

Weekly Menu October 3rd – October 9th



Keystone Place
At LaValle Fields
A Life Fulfilling Retirement Community

| | 3 RD SUNDAY | 4 TH MONDAY | 5 TH TUESDAY | 6 TH WEDNESDAY | 7 TH THURSDAY | 8 TH FRIDAY | 9 TH SATURDAY |
|-----------|---|---|---|---|--|---|---|
| BREAKFAST | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> Scrambled Eggs with Cheese (3) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> French Toast Sticks (15) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> Scrambled Eggs with Hash Brown Patty (18) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> Pancakes (18) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> Egg Frittata (4) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted Cold Cereal (18) <i>Special:</i> Egg Bake (4) *Eggs your way, Toast, Bacon, Sausage (14) | *Oatmeal (12) Assorted cold Cereal (18) <i>Special:</i> Sausage, Egg and Cheese Biscuit (27) *Eggs your way, Toast, Bacon, Sausage (14) |
| LUNCH | Garden Vegetable Soup (8) Glazed Meatloaf (7) Mashed Potatoes with Gravy (17) Buttered Peas (11) Assorted Pie (26) | Chef's Choice Soup (7) Pulled Pork Sliders (38) Maple Roasted Sweet Potatoes (23) Pineapple Coleslaw (18) Chocolate Mousse (15) | Tomato Burger Soup (11) Chicken Kiev (12) Garden Rice (18) Fresh Steamed Broccoli (6) Peanut Butter Cup Cheesecake (20) | Turkey Noodle Soup (14) Seafood Pasta Salad (31) Fresh Fruit Muffin (24) Assorted Cookies (30) | Bean and Bacon Soup (18) Beef Stroganoff over Egg Noodles (21) Baby Carrots (7) Dinner Roll (12) Jell-O with Whip Topping (11) | Corn Chowder (31) Chicken Tenders (21) Macaroni and Cheese (18) French Cut Green Beans (6) Root Beer Float (31) | French Onion Soup (13) California Burger on a Bun (43) Ranch Wedges (23) Pickle Spears (0) Ice Cream Sandwich (31) |
| DINNER | Garden Vegetable Soup (8) Waffles with Strawberry Sauce and Whipped Topping (18) Sausage Patty (0) Assorted Danish (23) | Chef's Choice Soup (7) Turkey Ala King (26) Biscuit (6) Buttered Corn (23) Chocolate Chip Cookie Bar (34) | Tomato Burger Soup (11) Cod with Lemon Butter Sauce (9) Baked Potato with Sour Cream (26) Chef's Choice Vegetables (7) Brownie (24) | Turkey Noodle Soup (14) Open Faced Pizza Burgers with Sausage, Pepperoni and Mozzarella (34) California Blend Vegetable (11) Spice Cake (32) | Bean and Bacon Soup (18) Grilled Bratwurst on a Bun (30) Baked Beans (23) Vegetable Salad (28) Fresh Strawberries (11) | Corn Chowder (31) BBQ Ribblet (35) Scalloped Potatoes (18) Capri Blend Vegetable (11) Watermelon (10) | French Onion Soup (13) Chicken Alfredo with Penne Pasta (30) Caesar Salad (5) Garlic Bread (25) Powdered Cream Puffs (28) |

Assisted Living Meal Times: Breakfast: 8:00am-9:30am; Lunch: 11:00am-1:00pm; Dinner: 4:00pm-6:00pm
Independent Living Meal Times: Breakfast: 7:30am-9:30am; Lunch: 11:00am-1:00pm; Dinner 4:00pm-6:00pm
Guest Meal Price: Breakfast \$7, Lunch \$10, Dinner \$13

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