

October Activities
Assisted Living

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 You Tube Arm Chair Travel 2:30 Manicures (AL) 3:30 Happy Hour 4:00 Popcorn	2 10:00 Quarter BINGO 1:00 Lets Walk 3:30 Activity Sheet Packet
3 10:30 Let's Walk 1:00 Allan and Lorraine Abrahamson 2:00 Movie (AL Community Room) 3:00 Coloring Pages Packet	4 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 Sing Fit 1:30 Scavenger Hunt 2:00 Candy Bingo 6:00 Movie Night (AL & MC)	5 10:00 Exercise 11:00 Name that Croon (TV in Dining Room) 1:00 Trivia 2:00 Worship with Pastor Sandusky 3:30 Reading Club	6 8:30 Coffee and Chat 10:00 Live2BHealthy 1:15 One on Ones 2:00 Snack BINGO 3:30 Sing Fit AL (In the Library)	7 10:00 Exercise 10:30 News Current 11:30 Trivia 1:00 Resident Meeting (In Community Room) 2:30 Reading Club 5:00 Cassie and Randy Outdoor Concert	8 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 You Tube Arm Chair Travel 2:30 Manicures (AL) 2:30 Show Your Pink! 3:30 Happy Hour 4:00 Popcorn	9 10:00 Quarter BINGO 1:00 Lets Walk 3:30 Activity Sheet Packet
10 10:30 Let's Walk 1:00 Allan and Lorraine Abrahamson 2:00 Movie (AL Community Room) 3:00 Coloring Pages Packet	11 Columbus Day 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 Sing Fit 1:30 Scavenger Hunt 2:00 Candy Bingo 6:00 Movie Night (AL & MC)	12 10:00 Exercise 11:00 Name that Croon (TV in Dining Room) 1:00 Trivia 2:00 Worship with Pastor Lashmit 3:30 Reading Club	13 8:30 Coffee and Chat 10:00 Live2BHealthy 1:15 One on Ones 2:00 Snack BINGO 3:30 Sing Fit AL (In the Library)	14 10:00 Exercise 10:30 News Current 11:30 Trivia 1:00 Bus Ride 2:30 Reading Club 4:00 Shopping List	15 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 You Tube Arm Chair Travel 2:30 Manicures (AL) 3:30 Happy Hour 4:00 Popcorn	16 10:00 Quarter BINGO 1:00 Lets Walk 3:30 Activity Sheet Packet

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17 10:30 Let's Walk 1:00 Allan and Lorraine Abrahamson 2:00 Movie (AL Community Room) 3:00 Coloring Pages Packet	18 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 Sing Fit 1:30 Scavenger Hunt 2:00 Candy Bingo 6:00 Movie Night (AL & MC)	19 10:00 Exercise 11:00 Name that Croon (TV in Dining Room) 1:00 Trivia 2:00 Worship with Pastor Amundson 3:30 Reading Club	20 8:30 Coffee and Chat 10:00 Live2BHealthy 1:15 One on Ones 2:00 Snack BINGO 3:30 Sing Fit AL (In the Library)	21 10:00 Exercise 10:30 News Current 11:30 Trivia 1:00 Bus Ride 2:30 Reading Club 4:00 Shopping List	22 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 You Tube Arm Chair Travel 2:30 Manicures (AL) 3:30 Happy Hour 4:00 Popcorn 5:00 Pizza and Beer Night	23 10:00 Quarter BINGO 1:00 Lets Walk 3:30 Activity Sheet Packet
24 10:30 Let's Walk 1:00 Allan and Lorraine Abrahamson 2:00 Movie (AL Community Room) 3:00 Coloring Pages Packet	25 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 Sing Fit 1:30 Scavenger Hunt 2:00 Candy Bingo 6:00 Movie Night (AL & MC)	26 10:00 Exercise 11:00 Name that Croon (TV in Dining Room) 1:00 Trivia 2:00 Worship with Pastor Reising 3:30 Reading Club	27 8:30 Coffee and Chat 10:00 Live2BHealthy 1:15 One on Ones 2:00 Snack BINGO 3:30 Sing Fit AL (In the Library)	28 10:00 Exercise 10:30 News Current 11:30 Trivia 1:00 Bus Ride 2:30 Reading Club 4:00 Shopping List	29 8:30 Coffee and Chat 10:00 Live2BHealthy 1:00 You Tube Arm Chair Travel 2:30 Manicures (AL) 3:30 Happy Hour 4:00 Popcorn	30 10:00 Quarter BINGO 1:00 Lets Walk 3:30 Activity Sheet Packet
31 Halloween 10:30 Let's Walk 1:00 Allan and Lorraine Abrahamson 2:00 Movie (AL Community Room) 3:00 Coloring Pages Packet						