


October 2021

In The Moment - Memory Support



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>October cont'd 31</p> <p>Halloween</p> <p>9:30 Art/Folding 1:00 Baking/Busy Hands 2:30 Mike Entertains 3:00 Reminisce Conversations 6:00 Aromatherapy</p>		<p>3265 Blue Oaks Drive Auburn, CA 95602 530-887-8600</p>	<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>Healthy Snacks & Hydration offered throughout each day!</p>	<p>9:00 CE Mind Joggers 1 11:15 Tap your Toes 1:00 Busy Hands 2:00 Artistic moments 3:00 LL Snacks and Chats 6:00 LL Reminisce</p>	<p>9:30 AE Creative corner 2 10:15 CE Story Time 11:15 Exercise Fun 1:00 Spa Time 2:30 Busy Hands 3:30 Sing-a-Long 6:30 CE Trivia</p>
<p>9:30 Busy Hands 3 10:00 Snacks and Chats 11:15 PE Light and Lively 1:00 Baking/Busy Hands 2:30 AE Artistic Moments 6:00 Evening Stroll</p>	<p>10:30 CE Reading Round table 4 11:30 Fitness Fun 1:00 Puzzle Perfect 2:00 CC Alexi Entertains 3:45 Sittercise 6:00 Reminisce</p>	<p>9:30 LL Whistle while you work 5 10:30 CC Service Project 11:30 PE Fitness Fun 1:00 Kitchen crafts 2:30 Mike Entertains 6:00 Finish the Phrase</p>	<p>9:30 Art Therapy 6 11:15 PE Exercise 12:00 Family Council 1:00 CE Word Games 2:00 LL Sewing Circle 3:30 Let's Sing 6:00 Aromatherapy</p>	<p>9:00 Coffee and Crossword 7 10:15 SS Trish's Spiritual Moments 11:15 Tap your Toes 1:30 Cards/Games 2:30 Mike Entertains 4:15 PE Sittercise 6:00 Games</p>	<p>9:00 Quotes 8 9:30 Folding 10:00 Snacks and Chats 11:15 PE Let's move it! 1:00 Puzzles 3:45 Fitness Fun 4:15 AE Sing-a-Long 6:30 LL Spa Time</p>	<p>9:30 AE Art fun 9 10:15 CE Story Time 11:15 Light and Lively exercises 1:30 Kitchen Crafts 3:15 Busy Hands 4:00 Rhythm & Motion 6:00 Evening Stroll</p>
<p>9:30 Art fun 10 10:30 SS Mike & Friends 1:00 Baking/Busy Hands 2:30 Mike Entertains 3:00 Reminisce Conversations 6:00 LL Games</p>	<p>Columbus Day 11 9:30 Folding 10:30 CE Reading Round table 1:00 Spa Time 3:30 CC Alvin Entertains 4:15 Stretch and Flex 6:00 CE Arm Chair Travels</p>	<p>9:30 CE Positive Quotes 12 10:00 Snacks and Chats 10:30 Reading Roundtable 1:00 Desert Making [DR] 3:30 AE Sing-a-Long 6:00 Ball Toss</p>	<p>9:00 Folding 13 9:45 CE Taste and Tell 10:00 Snacks and Chats 11:15 Sittercise 1:30 Harp Music Therapy 3:30 Rhythms & Motion 6:00 LL Movie Time</p>	<p>9:00 Puzzles 14 10:15 SS Trish's Spiritual Moments 11:30 Let's move it! 1:30 Cards/Games 2:30 Country Bus Ride 6:00 Mind Joggers</p>	<p>9:00 Folding 15 10:00 Snacks and Chats 1:00 LL Cooking Fun 3:00 Puzzles 4:00 PE Rhythms & Motion 6:00 Reminisce</p>	<p>9:30 LL Busy Hands 16 10:15 CE Story Time 11:15 Silver Sneakers 1:00 Magazines 3:00 Snacks and Chats 4:00 AE Singing 6:30 Games</p>
<p>9:30 Busy Hands 17 10:00 Folding 11:00 PE Move and Groove 1:00 Baking/Busy Hands 2:30 Mike Entertains 3:00 LL Lemonade Time 4:00 Singing 6:00 Catch that Ball</p>	<p>9:30 AE Artistic Moments 18 10:30 CE Reading Round table 1:00 Watercolors 2:30 CC Curt Entertains 3:30 LL Sing-a-Long 7:00 Snacks and Chats</p>	<p>9:30 LL Busy Hands 19 10:00 Tea Time 10:30 CC Service Project 1:30 Spa Time 4:15 PE Tap your Toes 6:00 Hand Massages</p>	<p>9:00 Artistic Moments 20 9:45 Travel Talks 10:00 Snacks and Chats 11:15 PE Flexible Stretch 2:00 CC Sewing Circle 3:30 Musical Moments 6:00 CE Finish the Phrase</p>	<p>9:00 Word games 21 9:30 Artistic Moments 10:15 SS Trish's Spiritual Moments 1:30 Cards/Games 2:00 CC Mike Entertains 2:30 Mike Entertains 6:00 Tall Tales</p>	<p>9:00 Busy Hands 22 10:00 Snacks and Chats 11:00 Stretch and Flex 1:00 CE Puzzle Perfect 3:30 AE Sing-a-Long 4:15 Sit and be Fit 6:00 Ring Toss</p>	<p>9:15 CE Story Time 23 10:30 AE Artistic Moments 11:15 Stretch and strengthen 1:00 LL Spa Time 3:30 Music Time 6:00 Matinee 6:30 Games</p>
<p>9:30 Art fun 24 10:00 Coffee time 11:15 PE Light and Lively 1:00 Baking/Busy Hands 2:30 Mike Entertains 6:00 CE Finish the Phrase</p>	<p>9:00 Folding 25 10:30 CE Reading Round table 11:15 Stretch and Flex 1:00 Craft Fun 2:30 LL Whistle while you work 3:30 Music Time 6:00 Evening Stroll</p>	<p>9:00 Artistic Moments 26 9:30 Puzzle Perfect 10:30 Artistic Moments 10:30 Reading Roundtable 11:30 Tap your Toes 1:30 CC Animal Therapy 3:30 AE Musical Moments 6:00 Ball Toss</p>	<p>9:00 CE Word Games 27 9:45 CE Taste and Tell 10:00 Snacks and Chats 11:15 Light and Lively 1:30 Harp Music Therapy 3:00 LL Birthday Bash 7:00 Snacks and Chats</p>	<p>9:00 Puzzles 28 10:15 SS Trish's Spiritual Moments 1:00 LL Kitchen crafts 1:30 Cards/Games 2:30 Country Bus Ride 4:15 PE Simple Stretches 7:00 Conversations</p>	<p>9:30 Busy Hands 29 10:00 Snacks and Chats 11:00 PE Stretch and Flex 1:00 Puzzles/Spa Time 6:30 LL Busy boxes 6:30 Matinee</p>	<p>9:15 CE Story Time 30 9:30 Art fun 11:15 PE Stretch and Flex 1:00 LL Let's Bake 4:00 Rhythm & Motion 6:30 Games</p>

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