



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning</p>	<p>MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality</p>				<p>1</p> <p>K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 3:00 Happy Hour Concert- in</p>	<p>2</p> <p>K 9:00 Chronicles- in room V 10:00 Exercise with Jenna- Channel 2 CC 11:15 Cooking Show- Channel 2 MM 1:30 Meditation and</p>
<p>3</p> <p>K 9:00 Chronicles- in room V 10:30 Morning Exercise- Channel 2 I 11:00 Inspired Sundays- Channel 2 L 2:00 Documentary- Channel 2</p>	<p>4</p> <p>K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 I 11:00 Poetry with Linda - UR GG 1:00 Bingo- AL Dining GF 2:00 Resident Council- AL DR</p>	<p>5</p> <p>K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Mindful Meditation-</p>	<p>6</p> <p>K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR S 1:30 Chef's Circle - UR L 1:45 Movie- Channel 2</p>	<p>7</p> <p>K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2</p>	<p>8</p> <p>K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 3:00 Happy Hour Concert- in</p>	<p>9</p> <p>K 9:00 Chronicles- in room CC 10:00 Surrey Wagon Rides- Outside V 10:15 Exercise with Jenna- Channel 2 CC 11:15 Cooking Show- Channel 2</p>
<p>10</p> <p>K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>11 Columbus Day</p> <p>K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 I 11:00 Poetry with Linda - UR GG 1:00 Bingo- AL Dining L 2:00 Tour of Germany-</p>	<p>12</p> <p>K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Mindful Meditation-</p>	<p>13</p> <p>K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR</p>	<p>14</p> <p>K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2</p>	<p>15</p> <p>K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 German Trivia- UR M 3:00 Happy Hour Concert- in</p>	<p>16</p> <p>K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn-</p>
<p>17</p> <p>K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>18</p> <p>K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 I 11:00 Poetry with Linda - UR GG 1:00 Bingo- AL Dining K 3:00 Word in Word- UR</p>	<p>19</p> <p>K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Mindful Meditation-</p>	<p>20</p> <p>K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR S 1:30 Chef's Circle - AL Dining Room L 1:45 Movie- Channel 2</p>	<p>21</p> <p>K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2</p>	<p>22</p> <p>K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 3:00 Happy Hour Concert- in</p>	<p>23</p> <p>K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn-</p>
<p>24</p> <p>K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>25</p> <p>K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 I 11:00 Poetry with Linda - UR GG 1:00 Bingo- AL Dining K 3:00 Word in Word- UR</p>	<p>26</p> <p>K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Mindful Meditation-</p>	<p>27</p> <p>K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR</p>	<p>28</p> <p>K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2</p>	<p>29</p> <p>K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 3:00 Happy Hour Concert- in</p>	<p>30</p> <p>K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn-</p>
<p>31 Halloween</p> <p>K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>						



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<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning</p>	<p>MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality</p>	<p>Activity locations: HCD - Health Care Dining UR - University Room L - Lobby In Room - delivered to individual rooms Bistro - Bistro</p>			<p>1 K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 2:30 Happy Hour Concert- Channel 2</p>	<p>2 K 9:00 Chronicles- in room V 10:00 Exercise with Jenna- Channel 2 CC 11:15 Cooking Show- Channel 2 MM 1:30 Meditation and Relaxation- Channel 2</p>
<p>3 K 9:00 Chronicles- in room V 10:30 Morning Exercise- Channel 2 I 11:00 Inspired Sundays- Channel 2 L 2:00 Documentary- Channel 2</p>	<p>4 K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 K 10:00 Bingo with Linda - HCD I 11:00 Poetry with Linda - UR L 1:30 LifeShare Games- UR V 2:00 Meditation and Relaxation- Channel 2</p>	<p>5 K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune CC 3:00 Root Beer Floats- In Room</p>	<p>6 K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR S 1:30 Chef's Circle - UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR</p>	<p>7 K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR GF 11:00 Resident Council- UR L 1:45 Movie- Channel 2</p>	<p>8 K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 2:30 Happy Hour Concert- Channel 2</p>	<p>9 K 9:00 Chronicles- in room CC 10:00 Surrey Wagon Rides- Outside V 10:15 Exercise with Jenna- Channel 2 CC 11:15 Cooking Show- Channel 2</p>
<p>10 K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>11 Columbus Day K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 K 10:00 Bingo with Linda - HCD I 11:00 Poetry with Linda - UR L 1:30 LifeShare Games- UR V 2:00 Meditation and Relaxation- Channel 2</p>	<p>12 K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Meditation and Relaxation- Channel 2</p>	<p>13 K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>14 K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>15 K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 German Trivia- UR M 2:30 Happy Hour Concert- Channel 2</p>	<p>16 K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn- Channel 2</p>
<p>17 K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>18 K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 K 10:00 Bingo with Linda - HCD I 11:00 Poetry with Linda - UR L 1:30 LifeShare Games- UR V 2:00 Meditation and Relaxation- Channel 2</p>	<p>19 K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Meditation and Relaxation- Channel 2</p>	<p>20 K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>21 K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>22 K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 2:30 Happy Hour Concert- Channel 2</p>	<p>23 K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn- Channel 2</p>
<p>24 K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>	<p>25 K 9:00 Chronicles- in room V 10:00 Chair Dance Aerobics- Channel 2 K 10:00 Bingo with Linda - HCD I 11:00 Poetry with Linda - UR L 1:30 LifeShare Games- UR V 2:00 Meditation and Relaxation- Channel 2</p>	<p>26 K 9:00 Chronicles- in room V 10:00 Bowling- UR M 10:30 Singalong with Beth- channel 2 (in room) K 1:30 Wheel of Fortune I 1:45 Meditation and Relaxation- Channel 2</p>	<p>27 K 9:00 Chronicles- in room I 9:45 Church Hymns - Channel 2 (in-room) GG 10:30 Noodle Ball-UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>28 K 9:00 Chronicles- in room I 10:00 Bible Study with Namurt- UR M 10:30 Inspirational Hymns on Guitar- UR L 1:45 Movie- Channel 2 A 2:00 Creative Crafts- UR I 5:45 History Channel 2</p>	<p>29 K 9:00 Chronicles- in room V 9:30 Broadcast: Breath Yoga class - in rooms V 10:00 Noodle Ball- UR GG 10:30 Yahtzee!- UR M 2:30 Happy Hour Concert- Channel 2</p>	<p>30 K 9:00 Chronicles- in room V 10:00 Exercise Class- UR K 10:30 Trivia- UR CC 11:15 Cooking Show- Channel 2 MM 1:30 Movie and Popcorn- Channel 2</p>
<p>31 Halloween K 9:00 Chronicles- in room V 10:30 Morning Exercise- UR I 11:00 Inspired Sundays- UR CC 2:00 Sunday Treat- In room L 2:30 Documentary- Channel 2</p>						



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Saturday

<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality</p>					<p>1</p> <p>V 9:00 Basketball K 9:30 Football Frenzy CC 10:45 Pumpkin Pie Chocolate Chip Cookies 12:45 Relax & Recharge A 2:00 Autumn Sun Printing</p>	<p>2</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Pumpkin Pie Truffles 12:45 Relax & Recharge A 2:00 Candy Corn Button Craft</p>
<p>3</p> <p>V 9:00 Costume Parade K 9:30 Fall Memories CC 10:45 BLT Dip 12:45 Relax & Recharge A 2:00 Wine Cork Pumpkins M 3:30 Celebrity Sunday</p>	<p>4</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem CC 10:45 Maple Oatmeal Cookies 12:45 Relax & Recharge A 2:00 Have a Gentle</p>	<p>5</p> <p>V 9:00 Pretzel Toss K 9:30 Create A Caption CC 10:45 Maple Oatmeal Cookies 12:45 Relax & Recharge A 2:00 Tissue Paper Leaves</p>	<p>6</p> <p>V 9:00 Stein Exercises K 9:30 Yard Sale CC 10:45 Beer Cheese Dip 12:45 Relax & Recharge A 2:00 Paper Pumpkins M 3:30 Name That Instrument</p>	<p>7</p> <p>V 9:00 POLKA! K 9:30 Let's Spell Fall CC 10:45 Pumpkin Cheesecake Swirl Muffins 12:45 Relax & Recharge A 2:00 Tissue Paper Flowers</p>	<p>8</p> <p>V 9:00 Basketball K 9:30 Football Frenzy CC 10:45 Apple Cider Cake 12:45 Relax & Recharge A 2:00 Salt Dough Ornaments S 2:30 Happy Hour</p>	<p>9</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Baked Coconut Custard 12:45 Relax & Recharge A 2:00 Salt Dough Ornaments M 3:30 Feel the Rhythm</p>
<p>10</p> <p>V 9:00 Costume Parade K 9:30 Fall Memories CC 10:45 Pumpkin Scones 12:45 Relax & Recharge A 2:00 Edelweiss Flower Picture</p>	<p>11 Columbus Day</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem CC 10:45 German Oktoberfest Stew 12:45 Relax & Recharge A 2:00 Shultute Cone</p>	<p>12</p> <p>V 9:00 Pretzel Toss K 9:30 Create A Caption CC 10:45 German Beer Cheese Spread 12:45 Relax & Recharge A 2:00 Lebkuchenherzen</p>	<p>13</p> <p>V 9:00 Stein Exercises K 9:30 Yard Sale CC 10:45 German Apple Cake 12:45 Relax & Recharge A 2:00 Edelweiss Ornament M 3:30 Name That Instrument</p>	<p>14</p> <p>V 9:00 POLKA! K 9:30 Let's Spell Fall CC 10:45 Pretzel Flight 12:45 Relax & Recharge A 2:00 German Creative Storytelling</p>	<p>15</p> <p>V 9:00 Basketball K 9:30 Football Frenzy CC 10:45 German Crock Pot Rice Pudding 12:45 Relax & Recharge A 2:00 Decorative Designs</p>	<p>16</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Broccoli Apple Cheese Soup 12:45 Relax & Recharge A 2:00 Melted Crayon</p>
<p>17</p> <p>V 9:00 Costume Parade K 9:30 Fall Memories CC 10:45 Pear Crisp 12:45 Relax & Recharge A 2:00 Dunkin Pumpkins M 3:30 Celebrity Sunday</p>	<p>18</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem CC 10:45 Apple Pecan Fall Salad 12:45 Relax & Recharge A 2:00 Brushless Painting M 3:30 Who Am I?</p>	<p>19</p> <p>V 9:00 Pretzel Toss K 9:30 Create A Caption CC 10:45 Cinnamon Roll Sugar Cookies 12:45 Relax & Recharge A 2:00 Salt Painting</p>	<p>20</p> <p>V 9:00 Stein Exercises K 9:30 Yard Sale CC 10:45 Berry Croissant Bake 12:45 Relax & Recharge A 2:00 Cut & Paste Pumpkin Face</p>	<p>21</p> <p>V 9:00 POLKA! K 9:30 Let's Spell Fall CC 10:45 Cheese Crispies 12:45 Relax & Recharge A 2:00 Paint with Wheels M 3:30 Groovin' Gospel</p>	<p>22</p> <p>V 9:00 Basketball K 9:30 Football Frenzy CC 10:45 Cornmeal Cookies 12:45 Relax & Recharge A 2:00 Sandpaper Painting S 2:30 Happy Hour</p>	<p>23</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Parmesan Brussel Sprouts & Dip 12:45 Relax & Recharge A 2:00 Tie Wreath</p>
<p>24</p> <p>V 9:00 Costume Parade K 9:30 Fall Memories CC 10:45 Cappuccino Muffins 12:45 Relax & Recharge A 2:00 Clay Hands M 3:30 Celebrity Sunday</p>	<p>25</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Autumn Poem CC 10:45 Red Lobster Cheddar Biscuits 12:45 Relax & Recharge A 2:00 Autumn Decor</p>	<p>26</p> <p>V 9:00 Pretzel Toss K 9:30 Create A Caption CC 10:45 Mexican Stuffed Avocados 12:45 Relax & Recharge A 2:00 Pinecone Mummies</p>	<p>27</p> <p>V 9:00 Stein Exercises K 9:30 Yard Sale CC 10:45 Apple Spice Dump Cake 12:45 Relax & Recharge A 2:00 Ghost Rocks M 3:30 Name That Instrument</p>	<p>28</p> <p>V 9:00 POLKA! K 9:30 Let's Spell Fall CC 10:45 Creamy Corn Casserole 12:45 Relax & Recharge A 2:00 Tissue Paper Pumpkin Favors</p>	<p>29</p> <p>V 9:00 Basketball K 9:30 Football Frenzy CC 10:45 Halloween Cream Cheese Swirl Brownies 12:45 Relax & Recharge A 2:00 Halloween Candy</p>	<p>30</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Candy Corn Crunch 12:45 Relax & Recharge A 2:00 Halloween Pumpkin Vase</p>
<p>31 Halloween</p> <p>V 9:00 Costume Parade K 9:30 Fall Memories CC 10:45 Hocus Pocus Buns 12:45 Relax & Recharge A 2:00 Halloween Wall Art M 3:30 Celebrity Sunday</p>						