

October 2021

What's Happening in the Atrium



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October cont'd 31 Halloween 9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Bowling 2:00 LL Bingo 3:00 SS Bible Study 4:00 CE History Trivia 5:30 LL Classic Movie	 9325 East Stockton Blvd. Elk Grove, CA 95624 916-714-3755		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Ring Toss 2:00 AE Coloring Art Work 3:00 LL Oldies but Goodies Sing-along 4:00 CE Picture Trivia 5:30 LL Evening Movie	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Noodle Balloon Volleyball 2:00 AE Wood Craft 3:00 LL Spa Day 4:00 CC Block Tower of Memories Game 5:30 LL Favorite TV Show/Sitcom
9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Bowling 2:00 LL Bingo 3:00 SS Bible Study 4:00 CE History Trivia 5:30 LL Classic Movie	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Bean Bag Toss 2:00 AE Coloring Art Work 3:00 LL Oldies but Goodies Sing-along 4:00 CE Picture Trivia 5:30 LL Evening Movie	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Chair Basketball 10:30 LL Visit With Therapy Dog "Micah" 2:00 LL Bingo 3:00 LL Reading Club 4:00 CC Block Tower of Memories Game 5:30 LL Favorite TV Show/Sitcom	9:30 SS Going to Church 10:00 PE Move and Grove 10:30 PE Balloon Toss 2:00 AE Fall Canvas Painting 3:30 CE Taste and Tell 4:00 CE Picture Trivia 5:30 LL Evening Movie	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Indoor Golf 2:00 AE Creative Arts 4:00 CC Block Tower of Memories Game 5:30 LL Favorite TV Show/Sitcom	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Ring Toss 2:00 AE Coloring Art Work 3:00 LL Oldies but Goodies Sing-along 4:00 CE Picture Trivia 5:30 LL Evening Movie	9:30 PE Nature Walk 10:00 PE Move and Grove 10:30 PE Noodle Balloon Volleyball 2:00 AE Wood Craft 3:00 LL Spa Day 4:00 CC Block Tower of Memories Game 5:30 LL Favorite TV Show/Sitcom
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