+	The Willows at Harrodsburg
	Health Center



19/	+			+		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	MN - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality	All activities are subject to change - any additions or changes will be posted via Lifeshare.	Like us on Facebook at The Willows at Harrodsburg Follow us on Twitter @W_Harrodsburg		9:00 In Room Visits 10:00 Travelogue: Let's Visit Montana on Channel 2 M 10:30 Singing With the Royalty's! 5 2:00 Happy Hour!	9:00 In-Room Visits  GF 10:30 S'mores & Stories Outside  A 2:00 Saturday Art Activity: Punch Needle Embroidery
9:00 Fruit & Fun Cart Visits 1 10:30 Service from Salvisa Baptist Youth 2:00 Hymn Sing 3:00 Protestant Service on Broadcast Channel 2	9:00 Activity Cart Visits V 10:30 Skeeball Competition! GG 2:00 Bingo! V 3:30 Healthy Stretching on Channel 2 MM 4:00 Mindful Moments:	9:00 In-Room Visits 10:30 Music Class with Amanda 2:00 Making Toilet Paper Pumpkins! V 3:30 Sit and Be Fit on	9:00 Snack-Tivity Cart Visits  GF 10:30 Bingo Store Auction! 1 2:00 Words of Inspiration on Channel 2!  V 3:00 Yoga on the Patio!  MM 4:00 Mindful Moments:	9:00 In-Room Visits K 10:30 Group Crosswords! 5 2:00 Chef`s Circle S 2:00 Chef`s Circle GG 2:30 Bingo! MM 4:00 Mindful Moments:	9:00 In Room Visits 10:00 Travelogue: Let's Visit Nebraska on Channel 2 M 10:30 Singing With the Royalty's! S 2:00 Happy Hour!	9:00 In-Room Visits V 10:30 Morning Exercise on the Patio! A 2:00 Saturday Art Activity: Punch Needle Embroidery
9:00 Fruit & Fun Cart Visits 1 10:30 Touring the Aachen Cathedral on Channel 2 1 11:00 Protestant Service on Broadcast Channel 2 2:00 Hymn Sing	9:00 Activity Cart Visits 10:00 Dolly Parton Concert on Channel 2! 5 10:30 Just the Guys: Beer Tasting! 66 2:00 Bingo!	9:00 In-Room Visits V 10:30 Beer Stein Holding Contest! S 1:15 Calendar Planning Meeting A 2:30 Recreating German	9:00 Snack-Tivity Cart Visits V 10:00 Movin` to the Music on Channel 2! K 10:30 Outdoor Coffee & Conversation 1 2:00 Journaling Joys on	9:00 In-Room Visits K 10:30 German Group Trivia! 5 12:00 Oktoberfest Themed Lunch 5 2:00 Chef's Circle GG 2:30 Bingo!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Munich on Channel 2 M 10:30 Singing With the Royalty's! S 2:00 German Happy Hour!	9:00 In-Room Visits V 10:00 Chair Dancing on Channel 2 C 10:30 Making German Apple Strudels with Carla A 2:00 Saturday Art Activity:
9:00 Fruit & Fun Cart Visits 1 10:30 Catholic Service on Broadcast Channel 2 2:00 Service from Bruner's Chapel Church 3:30 Hymn Sing	9:00 Activity Cart Visits 10:00 Johnny Cash Concert on Channel 2! V 10:30 Balloon Volleyball! GG 2:00 Bingo! V 3:30 Healthy Stretching on	9:00 In-Room Visits V 10:30 Let's Play: Conversation Ball A 2:00 Crafting Sun Catchers! I 3:30 Finding Your Inner Self on Channel 2!	9:00 Snack-Tivity Cart Visits 1 10:00 Words to Laugh and Live by on Channel 2! V 10:30 Willows Golf! 1 2:00 Heart Health Tips on Channel 2!	9:00 In-Room Visits CC 10:15 The Willows at Harrodsburg Presents: Vaudeville Plays S 2:00 Chef's Circle GG 2:30 Bingo!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Colorado on Channel 2 M 10:30 Singing With the Royalty's! 5 2:00 Happy Hour!	9:00 In-Room Visits 10:30 Popcorn & Pleasantries 2:00 Saturday Art Activity: Punch Needle Embroidery  3:30 Animal Safari on
Broadcast Channel 2  M 2:00 Hymn Sing	9:00 Activity Cart Visits  GF 10:30 Ghost Stories & Hot Chocolate!  GG 2:00 Bingo!  V 3:30 Healthy Stretching on Channel 2	9:00 In-Room Visits GG 10:30 Yahtzee! 5 1:15 Resident Council-HC 5 1:15 Resident Council: HC A 2:00 Pumpkin Carving! V 3:30 Arm Exercises on	9:00 Snack-Tivity Cart Visits 1 10:00 Finding Your Self Worth on Channel 2! M 10:30 Sing-A-Long from the Life Enrichment Team! V 3:00 Yoga on the Patio!	9:00 In-Room Visits V 10:30 Big Frisbee Toss! S 2:00 Chef's Circle GG 2:30 Bingo! MM 4:00 Mindful Moments: Gardening	9:00 In Room Visits 10:00 Travelogue: Let's Visit Maine on Channel 2 M 10:30 Singing With the Royalty's! 5 2:00 Halloween Happy Hour!	9:00 In-Room Visits V 10:30 Morning Exercise on the Patio! A 2:00 Saturday Art Activity: Punch Needle Embroidery
9:00 Halloween Cart Cart Visits 1 10:30 Catholic Service on Broadcast Channel 2 K 11:00 Board Games 1 11:00 Protestant Service on						

+	The Willows at	Harrodsburg
	Personal Care	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Tuesday	vveunesday	Tilursuay		Jaturuay
A - Artisans CC - Community Connections CG - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears S - Signature Events V - Vitality	Ombudsman Rita Sallee (859) 209-0373	All activities are subject to change - any additions or changes will be posted via Lifeshare.		9:00 In Room Visits 10:00 Travelogue: Let's Visit Montana on Channel 2 M 10:30 Singing With the Royalty's! S 2:00 Happy Hour!	9:00 In-Room Visits 10:00 Movin` & Groovin on Channel 2!  GF 10:30 S'mores & Stories Outside A 2:00 Saturday Art Activity:
9:00 Fruit & Fun Cart Visits 1 10:30 Service from Salvisa Baptist Youth 2:00 Hymn Sing 1 3:00 Protestant Service on Broadcast Channel 2	9:00 Activity Cart Visits 10:30 Skeeball Competition! 3:30 Bingo! 3:30 Healthy Stretching on Channel 2	9:00 In-Room Visits 10:30 Music Class with Amanda 2:00 Making Toilet Paper Pumpkins! V 3:30 Sit and Be Fit on	2:00 Words of Inspiration on Channel 2!	9:00 In-Room Visits K 10:30 Group Crosswords! 5 2:00 Chef`s Circle 5 2:30 Bingo! K 6:00 Apples to Apples!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Nebraska on Channel 2 M 10:30 Singing With the Royalty's! 2:00 Happy Hour!	9:00 In-Room Visits V 10:30 Morning Exercise on the Patio! A 2:00 Saturday Art Activity: Punch Needle Embroidery
10	11 Columbus Day	12	13	14	15	16
9:00 Fruit & Fun Cart Visits 1 10:30 Touring the Aachen Cathedral on Channel 2 1 11:00 Protestant Service on Broadcast Channel 2 2:00 Hymn Sing	9:00 Activity Cart Visits  10:00 Dolly Parton Concert on Channel 2!  5 10:30 Just the Guys: Beer Tasting!  6 2:00 Bingo!	9:00 In-Room Visits V 10:30 Beer Stein Holding Contest! S 1:15 Calendar Planning Meeting A 2:30 Recreating German	9:00 Snack-Tivity Cart Visits V 10:00 Movin` to the Music on Channel 2! K 10:30 Outdoor Coffee & Conversation I 2:00 Journaling Joys on	9:00 In-Room Visits  K 10:30 German Group Trivia!  S 12:00 Oktoberfest Themed Lunch  S 2:00 Chef's Circle  GG 2:30 Bingo!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Munich on Channel 2 M 10:30 Singing With the Royalty's! S 2:00 German Happy Hour!	9:00 In-Room Visits V 10:00 Chair Dancing on Channel 2 C 10:30 Making German Apple Strudels with Carla A 2:00 Saturday Art Activity:
17	18	19	20	21	22	23
9:00 Fruit & Fun Cart Visits  1 10:30 Catholic Service on Broadcast Channel 2  1 2:00 Service from Bruner's Chapel Church  3:30 Hymn Sing	9:00 Activity Cart Visits  10:00 Johnny Cash Concert on Channel 2!  10:30 Balloon Volleyball!  2:00 Bingo!  3:30 Healthy Stretching on	9:00 In-Room Visits V 10:30 Let's Play:	9:00 Snack-Tivity Cart Visits  1 10:00 Words to Laugh and Live by on Channel 2!  V 10:30 Willows Golf!  1 2:00 Heart Health Tips on Channel 2!	9:00 In-Room Visits CC 10:15 The Willows at Harrodsburg Presents: Vaudeville Plays S 2:00 Chef's Circle GG 2:30 Bingo!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Colorado on Channel 2 M 10:30 Singing With the Royalty's! 5 2:00 Happy Hour!	9:00 In-Room Visits 10:30 Popcorn & Pleasantries 2:00 Saturday Art Activity: Punch Needle Embroidery 3:30 Animal Safari on
24	25	26	27	28	29	30
9:00 Fruit & Fun Cart Visits  1 10:30 Catholic Service on Broadcast Channel 2  1 11:00 Protestant Service on Broadcast Channel 2  M 2:00 Hymn Sing	9:00 Activity Cart Visits  GF 10:30 Ghost Stories & Hot Chocolate!  GG 2:00 Bingo!  V 3:30 Healthy Stretching on Channel 2	9:00 In-Room Visits GG 10:30 Yahtzee! A 2:00 Pumpkin Carving! V 3:30 Arm Exercises on Channel 2! GF 6:00 Getting to Know Your	0 0	9:00 In-Room Visits V 10:30 Big Frisbee Toss! S 2:00 Chef`s Circle GG 2:30 Bingo! K 6:00 Pokeno!	9:00 In Room Visits 10:00 Travelogue: Let's Visit Maine on Channel 2 M 10:30 Singing With the Royalty's! 5 2:00 Halloween Happy Hour!	9:00 In-Room Visits V 10:30 Morning Exercise on the Patio! A 2:00 Saturday Art Activity: Punch Needle Embroidery
31 Halloween						
9:00 Halloween Cart Cart Visits 1 10:30 Catholic Service on Broadcast Channel 2 11:00 Board Games 1 11:00 Protestant Service on						