

# October 2021 Sage Glendale Activities & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October cont'd</b> <b>31</b> <b>Halloween</b> 8:30 PE Morning Walk 11:00 LL Bingo! 11:30 PE Table Tennis [P] 1:30 CE Documentary Club [T] 3:00 LL Spooky Ice Cream Social [B] 6:00 LL Sunday Evening Cinema [T]	 The new standard in excellence.			<b>Location Keys</b> Activities Room, 1st Floor A Bistro, 1st Floor B Card Room, 1st Floor C Demo Kitchen, 5th Floor DK Fitness Center, 3rd Floor FC Living Room, 1st Floor LR Meet in Lobby, 1st Floor L Memory Care, 2nd Floor MC Patio, 1st Floor P Theatre, 1st Floor T	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 LL Step by Step Painting [A] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL TGIF Social w/Ed Simpson [B] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 10:00 CE Coffee Club [B] 10:00 LL Nostalgia TV [T] 10:30 SS Fur Friends [P] 11:30 LL Cranium Crunches! [B] 1:30 PE Stretch & Meditation [A] 3:00 LL Bingo! [A]
8:30 PE Morning Walk 10:00 CE Coffee Club [B] 11:00 LL Bingo! 11:30 PE Table Tennis [P] 1:30 CE Documentary Club [T] 3:00 LL Ice Cream Social [B] 6:00 LL Sunday Evening Cinema [T]	8:30 PE Morning Walk [L] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 LL Live Music with Larry Evans [LR] 11:30 LL Let's Play Cards! 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 AE Snacks & Crafts 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:30 CC Learn to Play Rummikub [C] 1:00 PE Chair Aerobics [FC] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL Bingo! [A] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 AE Autumn Centerpiece [A] 11:00 SS Inspiring Words For Today [C] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 2:00 LL Mid-Week Matinee [T] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CE Book Review [LR] 11:30 CE Sweet Life Cooking Club [DK] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL Tea & Talk [B] 6:30 LL Let's Play UNO [C] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 AE Meditative Drawing 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL TGIF Social [B] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 10:00 CE Coffee Club [B] 10:00 LL Nostalgia TV [T] 11:30 LL Cranium Crunches! [B] 1:30 PE Stretch & Meditation [A] 3:00 LL Bingo! [A]
8:30 PE Morning Walk 10:00 CE Coffee Club [B] 11:00 LL Bingo! 11:30 PE Table Tennis [P] 1:30 CE Documentary Club [T] 3:00 LL Ice Cream Social [B] 6:00 LL Sunday Evening Cinema [T]	<b>Columbus Day</b> 8:30 PE Morning Walk [L] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 LL Sing-A-Long with Judy Kjos [LR] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 AE Snacks & Crafts 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:30 CC Learn to Play Rummikub [C] 1:00 PE Chair Aerobics [FC] 1:00 LL Shopping at Target [L] 1:30 PE Open Gym [FC] 3:00 LL Bingo! [A] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 SS Inspiring Words For Today [C] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 2:00 LL Mid-Week Matinee [T] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:30 CE Sweet Life Cooking Club [DK] 1:00 LL Jackie's Closet [A] 1:30 PE Open Gym [FC] 6:30 LL Jigsaw Puzzlers [C] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:00 LL Step by Step Painting [A] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL Live Music with Mike and Letitia [B] 3:00 LL TGIF Social [B] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 10:00 CE Coffee Club [B] 10:00 LL Nostalgia TV [T] 10:30 SS Fur Friends Pet Visit [P] 11:30 LL Cranium Crunches! [B] 1:30 PE Stretch & Meditation [A] 3:00 LL Bingo! [A]
8:30 PE Morning Walk 10:00 CE Coffee Club [B] 11:00 LL Bingo! 11:30 PE Table Tennis [P] 1:30 CE Documentary Club [T] 3:00 LL Ice Cream Social [B] 6:00 LL Sunday Evening Cinema [T]	8:30 PE Morning Walk [L] 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:30 LL Let's Play Cards! 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 AE Snacks & Crafts 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 CE Coffee Club [B] 11:30 CC Learn to Play Rummikub [C] 1:00 PE Chair Aerobics [FC] 1:00 LL Shopping at Target [L] 1:30 PE Open Gym [FC] 3:00 LL Bingo! [A] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk 9:00 LL Morning News (TV) [LR] 10:00 AE Paint-a-Pumpkin [A] 11:00 SS Inspiring Words For Today [C] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 2:00 LL Mid-Week Matinee [T] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 10:00 CC Lifestyle & Leisure Resident Meeting [B] 11:00 LL Live Music with Larry Evans [LR] 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL Tea & Talk [B] 6:30 LL Learn to Play Backgammon [C] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 9:00 LL Morning News (TV) [LR] 11:00 AE Meditative Drawing 1:00 PE Chair Aerobics [FC] 1:30 PE Open Gym [FC] 3:00 LL TGIF Social with Francesca Sola [B] 7:00 LL Jeopardy (TV) [LR] 7:30 LL Wheel of Fortune (TV) [LR]	8:30 PE Morning Walk [P] 10:00 LL Nostalgia TV [T] 11:30 LL Cranium Crunches! [B] 1:30 PE Stretch & Meditation [A] 3:00 LL Bingo! [A]
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