

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breakfast 9am
Lunch 12pm
Afternoon Snack 2:30pm
Dinner 5pm
Evening snack 7pm



**KEEPSAKE
RECREATION
MONTHLY
SCHEDULE FOR
October 2021**



Friday 1st
10:00 morning programs
11:30 group exercise
1:00 basket toss
2:00 Susie Q sings
2:30 Henry Ford Day
3:00 fun facts Friday trivia
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Saturday 2nd
10:00 morning programs
11:30 group exercise
1:00 balloon noodle & golfing
2:00 singing fun
2:30 History of Disneyland
3:00 stretching & yoga
3:30 trivia/daily chronicle
4:00 exercise
6:00 movie time



Sunday 3rd
10:00 morning programs
11:30 group exercise
1:00 church hymns
2:00 games galore
2:30 snack
3:00 Rosary/Divine Mercy
3:30 trivia& daily chronicle
4:00 exercise
6:00 movie time



Monday 4th
10:00 morning programs
11:30 group exercise
1:00 fresh air and music
2:00 balloon tennis
2:30 snack
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Tuesday 5th
10:00 morning programs
11:30 group exercise
1:00 dart toss
2:00 Allison sings
2:30 famous past actors
3:00 stretch with yoga
3:30 daily chronicle
4:00 exercise & let's walk
6:00 movie time

Wednesday 6th
10:00 morning programs
11:30 group exercise
1:00 cornhole
2:00 Baseball Detective
2:30 snack
3:00 word in a word
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Thursday 7th
10:00 morning programs
11:30 group exercise
1:00 fresh air and music
2:00 twister
2:30 Let's watch Magic
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Friday 8th
10:00 morning programs
11:30 group exercise
1:00 Friday funnies
2:00 bocce ball
2:30 relaxing music
3:00 Travel to Sweden
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Saturday 9th
10:00 morning programs
11:30 group exercise
1:00 kickball
2:00 acrostic word play
2:30 snack
3:00 sing a long
3:30 trivia/daily chronicle
4:00 exercise
6:00 movie time

Sunday 10th
10:00 morning programs
11:30 group exercise
1:00 church hymns
2:00 games galore
2:30 snack
3:00 Rosary/ Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Monday 11th
10:00 morning program
11:30 group exercise
1:00 fresh air and music
2:00 game of wicked
2:30 snack
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Tuesday 12th
10:00 morning programs
11:30 group exercise
1:00 21 dice roll game
2:00 Allison sings
2:30 snack
3:00 stretch with yoga
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Wednesday 13th
10:00 morning program
11:30 group exercise
1:00 balloon volleyball
2:00 M&M Day Trivia
2:30 baking M&M cookies
3:00 famous past dancers
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Thursday 14th
10:00 morning programs
11:30 group exercise
1:00 beach ball toss
2:00 dart s & hoops
2:30 snack
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Friday 15th
10am morning programs
11:30 group exercise
1:00 cornhole
2:00 Friday fun facts
2:30 snack
3:00 sing a longs
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Saturday 16th
10:00 morning programs
11:30 group exercise
1:00 9 block words
2:00 bowling
2:30 snack
3:00 travel to Ireland
3:30 trivia/daily chronicle
4:00 exercise
6:00 movie time

Sunday 17th
10:00 morning programs
11:30 group exercise
1:00 church hymns
2:00 basket shoot
2:30 Rita Hayworth Bio
3:00 Rosary/ Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise
6:00 movie time



Monday 18th
10:00 morning programs
11:30 group exercise
1:00 noodle fun
2:00
2:30 30's music
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Tuesday 19th
10:00 morning programs
11:30 group exercise
1:00 dart toss & bowling
2:00 Allison sings
2:30 40's music
3:00 Statue of Liberty
3:30 trivia/ daily chronicle
4:00 exercise & let's walk
6:00 movie time



Wednesday 20th
10:00 morning programs
11:30 group exercise
1:00 beachball toss
2:00 baking fun
2:30 The Crooners Sing
3:00 biography of
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Thursday 21st
10:00 morning programs
11:30 group exercise
1:00 bocce ball
2:00 short story time
2:30 Bio Lucy Ball
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Friday 22nd
10:00 morning programs
11:30 group exercise
1:00 target toss
2:00 crossword fun
2:30 50's music
3:00 Friday Funnies
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Saturday 23rd
10:00 morning programs
11:30 group exercise
1:00 kickball
2:00 words in a word
2:30 Perry Como sings
3:00 sing a longs
3:30 trivia/daily chronicle
4:00 exercise
6:00 movie time

Sunday 24th/31st
10:00 morning programs
11:30 group exercise
1:00 church hymns/
devotional
2:00 games galore
2:30 snack
3:00 Rosary/ Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Monday 25th
10:00 morning programs
11:30 group exercise
1:00 game of wicked
2:00 Name that food
2:30 Picasso Biography
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Tuesday 26th
10:00 morning programs
11:30 group exercise
1:00 bowling
2:00 Allison sings
2:30 Live Music w/Jim
3:00 crossword puzzles
3:30 trivia & chronicle
4:00 chair yoga
6:00 movie time

Wednesday 27th
10:00 morning programs
11:30 group exercise
1:00 bocce ball
2:00 sing a long
2:30 Louis Armstrong
3:00 9 block words
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time

Thursday 28th
**HAPPY OCTOBER
BIRTHDAYS!!**
10:00 morning program:
11:30 group exercise
1:00 pumpkin carving
2:00 dart & hoop toss
2:30 Birthday Bash
3:00 Rosary & Divine Mercy
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Friday 29th
HALLOWEEN FUN!!
10:00 morning programs
11:30 group exercise
1:00 Halloween parade
2:00 pumpkin toss
2:30 Halloween music
3:00 fun Halloween trivia
3:30 trivia & daily chronicle
4:00 exercise & let's walk
6:00 movie time



Saturday 30th
10:00 morning programs
11:30 group exercise
1:00 target toss & golfing
2:00 kickball
2:30 Armchair Travel
3:00 stretching & yoga
3:30 trivia/daily chronicle
4:00 exercise
6:00 movie time



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Breakfast - 7:30 a.m.- 9:00 a.m.
Lunch - 11:30 p.m. - 1:00 pm
Dinner - 4:30 p.m. - 6:00 pm