October 2021 **Independent Living Lifestyle & Leisure** Wednesday Monday Friday Saturday Sunday Tuesda Thursday October cont'd National Body Language Day! 7:45 CC Breakfast [AR] **Location Keys** 8:30 E Newspaper Delivery 7:45 CE Breakfast [AR] AE Artistic Expression 8:30 CE Newspaper Delivery 9:30 **Scrabble [GR]** Halloween AL Activity Room AL AR 10:45 [IL Lob] 10:00 PE Strength & Balance [SOC] 7:45 CC Breakfast [AR] CC Community Connections **AL Dining Room** 11:30 CC Lunch [DR] 11:00 E Trip to Aquatic Center! [IL Lob] DR 8:30 E Newspaper Delivery 815 SE Klemgard 1:30 Watching Downton Abbey Special 11:30 CC Lunch [DR] 10:00 SS Catholic Communion [AL AR] **CE** Continuing Education **Activity Room** AR Features! [SOC] Pullman, WA 99163 12:30 **III Bridge [GR]** 11:30 CC Lunch [DR] 2:30 WSU @ Cal (Channel 378) LL Lifestyle & Leisure 2:00 E Education Hour! [SOC] 12:30 [Halloween Bash! [AL AR] Game Room GR 4:30 Oinner [DR] 509-334-9488 3:00 [Cocoa and Cookies! [SOC] 1:30 SS Christian Worship Service [SOC] **PE** Physical Engagement **IL Library** IL Lib 4:30 CC Dinner [DR] 2:00 AE Art Therapy! [IL Lib] 3:00 PE Walking Club SS Spiritual Support IL Lobby IL Lob 4:30 CC Dinner [DR] **SOC** Social Room 7:45 CO Breakfast [AR] 7:45 66 Breakfast [AR] 7:45 CO Breakfast [AR] 7:45 CO Breakfast [AR] **National Chocolate Covered** 7 National Hero Day! 7:45 CO Breakfast [AR] 9 Pretzels Day! 8:30 CE Newspaper Delivery 8:30 CE Newspaper Delivery 8:30 **E** Newspaper Delivery 8:30 E Newspaper Delivery 7:45 C Breakfast [AR] 8:30 **E** Newspaper Delivery 10:00 SS Catholic Communion [AL 10:00 PE DIY Exercises 9:45 **E** Strength & Balance [SOC] 9:15 Men's Social Group 7:45 CE Breakfast [AR] 9:30 Scrabble [GR] 8:30 CE Newspaper Delivery 10:45 AE Puzzle Time! [GR] 10:45 AE Puzzle Time! [GR] 10:00 PE Strength & Balance [SOC] 8:30 E Newspaper Delivery 11:30 CC Lunch [DR] 10:00 E Strength & Balance [SOC] 11:30 6 Lunch [DR] 11:30 66 Lunch [DR] 10:00 E Strength & Balance [SOC] 1:00 WSU vs OSU (Channel 378) 11:00 **E** Trip to Aquatic Center! [IL Lob] 11:00 PE Trip to Aquatic Center! [IL Lob] 11:00 PE Trip to Aquatic Center! [IL Lob] 1:30 SS Christian Worship Service [SOC] 12:30 Bridge IGRI 11:30 00 Lunch [DR] 11:30 CE Lunch [DR] 11:00 **E** Reading the Newspaper! [IL Lib] 11:30 (C) Lunch [DR] 2:00 U of I Tailgate Party! [AL AR] 2:00 AE Art Therapy! [IL Lib] 2:00 PE Wii Sports! [SOC] 1:30 Manicures! [AL AR] 2:15 **III Bingo! [SOC]** 11:30 CE Lunch [DR] 3:00 Watching Downtown Abbey Movie! 12:30 **III** Bridge [GR] 3:00 PE Walking Club 1:45 AE Baking Club! (Chocolate Covered 3:00 LL Scrabble [GR] 3:00 **Wine Time! [SOC]** 3:00 PE Bean Bag Baseball! [SOC] [SOC] 2:00 E Education Hour! [SOC] 4:30 CC Dinner [DR] 4:30 CC Dinner [DR] 3:00 **EE Smithsonian Museum Virtual Tours** 4:30 CO Dinner [DR] 4:30 O Dinner [DR] Pretzels) [AR] 3:00 [Cocoa and Cookies! [SOC] [AL AR] 3:00 **E** Tea and Trivia! [AR] 4:30 O Dinner [DR] 4:30 CC Dinner [DR] 4:30 CC Dinner [DR] 6:00 BP Movie Club! [SOC] 7:45 CO Breakfast [AR] 7:45 CE Breakfast [AR] 7:45 CE Breakfast [AR] 7:45 CE Breakfast [AR] **Columbus Day** 7:45 CE Breakfast [AR] National I Love Lucy Day! 16 8:30 CE Newspaper Delivery 7:45 66 Breakfast [AR] 8:30 CE Newspaper Delivery 8:30 E Newspaper Delivery 8:30 E Newspaper Delivery 7:45 CE Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 SS Catholic Communion [AL 9:45 E Strength & Balance [SOC] 10:00 PE Strength & Balance [SOC] 9:15 Men's Social Group 9:30 Scrabble [GR] 8:30 EE Newspaper Delivery 8:30 EE Newspaper Delivery 10:45 AE Puzzle Time! [GR] 10:00 E Strength & Balance [SOC] 10:45 U Out to Brunch! (The Breakfast Club) 11:30 CC Lunch [DR] 10:00 PE DIY Exercises 10:00 E Strength & Balance [SOC] 11:30 CC Lunch [DR] 11:00 PE Trip to Aquatic Center! [IL Lob] 12:00 WSU Tailgate Party! [IL Lob] 11:30 CE Lunch [DR] [IL Lob] 10:45 AE Puzzle Time! [GR] 11:00 PE Trip to Aquatic Center! [IL Lob] 1:30 SS Christian Worship Service [SOC] 12:30 **III** Bridge [GR] 11:30 66 Lunch [DR] 11:30 CC Lunch [DR] 11:30 👀 Lunch [DR] 3:00 Watching The Crown! [SOC] 11:00 **III** Trip to Aquatic Center! [IL Lob] 2:00 AE Art Therapy! [IL Lib] 2:00 PE Wii Sports! [SOC] 2:15 **Bingo! [SOC]** 1:30 **E** Reading the Newspaper! [IL Lib] 4:30 CD Dinner [DR] 11:30 CC Lunch [DR] 12:30 **Bridge [GR]** 3:00 PE Walking Club 3:00 Wine Time! [SOC] 3:00 E Tea and Trivia! [AR] 3:00 PE Bowling! [SOC] 2:00 E Education Hour! [SOC] 1:30 Manicures! [AL AR] 4:30 OD Dinner [DR] 4:30 CC Dinner [DR] 3:00 Scrabble [GR] 4:30 C Dinner [DR] 4:30 C Dinner [DR] 3:00 New Resident Orientation [SOC] 6:00 BP Movie Club! [SOC] 3:00 Es Smithsonian Museum Virtual Tours 4:30 O Dinner [DR] [AL AR] 4:30 CD Dinner [DR] 7:45 CE Breakfast [AR] 7:45 C Breakfast [AR] 7:45 CE Breakfast [AR] 7:45 OBreakfast [AR] National Pumpkin Cheesecake Day! 7:45 CE Breakfast [AR] **National Color Day!** 8:30 CE Newspaper Delivery 8:30 CE Newspaper Delivery 8:30 E Newspaper Delivery 8:30 E Newspaper Delivery 7:45 CO Breakfast [AR] 8:30 E Newspaper Delivery 7:45 C Breakfast [AR] 10:00 SS Catholic Communion IAL 10:00 PE DIY Exercises 9:45 PE Strength & Balance [SOC] 9:15 Men's Social Group 9:30 Scrabble [GR] 8:30 E Newspaper Delivery 8:30 EE Newspaper Delivery 10:45 LL Shopping Trip to Palouse Mall! [IL 10:00 EE Strength & Balance [SOC] 10:00 EE Strength & Balance [SOC] 10:45 AE Puzzle Time! [GR] 10:45 AE Puzzle Time! [GR] 10:00 E Strength & Balance [SOC] 11:30 6 Lunch [DR] Lobi 11:00 📧 Trip to Aquatic Center! [IL Lob] 11:30 **CC** Lunch [DR] 11:00 PE Trip to Aquatic Center! [IL Lob] 11:00 **E** Reading the Newspaper! [IL Lib] 11:00 PE Trip to Aquatic Center! [IL Lob] 1:30 SS Christian Worship Service [SOC] 11:30 👀 Lunch [DR] . 11:30 👀 Lunch [DR] 12:30 ... Bridge [GR] 11:30 CC Lunch [DR] 11:30 CC Lunch [DR] 11:30 CC Lunch [DR] 2:00 AE Art Therapy! [IL Lib] 1:30 Manicures! [AL AR] 2:00 PE Wii Sports! [SOC] 2:15 **III Bingo! [SOC]** 1:45 AE Baking Club! (Caramel Pecan 12:30 💶 Bridge [GR] 3:00 Watching The Crown! [SOC] 3:00 PE Walking Club 3:00 PE Bean Bag Baseball! [SOC] Pumpkin Cheesecake Bites) [AR] 4:30 C Dinner [DR] 3:00 **Scrabble [GR]** 3:00 **Wine Time! [SOC]** 2:00 A Water Color Painting! [SOC] 4:30 **66** Dinner [DR] 3:00 **EE Smithsonian Museum Virtual Tours** 4:30 C Dinner [DR] 3:00 **EEE** Tea and Trivia! [AR] 3:00 LL Cocoa and Cookies! [SOC] 4:30 CC Dinner [DR] [AL AR] 4:30 00 Dinner [DR] 4:30 C Dinner [DR] 4:30 CO Dinner [DR] 6:00 BP Movie Club! [SOC] 7:45 CB Breakfast [AR] 7:45 C Breakfast [AR] 7:45 CE Breakfast [AR] 7:45 CO Breakfast [AR] 7:45 CE Breakfast [AR] World Stroke Day! 7:45 CO Breakfast [AR] 8:30 E Newspaper Delivery 8:30 CE Newspaper Delivery 8:30 CE Newspaper Delivery 8:30 CE Newspaper Delivery 8:30 E Newspaper Delivery 8:30 CE Newspaper Delivery 7:45 CE Breakfast [AR] 10:00 SS Catholic Communion [AL 10:00 PE DIY Exercises 9:45 PE Strength & Balance [SOC] 9:15 Men's Social Group 10:00 PE Strength & Balance [SOC] 9:30 Scrabble [GR] 8:30 EE Newspaper Delivery 10:45 AE Trip to WSU Museum of Art! [IL Lob] 10:45 AE Puzzle Time! [GR] 10:45 AE Puzzle Time! [GR] 10:00 E Strength & Balance [SOC] 11:00 陆 Reading the Newspaper! [IL Lib] 10:00 E Strength & Balance SOC 11:30 6 Lunch [DR] 11:00 PE Trip to Aquatic Center! [IL Lob] 11:30 CE Lunch [DR] 11:00 PE Trip to Aquatic Center! [IL Lob] 11:30 CC Lunch [DR] 11:30 (Lunch [DR] 11:00 PE Trip to Aquatic Center! [IL Lob] 1:30 SS Christian Worship Service [SOC] 11:30 CC Lunch [DR] 12:30 III Bridge [GR] 11:30 CC Lunch [DR] 2:00 Halloween Tea Party! [SOC] 3:00 Watching The Crown! [SOC] 11:30 CC Lunch [DR] 2:00 AE Art Therapy! [IL Lib] 2:00 PE Wii Sports! [SOC] 1:30 Manicures! [AL AR] 2:15 **III** Bingo! [SOC] 4:30 CO Dinner [DR] 12:30 **III Bridge [GR]** 4:30 CD Dinner [DR] 3:00 PE Walking Club 3:00 Birthday Party! [SOC] 6:00 BP Movie Club! [SOC] 3:00 Scrabble [GR] 3:00 **Bowling!** [SOC] 2:00 EE Education Hour! [SOC] 4:30 CC Dinner [DR] 3:00 **E** Smithsonian Museum Virtual Tours 4:30 CC Dinner [DR] 4:30 CC Dinner [DR] 3:00 Cocoa and Cookies! [SOC] [AL AR] 4:30 CC Dinner [DR] 4:30 CC Dinner [DR] Continued at top