## Wellbrooke of South Bend -AL Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday!	1st Floor:Health Care (HC) Bistro Fireplace Union Poker Room (PR)  2nd Floor:Assisted Living (AL) Library	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality		9:45 Stretch and Tone (IP) 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) 4:30 Movie on Channel 2 (MT)	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
3  I 9:30 Catholic Sunday Mass (MT)  GG 10:30 Mad Libs (Library) I 10:45 Protestant Service (Channel 2)  A 1:30 Block Pumpkin Craft	T rucker Day (Library)	9:45 Stretch and Tone (IP) 10:30 Marbled Leaf Craft (AR) 1:30 Mystery Drive 3:00 Words & Wits Games (Fireplace) 4:30 Movie on Channel 2	9:45 Stretch and Tone (IP) 10:30 Name that Tune (HC Dining) 11:00 Communion with John (In-Room) 5 2:15 Chef Circle (Library)	7 9:45 Stretch and Tone (IP) 10:30 Making Music (AR) 1:30 Pictionary (Library) 3:00 Creative Canvas Painting Hour (AR)  4:30 Movie on Channel 2	9:45 Stretch and Tone (IP) 1 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) GF 4:30 Movie on Channel 2 (MT)	9 GF 9:30 Coffee and Donuts (Bistro) K 10:30 Brain Games (HC) K 1:30 Bingo (Library) GF 3:00 Movie on Channel 2 (MT)
10  1 9:30 Catholic Sunday Mass (MT)  GG 10:30 Mad Libs (Library)  1 10:45 Protestant Service (Channel 2)  A 1:30 Cinnamon Spice Dough	9:45 Meditation Monday (IP) 10:30 Froebel Stars: German Origami (AR)	9:45 Stretch and Tone (IP) 10:30 Famous Germans (Fireplace) 1:30 Taste of Germany 3:00 Just for Guys: Beer Tasting (PR)	<ul> <li>9:45 Stretch and Tone (IP)</li> <li>10:30 Beer Tent Hanging Wreaths (AR)</li> <li>11:00 Communion with John (In-Room)</li> <li>2:15 Chef Circle (Library)</li> </ul>	9:45 Stretch and Tone (IP) 10:30 German Wedding Traditions (Library) A 1:00 Beer Stein Painting (AR) 5 1:30 Resident Council Meeting (AR)	<ul> <li>9:45 Stretch and Tone (IP)</li> <li>10:30 Bible Study (MT)</li> <li>1:30 German Cooking in a Dash</li> <li>3:00 Oktoberfest Happy Hour (Bistro)</li> </ul>	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC) K 1:30 Bingo (Library) GF 3:00 Movie on Channel 2 (MT)
17 1 9:30 Catholic Sunday Mass (MT) GG 10:30 Mad Libs (Library) 1 10:45 Protestant Service (Channel 2) A 1:30 Jar Lid Owl Craft (AR)	K 1:30 Bingo (Library)	9:45 Stretch and Tone (IP) 10:30 Mason Jar Pumpkin (AR) 1:30 Mystery Drive 3:00 Words & Wits Games (Fireplace)	<ul> <li>9:45 Stretch and Tone (IP)</li> <li>10:30 Name that Tune (HC Dining)</li> <li>11:00 Communion with John (In-Room)</li> <li>2:15 Chef Circle (Library)</li> </ul>	9:45 Stretch and Tone (IP)  10:45 Family Fued (HC)  11:00 Taste of Town  1:30 Wellbrooke  Residents Inspired  Living Activity	22  V 9:45 Stretch and Tone (IP) 1 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3 3:00 Happy Hour (Bistro) 4:30 Movie on Channel 2 (MT)	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
I 9:30 Catholic Sunday Mass (MT) GG 10:30 Mad Libs (Library) I 10:45 Protestant Service (Channel 2) 1:30 Scarecrow Candy Jar	(Library)  1:30 Bingo (Library)	9:45 Stretch and Tone (IP) 10:30 Pumpkin Vase Craft (AR) 1:30 Mystery Drive 3:00 Words & Wits Games (Fireplace)	9:45 Stretch and Tone (IP) 10:30 Name that Tune (HC Dining) 11:00 Communion with John (In-Room) 5 2:15 Chef Circle (Library)	9:45 Stretch and Tone (IP) 10:30 Candypult Contest (AR) GG 1:30 Wellbrooke Auction (HC) A 3:00 Creative Canvas Painting Hour (AR)	9:45 Stretch and Tone (IP) 1 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) 4:30 Movie on Channel 2 (MT)	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
Halloween  1 9:30 Catholic Sunday Mass (MT)  GG 10:30 Mad Libs (Library)  1 10:45 Protestant Service (Channel 2)  A 1:30 Spooky Snow Globe						

Although the Covid-19 pandemic has changed how we offer some of our signature programs, we are dedicated to enriching your lives daily. Let us know if there is an activity we can bring to your room! Thank you for your continued commitment to social distancing and wearing masks in common areas of the building during activities if you are not vaccinated.

Wellbrooke of South Bend - HC
Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! TBD	1st Floor: Health Care (HC) Bistro Fireplace Union Poker Room (PR)  2nd Floor: Assisted Living (AL) Library Shamrock Dining (SD)	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality		9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) GF 4:30 Movie on Channel 2	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
9:30 Catholic Sunday Mass (MT) GG 10:30 Mad Libs (Library) 1 10:45 Protestant Service (Channel 2) A 1:30 Block Pumpkin Craft	9:45 Meditation Monday (IP) 10:15 Mindful Moments (HC) 10:30 Ten Four Talk Like a Trucker Day (Library)	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Marbled Leaf Craft (AR) 1:30 Mystery Drive 3:00 Words & Wits Games (Fireplace)	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Name that Tune (HC Dining) 1 11:00 Communion with John (In-Room)	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Making Music (AR) 1:30 Resident Council Meeting (PR) 3:00 Creative Canvas	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 1 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) 4:30 Movie on Channel 2	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
10 1 9:30 Catholic Sunday Mass (MT) GG 10:30 Mad Libs (Library) 1 10:45 Protestant Service (Channel 2) A 1:30 Cinnamon Spice Dough	A 10:30 Froebel Stars: German Origami (AR)  1:30 Prost! Oktoberfest	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Famous Germans (Fireplace) 1:30 Taste of Germany 3:00 Just for Guys: Beer	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) A 10:30 Beer Tent Hanging Wreaths (AR) I 11:00 Communion with John (In-Room)	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) 10:30 German Wedding Traditions (Library) A 1:00 Beer Stein Painting (AR) A 2:30 Alpine Hat Craft	<ul> <li>9:45 Stretch and Tone (IP)</li> <li>10:15 Mindful Moments (HC)</li> <li>10:30 Bible Study (MT)</li> <li>1:30 German Cooking in a Dash</li> <li>3:00 Oktoberfest Happy</li> </ul>	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
17  1 9:30 Catholic Sunday Mass (MT)  GG 10:30 Mad Libs (Library)  1 10:45 Protestant Service (Channel 2)  A 1:30 Jar Lid Owl Craft (AR)	L 10:30 Route 66 Day (Library) L 1:30 Bingo (Library) GF 3:00 Popcorn Social &	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) A 10:30 Mason Jar Pumpkin (AR) O 1:30 Mystery Drive GG 3:00 Words & Wits Games	20  V 9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) M 10:30 Name that Tune (HC Dining) I 11:00 Communion with John (In-Room)	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) K 10:45 Family Fued (HC) 5 11:00 Taste of Town S 1:30 Wellbrooke Residents Inspired	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) 1 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) GF 4:30 Movie on Channel 2	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
9:30 Catholic Sunday Mass (MT) GG 10:30 Mad Libs (Library) 1 10:45 Protestant Service (Channel 2) 1:30 Scarecrow Candy Jar	10:15 Mindful Moments (HC) 10:30 National Magic Day (Library) 1:30 Bingo (Library)	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Pumpkin Vase Craft (AR) 1:30 Mystery Drive 3:00 Words & Wits Games	<ul> <li>9:45 Stretch and Tone (IP)</li> <li>10:15 Mindful Moments (HC)</li> <li>10:30 Name that Tune (HC Dining)</li> <li>11:00 Communion with John (In-Room)</li> </ul>	9:45 Stretch and Tone (IP) MM 10:15 Mindful Moments (HC) A 10:30 Candypult Contest (AR) GG 1:30 Wellbrooke Auction (HC) A 3:00 Creative Canvas	9:45 Stretch and Tone (IP) 10:15 Mindful Moments (HC) 10:30 Bible Study (MT) 1:30 Cooking in a Dash 3:00 Happy Hour (Bistro) GF 4:30 Movie on Channel 2	GF 9:30 Coffee and Donuts (Bistro)  K 10:30 Brain Games (HC)  K 1:30 Bingo (Library)  GF 3:00 Movie on Channel 2 (MT)
31 Halloween  1 9:30 Catholic Sunday Mass (MT)  GG 10:30 Mad Libs (Library) 1 10:45 Protestant Service (Channel 2)  A 1:30 Spooky Snow Globe						

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Wellbrooke of South Bend
Legacy Lane



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking IF - Gathering of Friends IG - Group Games II - Inspirations II - Keeping it Sharp/Reminisce II - Music to My Ears II - Vitality	Happy Birthday! 8/20 Vera A				Basketball Football Frenzy Pumpkin Pie Chocolate Chip Cookies Relax & Recharge Autumn Sun Printing	Chair Swimming  CO Quick Words  CO Pumpkin Pie Truffles Relax & Recharge  A Candy Corn Button Craft  M Feel the Rhythm
Costume Parade Fall Memories BLT Dip Relax & Recharge Wine Cork Pumpkins Celebrity Sunday	CC Image Comp	V Pretzel Toss K Create A Caption C Maple Oatmeal Cookies Relax & Recharge Tissue Paper Leaves Campfire Songs	V Stein Exercises K Yard Sale Beer Cheese Dip Communion with John (In-Room) Relax & Recharge	POLKA!  K Let's Spell Fall  Pumpkin Cheesecake Swirl  Muffins  Relax & Recharge  Tissue Paper Flowers	Basketball K Football Frenzy C Apple Cider Cake Relax & Recharge Salt Dough Ornaments M October Happy Hour	Chair Swimming  Quick Words  Baked Coconut Custard Relax & Recharge  A Salt Dough Ornaments  Feel the Rhythm
Costume Parade Fall Memories Pumpkin Scones Relax & Recharge Edelweiss Flower Picture Celebrity Sunday	<ul> <li>Columbus Day</li> <li>Don't Worry, Be Happy</li> <li>Autumn Poem</li> <li>German Oktoberfest Stew</li> <li>Relax &amp; Recharge</li> <li>Shultute Cone</li> <li>Who Am I?</li> </ul>	Pretzel Toss Create A Caption German Beer Cheese Spread Relax & Recharge Lebkuchenherzen paper hearts Campfire Songs	V Stein Exercises K Yard Sale German Apple Cake Communion with John (In-Room) Relax & Recharge	POLKA!  Let's Spell Fall  Pretzel Flight Relax & Recharge German Creative Storytelling Groovin' Gospel	German Crock Pot Rice Pudding Relax & Recharge  Decorative Designs	Chair Swimming Quick Words Broccoli Apple Cheese Soup Relax & Recharge Melted Crayon Pumpkins Feel the Rhythm
Costume Parade Fall Memories Pear Crisp Relax & Recharge Dunkin Pumpkins Celebrity Sunday	Don't Worry, Be Happy  Autumn Poem  Apple Pecan Fall Salad Relax & Recharge Brushless Painting Who Am I?	Pretzel Toss Create A Caption Cinnamon Roll Sugar Cookies Relax & Recharge A Salt Painting Campfire Songs	<ul> <li>Stein Exercises</li> <li>Yard Sale</li> <li>Berry Croissant Bake</li> <li>Communion with John (In-Room)</li> <li>Relax &amp; Recharge</li> </ul>	POLKA!  Let's Spell Fall  Cheese Crispies Relax & Recharge Paint with Wheels  Groovin' Gospel	W Basketball K Football Frenzy C Cornmeal Cookies Relax & Recharge A Sandpaper Painting October Happy Hour	Chair Swimming Quick Words Parmesan Brussel Sprouts Dip Relax & Recharge Tie Wreath
Costume Parade Fall Memories Cappuccino Muffins Relax & Recharge Clay Hands Celebrity Sunday		V Pretzel Toss Create A Caption Mexican Stuffed Avocados Relax & Recharge Pinecone Mummies Campfire Songs	<ul> <li>V Stein Exercises</li> <li>K Yard Sale</li> <li>C Apple Spice Dump Cake</li> <li>I Communion with John (In-Room)</li> <li>Relax &amp; Recharge</li> </ul>	POLKA! Let's Spell Fall Concreamy Corn Casserole Relax & Recharge Tissue Paper Pumpkin Favors Groovin' Gospel	Football Frenzy Halloween Cream Cheese Swirl Brownies Relax & Recharge	V Chair Swimming C Quick Words C Candy Corn Crunch Relax & Recharge A Halloween Pumpkin Vase M Feel the Rhythm
Halloween  Costume Parade Fall Memories Hocus Pocus Buns Relax & Recharge Halloween Wall Art Celebrity Sunday						