

October 2021

Reflections on the Pond

Golden Pond Senior Living *RCFE 347000985



Celebrating October Birthdays

Positive Attitude Month



Residents

Lou Ave Flodeen	10/09
Doris De Vader	10/11
Clevelyn Mentillo	10/13
Marvin Vore	10/15
Margaret Allen	10/16
Naomi Fukuhara	10/18
Sabra Pendleton	10/19
Barry Wood	10/25
William Chow	10/26

Staff

Cruz Garcia (Maint.)	10/17
Sarah Mccullough (Care)	10/22
Gurpreet Jhooty (Care)	10/25

~Happy October ~

October brings the beautiful autumn colors. It is the time of the year to enjoy the cool weather and gather as a community to celebrate the good things that we enjoy safely. There's a theme every Friday. We will start off the month wearing pink on October 1st for Breast Cancer Awareness Month. Let's show our support by wearing pink for all that's affected by breast cancer.



Check out the enclosed flyer for October Theme Days to know what's next for every Friday. Let's have some fun during the month of October!



Upcoming Events/Activities

Come check out the Activities that are taking place in the month of October. Listed below are events that occur consistently throughout October:

- Painting ~ **every Monday** ~ 10:00am
- Exercise w/Andre ~ **every Wednesday** 9:40am
- Micah Visits ~ **every Friday** ~ 10:00am
- Art Reveals ~ **every 4th Thursday** ~ 1:30pm



We love celebrating birthdays with our residents. Family celebrations are the best.

Riddle of the Month

If you drop me, I'm sure to crack, but give me a smile and I'll always smile back. What am I?

Answer: A mirror

Live Music Line-Up for October

1st ~ Jerry Lopes in the AC ~
Moving & Grooving~2pm

5th ~ Skip Morgan in the AC ~
Come sing along ~ 1:30pm

6th ~Midtown Jazz in the DR~
Come fill the vibe ~2 pm

13th ~ Alvin in the AC ~ 3:30pm

15th ~ Linda Bracamonte in the AC~
She will have you blushing ~3pm

18th ~ Ciprian in the AC~
Lederhosen time ~ 2pm

26th~ Brandon Andronesi in the AC
His voice & accordion will move your soul ~2:00pm



Horse Racing

The sport of racing horses extends back to the early domestication of horses by nomadic tribesmen in Central Asia. Since that time horse racing has taken place in a variety of settings and by a variety of people. Horse racing as we know it today had its beginnings in the 12th Century.



Triple Crown Race



A triple crown race consists of three races which include The Kentucky Derby; The Preakness; The Belmont. In which you must win all three races in order to achieve the triple crown. Background was given to the residents before the start of the race. The

residents on the Pond then raced each other, rolling the die riding passed one another. The leading races were taken by #1 and #4. The residents helped each other out by taking part in moving the horses forward and cheering each other on.



Don't Be Scared

Each October, scarecrows begin to appear in and around the village of Pietrebais in Belgium. In some years, hundreds of scarecrows appear. In others, a scant dozen or fewer. No one knows why or how the tradition began 21 years ago in the year 2000, but it is a tradition that has continued ever since.

In the 1500s, it was common for farmers to hire guards to protect their crops from animal pests and thieves. The guards sometimes slept in the fields in straw huts or stood watch on wooden platforms. But as farms grew, farmers could no longer afford to employ vast numbers of guards. They began instead to use human-like watchers. These first scarecrows were erected in the spring, topped with animal skulls or fashioned out of rotting vegetables, or hung on crosses in the image of Christ's crucifixion. They served one purpose: to scare pests like crows away from valuable crops. It seems that these scarecrows have earned a spooky reputation ever since. But in Belgium, there is no need to fear. The scarecrows are often dressed like happy or silly villagers welcoming visitors to Pietrebais.

Who's There?



Knock knock. Who's there?
October 31st. October 31st who?
Did you know that October 31st
is Knock-Knock Joke Day? It is
no coincidence that this holiday
coincides with Halloween. As
children rove door-to-door asking
"Trick or treat," they can offer knock-knock jokes
as compensation for their candy and goodies.

The origin of the knock-knock joke is anything but clear-cut, but clever historians have uncovered bits of American popular culture that present a convoluted history of its creation. Before the knock-knock joke, there was the "Do You Know" joke. Around the year 1900, it was common for joke tellers to ask something like, "Do you know Arthur?" To which the person would reply, "Arthur who?" The jokester would then reveal the punchline: "Arthurmometer!" This groan-worthy punchline, with its silly play on words, foreshadowed the sort of punchlines knock-knock jokes would become famous for. But where did the door-knocking imagery come from?

In 1929, author Henry Bett wrote the book *The Games of Children: Their Origin and History*. In it, Bett describes a common game called "Buff" in which a player would tap with a stick and say "Knock knock," to which another player would respond, "Who's there?" Is it coincidence that by the mid-1930s the joke form and the children's game had been combined? Knock-knock jokes were suddenly everywhere. Businesses held knock-knock joke contests. Bands incorporated knock-knock jokes into their songs. In 1936, the nomination of Col. Frank Knox as the Republican vice-presidential candidate inspired radio stations and newspapers in Harrisburg, Pennsylvania, to tell Knox-Knox jokes.

Meanwhile, the *Kerrville Times* newspaper in Texas expressed sheer bafflement over the knock-knock joke phenomenon: "Who started it, where, and what it is called is a mystery." At the end of 1936, psychologist D.A. Laird called the compulsion to tell knock-knock jokes a mania and a sickness.

October Birthdays

In astrology, those born from October 1–23 balance the scales of Libra. Libras are peaceful and fair, and value balance and symmetry. For this reason, they often champion justice and equality. Those born from October 24–31 are Scorpions of Scorpio. Scorpions are passionate, dedicated, and resourceful. Scorpions may seem intimidating, but they are just no-nonsense people who value honesty and loyalty above all else.

Donna Karan (designer) – Oct. 2, 1948
Chubby Checker (singer) – Oct. 3, 1941
Chevy Chase (comedian) – Oct. 8, 1943
Henry Heinz (food magnate) – Oct. 11, 1844
Marie Osmond (entertainer) – Oct. 13, 1959
Penny Marshall (director) – Oct. 15, 1943
Naomi Osaka (tennis star) – Oct. 16, 1997
Kamala Harris (vice president) – Oct. 20, 1964
Pele (soccer player) – Oct. 23, 1940
Jonas Salk (doctor) – Oct. 28, 1914
John Candy (comedian) – Oct. 31, 1950

What is your halloween Costume this year?



Stay updated with next months newsletter to look at some of the cool costumes that were worn here at the pond.

Happy Halloween!!!