warming up to Monster Mash/DR K 2:15 Jack O' Lantern Memory Game	26 I 9:30 Daily Devotional/R2R V 10:15 Strengthening Workout/Small Dining Room K 2:00 Fall Bingo/Dining Room 3:00 Wine Time/Dining	27 K 9:30 Daily Chronical/R2R V 11:00 Trilogi Fit/Small Dining Room O 1:15 Fall Scenic Drive A 2:30 Pumpkin Painting/AR 3:00 Wine Time/Dining	28 K 9:30 Busy Packets/R2R V 10:15 Sit & Be Fit/Small Dining Room K 2:00 Trick or Treat Bingo/Dining Room 3:00 Wine Time/Dining	29 V 10:30 Morning Exercise with Mary/Channel 2 on TV I 1:30 10 Minute Meditation/Channel 2 on TV S 2:30 Halloween Happy	30 K 9:30 Daily Chronical/R2R A 10:15 Mummy Face Cookies/AR GF 2:30 Hot Chocolate/Cider & Ghost Stories 3:00 Wine Time/Dining
31 Halloween I 10:00 Communion/Prayer/Front Entrance I 10:30 Mass on the Air/TV I 11:00 Southeast Christian church on TV K 2:00 Witch Bingo/Dining						