



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Friday outings will be planned a week ahead with details and are subject to change due to Covid testing.	Notes:		A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About V - Vitality	1 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises O 1:30 Let's go Out on the Bus GF 3:00 Happy Hour "Apple	2 L 9:00 Daily Chronicles and Puzzles (IR) 9:00 Saturday Bingo Packets (IR) 2:00 Movie on channel 2 3:00 Healthy Hands and
3 L 9:00 Daily Chronicles and Puzzles (IR) I 9:00 Spiritual programming on Channel 59, 6, & 3 I 2:00 Church Service/Cynthiana	4 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises CC 1:00 Activity cart comes around	5 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises K 2:00 Bingo (HCDR) 6:15 Small Group Bible study	6 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises 2:00 Popcorn and a movie channel 2	7 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises GG 2:00 Bingo 3:30 Activity Cart	8 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises O 1:30 Let's go out for a Country Drive	9 L 9:00 Daily Chronicles and Puzzles (IR) 9:00 Saturday Bingo Packets (IR) 2:00 Movie on channel 2 M 3:00 October IQ Trivia
10 L 9:00 Daily Chronicles and Puzzles (IR) I 9:00 Spiritual programming on Channel 59, 6, & 3 2:00 Church Service / Indian Creek (Dale)	11 Columbus Day L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises CC 1:00 Activity cart comes around	12 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises K 2:00 Bingo (HCDR) 6:15 Small Group Bible study	13 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises 2:00 Popcorn and a movie channel 2	14 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises GG 2:00 Bingo 3:30 Activity Cart	15 L 9:00 Daily Chronicles and Puzzles (IR) 11:00 Let's Go Out on the Bus V 11:30 Movin' & Groovin' Group Exercises	16 L 9:00 Daily Chronicles and Puzzles (IR) 9:00 Saturday Bingo Packets (IR) 2:00 Movie on channel 2 M 3:30 Friends in the courtyard
17 L 9:00 Daily Chronicles and Puzzles (IR) I 9:00 Spiritual programming on Channel 59, 6, & 3 I 2:00 Union Baptist Church (in respective Dining	18 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises CC 1:00 Activity cart comes around	19 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises K 2:00 Bingo (HCDR) 3:00 Resident Council (IR)	20 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises 2:00 Popcorn and a movie channel 2	21 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises GG 2:00 Bingo 3:30 Activity Cart	22 L 9:00 Daily Chronicles and Puzzles (IR) O 10:30 Travel Day Let's Go Out on the Bus V 11:30 Movin' & Groovin' Group Exercises	23 L 9:00 Daily Chronicles and Puzzles (IR) 9:00 Saturday Bingo Packets (IR) 2:00 Movie on channel 2 M 3:00 October Trivia group
24 L 9:00 Daily Chronicles and Puzzles (IR) I 9:00 Spiritual programming on Channel 59, 6, & 3 2:00 Church Service / Silas Baptist	25 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises CC 1:00 Activity cart comes around	26 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises K 2:00 Bingo (HCDR) 6:15 Small Group Bible study	27 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises 2:00 Popcorn and a movie channel 2	28 L 9:00 Daily Chronicles and Puzzles (IR) V 11:30 Movin' & Groovin' Group Exercises GG 2:00 Bingo 3:30 Activity Cart	29 L 9:00 Daily Chronicles and Puzzles (IR) O 11:00 Halloween Scavenger Hunt V 11:30 Movin' & Groovin' Group Exercises	30 L 9:00 Daily Chronicles and Puzzles (IR) 9:00 Saturday Bingo Packets (IR) 2:00 Movie on channel 2 M 3:30 Group Trivia, All about
31 Halloween L 9:00 Daily Chronicles and Puzzles (IR) I 9:00 Spiritual programming on Channel 59, 6, & 3 2:00 Inspirational movie channel 2						Birthdays 10/29 - Jean R.



October 2021

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Birthdays 10/29 - Jean R.	Activities are subject to change.	Notes:			1 V Basketball K Football Frenzy CC Pumpkin Pie Chocolate Chip Cookies Relax & Recharge A Autumn Sun Printing M October Happy Hour	2 V Chair Swimming K Quick Words CC Pumpkin Pie Truffles Relax & Recharge A Candy Corn Button Craft M Feel the Rhythm CC Halloween Buns
3 V Costume Parade K Fall Memories CC BLT Dip Relax & Recharge A Wine Cork Pumpkins M Celebrity Sunday CC Pumpkin Patch	4 V Don't Worry, Be Happy K Autumn Poem CC Maple Oatmeal Cookies Relax & Recharge A Have a Gentle Conversation M Who Am I? CC Image Guess Game	5 V Pretzel Toss K Create A Caption CC Maple Oatmeal Cookies Relax & Recharge A Tissue Paper Leaves M Campfire Songs CC Needle Holder	6 V Stein Exercises K Yard Sale CC Beer Cheese Dip Relax & Recharge A Paper Pumpkins M Popcorn and a movie channel 2 CC News That Matters	7 V POLKA! K Let's Spell Fall CC Pumpkin Cheesecake Swirl Muffins Relax & Recharge A Tissue Paper Flowers M Gospel Gospel	8 V Basketball K Football Frenzy CC Apple Cider Cake Relax & Recharge A Salt Dough Ornaments M October Happy Hour CC Games We Played As Kids	9 V Chair Swimming K Quick Words CC Baked Coconut Custard Relax & Recharge A Salt Dough Ornaments M Feel the Rhythm CC Halloween Buns
10 V Costume Parade K Fall Memories CC Pumpkin Scones Relax & Recharge A Edelweiss Flower Picture M Church Service / Indian Creek (10:00)	11 Columbus Day V Don't Worry, Be Happy K Autumn Poem CC German Oktoberfest Stew Relax & Recharge A Shultute Cone M Who Am I? CC Image Guess Game	12 V Pretzel Toss K Create A Caption CC German Beer Cheese Spread Relax & Recharge A Lebkuchenherzen paper hearts M Campfire Songs CC Needle Holder	13 V Stein Exercises K Yard Sale CC German Apple Cake Relax & Recharge A Edelweiss Ornament M Popcorn and a movie channel 2 CC News That Matters	14 V POLKA! K Let's Spell Fall CC Pretzel Flight Relax & Recharge A German Creative Storytelling M Groovin' Gospel CC Games We Played As Kids	15 V Basketball K Football Frenzy CC German Crock Pot Rice Pudding Relax & Recharge A Decorative Designs M October Happy Hour CC Games We Played As Kids	16 V Chair Swimming K Quick Words CC Broccoli Apple Cheese Soup Relax & Recharge A Melted Crayon Pumpkins M Feel the Rhythm CC Halloween Buns
17 V Costume Parade K Fall Memories CC Pear Crisp Relax & Recharge A Dunkin Pumpkins M Church Service / Union Baptist (10:00)	18 V Don't Worry, Be Happy K Autumn Poem CC Apple Pecan Fall Salad Relax & Recharge A Brushless Painting M Who Am I? CC Image Guess Game	19 V Pretzel Toss K Create A Caption CC Cinnamon Roll Sugar Cookies Relax & Recharge A Salt Painting M Campfire Songs CC Needle Holder	20 V Stein Exercises K Yard Sale CC Berry Croissant Bake Relax & Recharge A Cut & Paste Pumpkin Face M Popcorn and a movie channel 2 CC News That Matters	21 V POLKA! K Let's Spell Fall CC Cheese Crispies Relax & Recharge A Paint with Wheels M Groovin' Gospel CC Games We Played As Kids	22 V Basketball K Football Frenzy CC Cornmeal Cookies Relax & Recharge A Sandpaper Painting M October Happy Hour CC Games We Played As Kids	23 V Chair Swimming K Quick Words CC Parmesan Brussel Sprouts & Dip Relax & Recharge A Tie Wreath M Feel the Rhythm CC Halloween Buns
24 V Costume Parade K Fall Memories CC Cappuccino Muffins Relax & Recharge A Clay Hands M Church Service / Silas Baptist (10:00)	25 V Don't Worry, Be Happy K Autumn Poem CC Red Lobster Cheddar Biscuits Relax & Recharge A Autumn Decor M Who Am I? CC Image Guess Game	26 V Pretzel Toss K Create A Caption CC Mexican Stuffed Avocados Relax & Recharge A Pinecone Mummies M Campfire Songs CC Needle Holder	27 V Stein Exercises K Yard Sale CC Apple Spice Dump Cake Relax & Recharge A Ghost Rocks M Popcorn and a movie channel 2 CC News That Matters	28 V POLKA! K Let's Spell Fall CC Creamy Corn Casserole Relax & Recharge A Tissue Paper Pumpkin Favors M Groovin' Gospel CC Games We Played As Kids	29 V Basketball K Football Frenzy CC Halloween Cream Cheese Swirl Brownies Relax & Recharge A Halloween Candy Wrappers M October Happy Hour	30 V Chair Swimming K Quick Words CC Candy Corn Crunch Relax & Recharge A Halloween Pumpkin Vase M Feel the Rhythm CC Halloween Buns
31 Halloween V Costume Parade K Fall Memories CC Hocus Pocus Buns Relax & Recharge A Halloween Wall Art M Inspirational movie channel 2 CC Halloween Buns						



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Birthdays 10/29 - Jean R.		Activities are subject to change.	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	O - Out & About V - Vitality	1 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Courtyard Yoga (weather permitting) GF 2:30 Tell us something good...	2 K 10:00 Daily Chronicle and puzzle (IR) GG 2:00 Movie on channel 2 GG 2:00 Bingo Packets (IR)
3 I 9:00 Spiritual programming on Channel 59, 6, & 3 K 10:00 Daily Chronicle and puzzle (IR) I 2:00 Church Service/Cynthiana Presb. (HCLR)	4 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group O 11:00 Let's Go Out (limited seating and must have admission tickets)	5 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group 2:00 Bingo 3:30 Nail Spa (HCLR)	6 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group I 1:30 Bible Study with Darlene	7 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR)	8 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Courtyard Yoga (weather permitting) GF 2:30 Happy Hour "Ice Cream Sundaes"	9 K 10:00 Daily Chronicle and puzzle (IR) GG 2:00 Movie on channel 2 GG 2:00 Bingo Packets (IR) M 3:00 October IQ Trivia (HCLR)
10 I 9:00 Spiritual programming on Channel 59, 6, & 3 K 10:00 Daily Chronicle and puzzle (IR) 2:00 Church Service / Indian Creek (Dale)	11 Columbus Day K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group O 11:00 Let's Go Out (limited seating and must have admission tickets)	12 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group 2:00 Bingo 3:30 German tradition trivia	13 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group I 1:30 Bible Study with Darlene	14 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR)	15 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Courtyard Yoga (weather permitting) GF 2:30 Happy Hour "Oktoberfest Happy"	16 K 10:00 Daily Chronicle and puzzle (IR) GG 2:00 Movie on channel 2 GG 2:00 Bingo Packets (IR) M 3:30 Friends in the courtyard for Random Trivia
17 I 9:00 Spiritual programming on Channel 59, 6, & 3 K 10:00 Daily Chronicle and puzzle (IR) I 2:00 Union Baptist Church (in respective Dining Room)	18 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group O 11:00 Let's Go Out (limited seating and must have admission tickets)	19 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group 2:00 Bingo 3:00 Resident Council (PCAR)	20 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group I 1:30 Bible Study with Darlene	21 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group 2:00 Game time (Euchre, puzzles, uno)	22 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Courtyard Yoga (weather permitting) GF 2:30 Tell us something good...	23 K 10:00 Daily Chronicle and puzzle (IR) GG 2:00 Movie on channel 2 GG 2:00 Bingo Packets (IR) M 3:00 October Trivia group
24 I 9:00 Spiritual programming on Channel 59, 6, & 3 K 10:00 Daily Chronicle and puzzle (IR) 2:00 Church Service / Silas Baptist	25 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group O 11:00 Let's Go Out (limited seating and must have admission tickets)	26 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group 2:00 Bingo 3:30 Nail Spa (HCLR)	27 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group I 1:30 Bible Study with Darlene	28 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Rise and Shine Exercise group K 2:00 Spooky Bingo M 5:30 Trunk or Treat Cruise	29 K 10:00 Daily Chronicle and puzzle (IR) V 10:30 Courtyard Yoga (weather permitting) O 11:00 Halloween Scavenger Hunt	30 K 10:00 Daily Chronicle and puzzle (IR) GG 2:00 Movie on channel 2 GG 2:00 Bingo Packets (IR) M 3:30 Group Trivia, All about Pasta
31 Halloween I 9:00 Spiritual programming on Channel 59, 6, & 3 K 10:00 Daily Chronicle and puzzle (IR) 2:00 Inspirational movie channel 2						All Road trips will be planned a week in advance with details and notification. Road trips are subject to change due to Covid testing and restrictions.