


Whispering Oak Place
October Menu 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Sweet Sour Meatballs 1 Baked Potato Green Beans Cubed Watermelon Fish Nuggets Mashed Potatoes Stewed Tomatoes Pineapple	Chicken Noodle Casserole 2 Buttered Peas Dinner Roll Fudge Brownie Cottage Cheese Fruit Plate Blueberry Muffin Rocky Road Pudding
Beef Roast 3 Mashed Potatoes & Gravy Glazed Carrots Angel Food Cake w/ Strawberries Sloppy Joe on Bun Potato Chips Broccoli Bacon Salad Whipped Jell-O	Meat Loaf 4 Parslied Potatoes Asparagus Fruit Cocktail Hot Dog on Bun Mashed Potatoes Mixed Vegetables Cookie	Submarine Sandwich 5 Macaroni Salad Lettuce/Tomato/Onion Ice Cream Float Goulash Buttered Corn Dinner Roll Chilled Fruit Cup	Chicken Fajita Salad 6 Tortilla Chips Southwest Dressing Garlic Breadstick Dessert Cart Grilled Ham & Cheese Sandwich Potato Chips Coleslaw Butterscotch Pudding	Chili 7 Deviled Eggs Corn Bread Muffin Ice Cream Novelty Chicken Alfredo California Blend Vegetable Dinner Roll Fruit Cocktail	Breaded Fish 8 Butter Peas Lemon Bar Turkey & Rice Casserole Broccoli & Cauliflower Dinner Roll Oatmeal Cookie	Beef Stew 9 Lettuce Salad w/Dressing Dinner Roll Fresh Fruit French Toast Syrup Sausage Patty Blushing Pears
Turkey 10 Mashed Potatoes/Gravy Creamed Corn Dinner Roll Pumpkin Pie w/Topping Goulash Green Beans Cornbread Fruited Jell-O w/Topping	Meatballs/Gravy 11 Mashed Potatoes Peas Chocolate Lasagna BBQ Pork Pattie Potato Salad Baked Beans Cookie	Scalloped Potatoes/Ham 12 Buttered Corn Dinner Roll Ice Cream Novelty Chicken Alfredo Buttered Noodles Breadstick Tossed Salad w/Dressing Mandarin Oranges	Chicken Kiev 13 Twice Baked Potato Green Bean Casserole Cream Puff Bratwurst on Bun Mashed Potato Sauerkraut Pudding w/Topping	Cream of Potato Soup 14 Chicken Salad Sandwich Crackers Summer Fruit Fluff Sloppy Joe on Bun Potato Chips Three Bean Salad Diced Peaches	Breaded Fish 15 Cheesy Mashed Potatoes Buttered Corn Dinner Roll Oatmeal Caramel Bar Egg Salad Sandwich Creamy Cucumber Salad Corn Chips Strawberries and Bananas	Tomato Soup 16 Grilled Cheese Sandwich Crackers Fudge Brownie Creamed Chicken over Biscuit Buttered Peas Lemon Pudding Tart
Glazed Ham 17 Sweet Potatoes Vegetable Blend Dinner Roll Fruit Pie Pulled Pork on Bun Pasta Salad Baked Beans Ice Cream	Pork Cutlet 18 Mashed Potatoes & Gravy Peas Frosted Cake Hamburger on Bun Lettuce /Tomato/Onion/Pickle Tater Tots Beets Butterscotch Pudding	Chicken Wild Rice Soup 19 Crackers Lettuce Salad w/Dressing Bread Stick Watermelon Tater Tot Casserole Dinner Roll Fruited Jell-O	Taco Salad 20 Doritos Corn Bread Dessert Cart BLT Sandwich Creamy Pasta Salad Applesauce	Lasagna 21 Green Beans Garlic Bread Ice Cream Sundae Egg Salad Sandwich Soup of the Day Crackers Peaches	Meatloaf 22 Baked Potato Buttered Carrots Rice Pudding Chicken Tenders Cheesy Mashed Potatoes Pork & beans Grapes	Beef Tips/Gravy 23 Mashed Potatoes Seasoned Broccoli Frosted Cake Pancakes Bacon Syrup Diced Pears

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Pork Roast 24 Mashed Potatoes & Gravy W.K. Corn Roll/Margarine Pie Corn Dog Potato Salad Beets Mandarin Oranges	Spaghetti w/ Meat Sauce 25 Lettuce Salad w/Dressing Garlic Bread Fresh Fruit Cheeseburger on Bun Tater Tots Carrot/Raisin Salad Lettuce/Tomato/Onion Chocolate Chip Cookie	Chicken Chow Mein 26 Over Rice Oriental Vegetables Root Beer Float Macaroni & Cheese Coleslaw Breadstick Fruited Jell-O	Chicken 27 Parley Mashed Potatoes Green Bean Casserole Dinner Roll Fudge Brownie Scalloped Potatoes & Ham Buttered Carrots Dinner Roll Butterscotch Pudding	Taco Casserole 28 Chuckwagon Corn Cornbread Dessert Cart Chicken Salad Sandwich Corn Chips Cucumber Tomato Salad Rosy Applesauce	Sweet Sour Meatballs 29 Baked Potato Green Beans Cubed Watermelon Fish Nuggets Mashed Potatoes Stewed Tomatoes Pineapple	Chicken Noodle Casserole 30 Buttered Peas Dinner Roll Fudge Brownie Cottage Cheese Fruit Plate Blueberry Muffin Rocky Road Pudding
Beef Roast 31 Mashed Potatoes & Gravy Glazed Carrots Angel Food Cake w/ Strawberries Sloppy Joe on Bun Potato Chips Broccoli Bacon Salad Whipped Jell-O						

****Meals Subject to Change

