

October 2021  
Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October cont'd</div> <div>31</div> <div>Halloween</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Catholic Communion [AL AR]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Halloween Bash! [AL AR]</div> <div>1:30  Christian Worship Service [SOC]</div> <div>2:00  Art Therapy! [IL Lib]</div> <div>3:00  Walking Club</div> <div>4:30  Dinner [DR]</div>	<div></div> <div></div> <div></div>	<div>815 SE Klemgard Pullman, WA 99163 509-334-9488</div>	<div> Artistic Expression</div> <div> Community Connections</div> <div> Continuing Education</div> <div> Lifestyle &amp; Leisure</div> <div> Physical Engagement</div> <div> Spiritual Support</div>	<div>Location Keys</div> <div>AL Activity Room</div> <div>AL Dining Room</div> <div>Activity Room</div> <div>Game Room</div> <div>IL Library</div> <div>IL Lobby</div> <div>Social Room</div> <div>AL AR</div> <div>DR</div> <div>AR</div> <div>GR</div> <div>IL Lib</div> <div>IL Lob</div> <div>SOC</div>	<div>National Body Language Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Education Hour! [SOC]</div> <div>3:00  Cocoa and Cookies! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>1</div>	<div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:30  Scrabble [GR]</div> <div>10:45  Scenic Drive! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Watching Downton Abbey Special Features! [SOC]</div> <div>2:30  WSU @ Cal (Channel 378)</div> <div>4:30  Dinner [DR]</div> <div>2</div>
<div></div> <div>3</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Catholic Communion [AL AR]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Christian Worship Service [SOC]</div> <div>2:00  Art Therapy! [IL Lib]</div> <div>3:00  Walking Club</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>4</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  DIY Exercises</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Manicures! [AL AR]</div> <div>3:00  Scrabble [GR]</div> <div>3:00  Smithsonian Museum Virtual Tours [AL AR]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>5</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:45  Strength &amp; Balance [SOC]</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Wii Sports! [SOC]</div> <div>3:00  Wine Time! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>6</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:15  Men's Social Group</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>2:15  Bingo! [SOC]</div> <div>3:00  Bean Bag Baseball! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>7</div> <div>National Chocolate Covered Pretzels Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Reading the Newspaper! [IL Lib]</div> <div>11:30  Lunch [DR]</div> <div>1:45  Baking Club! (Chocolate Covered Pretzels) [AR]</div> <div>3:00  Tea and Trivia! [AR]</div> <div>4:30  Dinner [DR]</div> <div>6:00  BP Movie Club! [SOC]</div>	<div></div> <div>8</div> <div>National Hero Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Education Hour! [SOC]</div> <div>3:00  Cocoa and Cookies! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:30  Scrabble [GR]</div> <div>11:30  Lunch [DR]</div> <div>1:00  WSU vs OSU (Channel 378)</div> <div>2:00  U of I Tailgate Party! [AL AR]</div> <div>3:00  Watching Downton Abbey Movie! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>9</div>
<div></div> <div>10</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Catholic Communion [AL AR]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Christian Worship Service [SOC]</div> <div>2:00  Art Therapy! [IL Lib]</div> <div>3:00  Walking Club</div> <div>4:30  Dinner [DR]</div>	<div>Columbus Day</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  DIY Exercises</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Manicures! [AL AR]</div> <div>3:00  Scrabble [GR]</div> <div>3:00  Smithsonian Museum Virtual Tours [AL AR]</div> <div>4:30  Dinner [DR]</div> <div>11</div>	<div></div> <div>12</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:45  Strength &amp; Balance [SOC]</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Wii Sports! [SOC]</div> <div>3:00  Wine Time! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>13</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:15  Men's Social Group</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>2:15  Bingo! [SOC]</div> <div>3:00  Bowling! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>14</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>10:45  Out to Brunch! (The Breakfast Club) [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Reading the Newspaper! [IL Lib]</div> <div>3:00  Tea and Trivia! [AR]</div> <div>4:30  Dinner [DR]</div> <div>6:00  BP Movie Club! [SOC]</div>	<div></div> <div>15</div> <div>National I Love Lucy Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Education Hour! [SOC]</div> <div>3:00  New Resident Orientation [SOC]</div> <div>4:30  Dinner [DR]</div>	<div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:30  Scrabble [GR]</div> <div>11:30  Lunch [DR]</div> <div>12:00  WSU Tailgate Party! [IL Lob]</div> <div>3:00  Watching The Crown! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>16</div>
<div></div> <div>17</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Catholic Communion [AL AR]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Christian Worship Service [SOC]</div> <div>2:00  Art Therapy! [IL Lib]</div> <div>3:00  Walking Club</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>18</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  DIY Exercises</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Manicures! [AL AR]</div> <div>3:00  Scrabble [GR]</div> <div>3:00  Smithsonian Museum Virtual Tours [AL AR]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>19</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:45  Strength &amp; Balance [SOC]</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Wii Sports! [SOC]</div> <div>3:00  Wine Time! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>20</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:15  Men's Social Group</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>2:15  Bingo! [SOC]</div> <div>3:00  Bean Bag Baseball! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>21</div> <div>National Pumpkin Cheesecake Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Reading the Newspaper! [IL Lib]</div> <div>11:30  Lunch [DR]</div> <div>1:45  Baking Club! (Caramel Pecan Pumpkin Cheesecake Bites) [AR]</div> <div>3:00  Tea and Trivia! [AR]</div> <div>4:30  Dinner [DR]</div> <div>6:00  BP Movie Club! [SOC]</div>	<div></div> <div>22</div> <div>National Color Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Water Color Painting! [SOC]</div> <div>3:00  Cocoa and Cookies! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:30  Scrabble [GR]</div> <div>10:45  Shopping Trip to Palouse Mall! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>3:00  Watching The Crown! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>23</div>
<div></div> <div>24</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Catholic Communion [AL AR]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Christian Worship Service [SOC]</div> <div>2:00  Art Therapy! [IL Lib]</div> <div>3:00  Walking Club</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>25</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  DIY Exercises</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>1:30  Manicures! [AL AR]</div> <div>3:00  Scrabble [GR]</div> <div>3:00  Smithsonian Museum Virtual Tours [AL AR]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>26</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:45  Strength &amp; Balance [SOC]</div> <div>10:45  Puzzle Time! [GR]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Wii Sports! [SOC]</div> <div>3:00  Birthday Party! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>27</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:15  Men's Social Group</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>2:15  Bingo! [SOC]</div> <div>3:00  Bowling! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div></div> <div>28</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Reading the Newspaper! [IL Lib]</div> <div>11:30  Lunch [DR]</div> <div>2:00  Halloween Tea Party! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>6:00  BP Movie Club! [SOC]</div>	<div></div> <div>29</div> <div>World Stroke Day!</div> <div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>10:00  Strength &amp; Balance [SOC]</div> <div>11:00  Trip to Aquatic Center! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>12:30  Bridge [GR]</div> <div>2:00  Education Hour! [SOC]</div> <div>3:00  Cocoa and Cookies! [SOC]</div> <div>4:30  Dinner [DR]</div>	<div>7:45  Breakfast [AR]</div> <div>8:30  Newspaper Delivery</div> <div>9:30  Scrabble [GR]</div> <div>10:45  Trip to WSU Museum of Art! [IL Lob]</div> <div>11:30  Lunch [DR]</div> <div>3:00  Watching The Crown! [SOC]</div> <div>4:30  Dinner [DR]</div> <div>30</div>

Continued at top