Halloween Farmers Market October 21st 5P.M. to 8P.M. Each vendor will be handing out candy. Costume Contest-Dress to impress All are welcome Invite your family & friends

Community Meetings:

Monday Oct 4th Resident Council 10A.M in the Theater Wednesday Oct 6th Town Hall with Paige 10:15A.M. in the Theater Tuesday Oct 19th Food Committee with Cisco 1:30P.M. in the Activity Room

Happy Fall & Happy Halloween

Kingston Bay Senior Living 6161 West Spruce Ave Fresno Ca 93722

Octoberfest will be Tuesday October 5th in the Bistro at 1:30 P.M.

Join us for Beers & Bratwurst Halloween Party will be Sunday October 31st in the Courtyard at 2:30 P.M.

right outside the activity room doors

October 2021 Assisted Living Lifestyle & Leisure	A ANTON O	-	X		created solgely
Sunday Monday October cont'd 31 Halloween	Tuesday AE Artistic Expression	Wednesday	Thursday	Friday 9:00 L Wake up & 1 Hydrate	9:00 Wake up & 2
9:00 III Wake up & Hydrate 10:00 III Readers Digest 11:00 III Word Searches 1:15 III Sunday Readers 2:30 Halloween Party 4:00 PE Stretching & Chair exercise	CC Community Connections CE Continuing Education LL Lifestyle &Leisure PE Physical Engagement SS Spiritual Support			 10:15 III Mani Time 1:15 PE Yoga Class 2:00 CC Ice Cream Party 3:00 AE Let's get crafty 4:00 PE Stretching & Chair exercise 	 10:00 LL BINGO 1:15 CE Story Teller 2:00 LL Weekend Matinee 3:45 AE Painting with Color 4:00 PE Stretching & Chair exercise
9:00Wake up & Hydrate39:00Wake up & Hydrate410:00E Readers Digest10:00E Resident Council10:00E Resident Council11:00E Resident Council11:00E Resident Council11:00E Resident Council11:10E Resident Council11:10E Resident Council11:10E Resident Council11:15E Resident 	9:00 Wake up & 5 Hydrate 5 10:00 BINGO 10:30 Catholic Communion 1:30 Octoberfest Festival 2:00 Around The World 3:00 Holiday Decorations 4:00 PE Stretching & Chair exercise	9:00 Wake up & Hydrate Hydrate 10:15 Town Hall with Paige 11:15 Book Club Readers 1:15 AE Flower Class 3:00 Board Games 4:00 PE Stretching & Chair exercise	10:00 III BINGO	9:00 Wake up & Hydrate 10:15 Mani Time 11:00 Outing: DiCicco's 1:15 PE Yoga Class 2:00 CC Ice Cream Party 3:00 AE Let's get crafty 4:00 PE Stretching & Chair exercise	9:00 Wake up & Hydrate 9 10:00 BINGO 10:30 Outdoor: Sacred Saturday with North Point Church 1:15 Story Teller 2:00 Weekend Matinee 3:45 A Painting with Color 4:00 PE Stretching & Chair exercise
9:00Wake up & Hydrate10Columbus Day 9:001110:00Readers Digest9:00Wake up & Hydrate1111:00Word Searches1:15SSSunday Readers1:15SSSunday Readers10:00Readers11:003:00Sunday Worship on TV1:15Monday Trivia4:00PEStretching & Chair exercise2:00SSMonday Matinee4:00PEStretching & Chair2:00SSMonday Matinee	9:00 Wake up & Hydrate 10:00 BINGO 10:30 Catholic Communion 11:15 Daily Chronicles 2:00 ST & Sarah Perform 3:00 Holiday Decorations 4:00 PE Stretching & Chair exercise	9:00 Wake up & 13 Hydrate 10:15 Mani Time 11:15 Book Club Readers 1:15 AE Flower Class 3:00 Board Games 4:00 PE Stretching & Chair exercise	9:00 Wake up & Hydrate 10:00 BINGO 11:00 BINGO Blackout 1:15 E Hangman 3:00 Performance time with Prinz & Happy Hour 4:00 PE Stretching & Chair exercise	9:00 Wake up & Hydrate 10:15 Mani Time 1:15 PE Yoga Class 2:00 CC Ice Cream Party with Jess Performance 3:00 AE Let's get crafty 4:00 PE Stretching & Chair exercise	9:00 Wake up & 16 Hydrate 10:00 BINGO 1:15 E Story Teller 2:00 Weekend Matinee 3:45 E Painting with Color 4:00 PE Stretching & Chair exercise
9:00Wake up & Hydrate179:00Wake up & Hydrate1810:00Readers Digest10:00AEPainting Class11:00Word Searches10:00AEPainting Class1:15SSSunday Readers10:00CEActivity Station & Morning Convo3:00Sunday Worship Performance by Prinz1:15Monday Trivia4:00PEStretching & Chair exercise2:00SSMonday Matinee4:00PEStretching & Chair exercise2:00PEStretching & Chair exercise	9:00 Wake up & Hydrate 10:00 BINGO 10:30 Catholic Communion 11:15 Daily Chronicles 1:30 Food Committee with Cisco 2:00 Around The World 3:00 Cream Bar with Cisco 4:00 PE Stretching & Chair exercise	9:00 Wake up & 20 Hydrate 20 10:15 Mani Time 11:15 Book Club Readers 1:15 AE Flower Class 2:00 Cooking with Christine 3:00 Board Games 4:00 PE Stretching & Chair exercise	9:00 Wake up & 21 Hydrate 21 10:00 BINGO 10:30 Tai Chi with Terri 11:00 BINGO Blackout 1:15 Hangman 3:00 Happy Hour 4:00 PE Stretching & Chair exercise 5:00 Farmers Market	9:00 Wake up & 22 Hydrate 22 10:15 Mani Time 11:00 Outing: Black Bear Diner 1:15 PE Yoga Class 2:00 CC Ice Cream Party 3:00 AE Let's get crafty 4:00 PE Stretching & Chair exercise	9:00 Wake up & 23 Hydrate 10:00 BINGO 1:15 E Story Teller 2:00 Weekend Matinee 3:45 A Painting with Color 4:00 P Stretching & Chair exercise
9:00Wake up & Hydrate249:00Wake up & Hydrate2510:00Readers Digest10:00AEPainting Class10:00AE2511:00Word Searches11:00CEActivity Station & Morning Convo11:00CE10:00AE253:00Sunday Worship on TVStretching & Chair exercise10:00AENonday Trivia2:00SSMonday Matinee4:00PEStretching & Chair exerciseStretching & Chair exerciseStretching & Chair exercise10:00Nonday Matinee	9:00 Wake up & 26 Hydrate 26 10:00 BINGO 10:30 Catholic Communion 11:15 Daily Chronicles 2:00 Around The World 3:00 Holiday Decorations 4:00 PE Stretching & Chair exercise	9:00 Wake up & 27 Hydrate 10:15 Mani Time 11:15 Book Club Readers 1:15 AE Flower Class 3:00 Board Games 4:00 PE Stretching & Chair exercise	9:00 Wake up & 28 Hydrate 10:00 BINGO 11:00 BINGO Blackout 1:15 E Hangman 3:00 Happy Hour 4:00 PE Stretching & Chair exercise	9:00 Wake up & 29 Hydrate 10:15 Mani Time 1:15 PE Yoga Class 2:00 CC Ice Cream Party 3:00 AE Let's get crafty 4:00 PE Stretching & Chair exercise	9:00 Wake up & A Hydrate 30 10:00 BINGO 1:15 Story Teller 2:00 Weekend Matinee 3:45 AE Painting with Color 4:00 PE Stretching & Chair exercise Continued at top