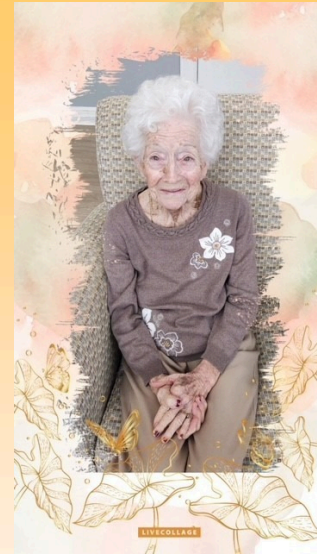


Happy Fall Y'all!

Awesome Ann



"Welcome to Fall guys!" "Take time to enjoy this beautiful season of the year!"



Concert by Jamie and Friends



Autumn

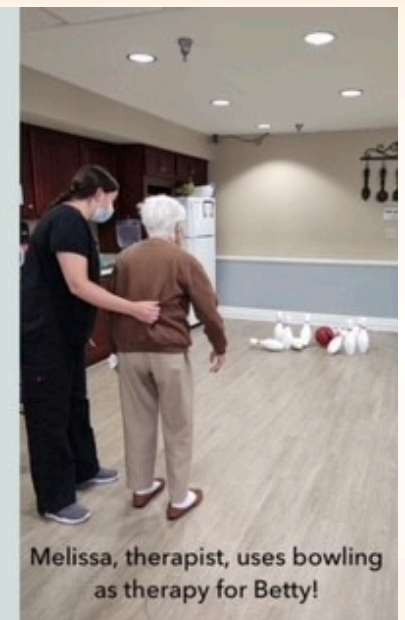
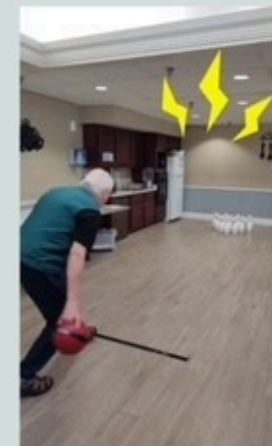
October 2021



Pheasant Ridge
Senior Living

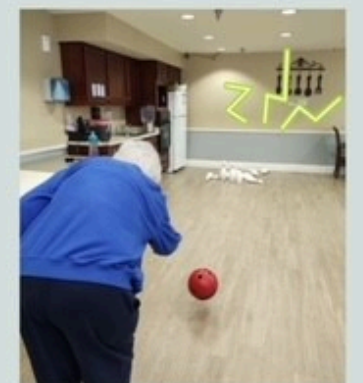
4435 Pheasant Ridge Road
Roanoke, VA 24014

Frank dances as Sally plays a groovy tune!



Melissa, therapist, uses bowling as therapy for Betty!

LIVE
COLL
AGE



Bowling!
These guys don't
fool around!



October 2021

Pheasant Ridge Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October cont'd 31 Halloween 9:45 SS Devotion 10:45 PE Bowling 2:45 LL Personal Down Time in the Living Room	 PHEASANT RIDGE ASSISTED LIVING & MEMORY CARE	4435 Pheasant Ridge Road Roanoke, VA 24014 540-725-1120	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	9:45 SS Devotion 10:45 LL Connect Four 1:30 CE BINGO 2:45 LL Personal Down Time in the Living Room 3:30 CE Words in Words game 5:30 LL Let's Socialize 7:00 CE Vintage Game Shows	9:45 PE Exercise 2:45 LL Personal Down Time in the Living Room 5:30 LL Read your favorite book & relax 7:00 LL Snack & Chat
9:45 SS Devotion 10:45 CE Memory Game w/ cards 2:45 LL Personal Down Time in the Living Room 3:45 CE "Say It" Trivia game 7:00 LL Classic Movie Night	9:45 PE Devotion 10:15 PE Exercise 11:00 CC <i>Concert by Voices of Praise</i> 1:30 PE Balloon Whack 2:45 LL Personal Down Time in the Living Room 3:45 CE Hangman 5:30 LL Cards "Old Maid" 5:30 LL Read your favorite book & relax 7:00 LL Storytime 7:00 CE Vintage Game Shows	9:45 SS Devotion 10:45 LL Choices in a jar 1:45 LL Birthday Social of the Month 2:45 LL Personal Down Time in the Living Room 3:45 SS Bible Trivia 5:30 LL Watch your favorite TV show 7:00 LL Snack & Chat	9:45 PE Exercise 10:45 PE Ring Toss 1:30 LL Van Ride 2:45 LL Personal Down Time in the Living Room 3:30 AE 50's Sing-a-long 5:30 CE Trivia 7:00 LL Comedy Movie Night	9:45 SS Devotion 1:30 SS <i>Communion with Pastor Troy</i> 1:45 LL Resident Council Meeting 2:45 LL Personal Down Time in the Living Room 3:45 LL Dominoes 5:30 LL Watch your favorite TV show 7:00 LL Snack & Chat	9:45 PE Exercise 10:45 CC <i>Ripley "Believe it or not"</i> 1:30 CE Word Searches 2:45 LL Personal Down Time in the Living Room 3:30 CE Hangman 5:30 CE This Day in History 7:00 CE Vintage Game Shows	9:45 SS Devotion 2:45 LL Personal Down Time in the Living Room 4:00 CE Trivia 5:30 LL Watch your favorite TV show 7:00 LL Snack & Chat
9:45 PE Exercise 2:15 SS Maranatha Fellowship 2:45 LL Personal Down Time in the Living Room 7:00 LL Snack & Chat	Columbus Day 9:45 SS Devotion 10:45 AE Name That Tune 1:30 PE Tic-Tac-Toe Toss 2:45 LL Personal Down Time in the Living Room 3:45 CE Brain Quest Trivia 5:30 LL Watch your favorite TV show 7:00 CE Vintage Game Shows	9:45 PE Exercise 10:45 PE Cornhole Challenge 2:45 LL Personal Down Time in the Living Room 3:45 AE Artistic Therapy 5:30 LL Read your favorite book & relax 7:00 LL Snack & Chat	9:30 LL Van Ride 1:30 PE Ring Toss 2:45 LL Personal Down Time in the Living Room 3:45 LL Checkers 5:15 LL Connect Four 7:00 CE Vintage Game Shows	9:45 SS Devotion 10:45 PE Ring Toss 1:30 CE Family Feud Trivia 2:45 LL Personal Down Time in the Living Room 5:30 LL Joke Telling & Good Times 7:00 LL Movie Night 7:00 PE Wild Walkers	9:45 PE Exercise 10:45 AE Adult Coloring 1:30 PE Balloon Whack 2:45 LL Personal Down Time in the Living Room 3:45 AE Art with Ink Pads using Stamps or Stencils 5:30 AE Musical Moments 7:00 CE Vintage Game Shows	9:45 SS Devotion 10:45 CE Hangman 1:30 PE Parachute Fitness 2:45 LL Personal Down Time in the Living Room 3:00 LL Blackjack 21 5:30 LL Checkers 7:00 LL Snack & Chat
9:45 PE Exercise 10:45 PE Darts 2:00 CC <i>Concert by accordion player Arlene</i> 2:45 LL Personal Down Time in the Living Room 7:00 PE Evening Stroll	9:45 SS Devotion 10:45 PE Bowling 2:45 LL Personal Down Time in the Living Room 3:00 CC <i>Concert by Marc Baskind</i> 3:45 CE A Look Back on History 5:15 LL Cards "Old Maid" 7:00 CE Vintage Game Shows	9:45 PE Exercise 10:45 PE Bowling 1:30 LL Nail Spa 2:45 LL Personal Down Time in the Living Room 3:30 CE Trivia 5:30 LL Table Games 7:00 LL Snack & Chat	9:45 SS Devotion 1:30 LL Van Ride 2:45 LL Personal Down Time in the Living Room 3:45 CE Can You Name 5 5:30 LL Tic-Tac-Toe (board game) 7:00 PE Wild Walkers	9:45 PE Exercise 10:45 LL Boardgame "Operation" 1:30 CE Bible Trivia 2:45 LL Personal Down Time in the Living Room 3:45 LL Sand Art 5:30 SS Chicken Soup for the Soul 7:00 LL Classic Movie Night	9:45 SS Devotion 10:45 PE Horseshoe Toss 1:30 PE Balloon Whack 2:45 LL Personal Down Time in the Living Room 3:30 PE Tic-Tac-Toe Toss 3:45 CE Scattergories 5:30 AE Relaxing Music 7:00 CE Vintage Game Shows	9:45 PE Exercise 10:45 PE Cornhole 1:15 AE Painting 2:45 LL Personal Down Time in the Living Room 3:00 CE BINGO 5:30 LL Hand Massages 7:00 PE Evening Stroll
9:45 SS Devotion 10:45 CE "Name That" Trivia 1:30 LL Nail Spa 2:15 SS Maranatha Fellowship 2:45 LL Personal Down Time in the Living Room 3:45 CE "All around the USA" Trivia game 7:00 LL Movie Night	9:45 PE Exercise 10:45 AE Adult Coloring 10:45 LL Bubbles in the Garden area 1:15 LL Connect Four 1:30 AE Karaoke 2:45 LL Personal Down Time in the Living Room 3:30 AE Name That Tune 5:15 LL Joke Telling	9:45 SS Devotion 10:45 PE Darts 1:00 CE Mind Game 1:30 CE Hangman 2:45 LL Personal Down Time in the Living Room 3:45 CE This-That & Everything Game 5:30 LL Dominoes 7:00 PE Wild Walkers	9:30 LL Van Ride 10:45 PE Basketball 1:15 CE Mind Boggle 2:45 LL Personal Down Time in the Living Room 3:00 CE A Look Back on History 3:45 AE Artistic Therapy 5:30 LL Cards "Crazy 8's" 7:00 LL Comedy Movie Night 7:00 CE Vintage Game Shows	9:45 PE Exercise 10:45 LL Riddles in a jar 1:30 CC <i>Music Therapy with Sally Walker</i> 2:45 LL Personal Down Time in the Living Room 3:30 LL UNO 5:15 CE Word Searches 7:00 AE Musical Moments 7:00 PE Wild Walkers	9:45 SS Devotion 1:30 CE Halloween Social 2:45 LL Personal Down Time in the Living Room 3:30 PE Tic-Tac-Toe Toss 5:30 AE Relaxing Music 7:00 CE Vintage Game Shows	9:45 PE Exercise 1:15 LL Joke Telling & Good Times 2:45 LL Personal Down Time in the Living Room 5:30 PE Evening Stroll 7:00 LL Classic Movie Night