

OCTOBER 2021

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Professionally Managed
by Jaybird Senior Living,
formerly Senior Housing
Management



Edencrest™
AT RIVERWOODS

Assisted Living & Memory Care

2210 E. Park Ave. | Des Moines, IA 50320 | 515-288-4040 | EdencrestLiving.com

RIVERWOODS BULLETIN

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October comes from the Latin word octo, "eight," because it was the eighth month of the early Roman calendar.

Stone = Opal Flower = Snap Dragon



Libra (Balance)
Birthdates: 8/24-10/22

LIBRA TRAITS:

Strengths:

Cooperative, fair-minded

Weaknesses:

Indecisive, Avoids confrontations

Libras are peaceful, fair, and they hate being alone. These individuals are fascinated by balance and symmetry, they are in a constant chase for justice and equality.



Scorpio(Scorpion)
Birthdates: 10/23-11/21

LIBRA TRAITS:

Strengths:

Resourceful, Brave

Weaknesses:

Distrusting, Manipulative

Scorpios are passionate and assertive people with determination and focus you rarely see in other zodiac signs. They will turn to in-depth research to reach the truth behind anything they find important.



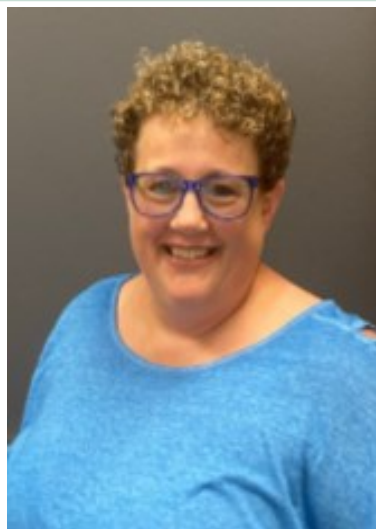
Flu Shot Clinic

On Monday, October 18th, Community Pharmacy will be providing a Flu Shot Clinic in the Library. Time to be determined

Did you know that a \$200 deposit will secure an apartment of your choice today?

SCHEDULE A TOUR Today!

Activity Action



Armchair Travelers

Hello my fellow travelers! This month we will be traveling to Utah. Our very own Lene' Moore will be sharing pictures from her recent trip to Utah. Join your friends on Tuesday, October 26th at 1:30 PM to learn about this beautiful part of our country.

Happy Travels!

Culinary Corner



Resident's Choice

October's meal will be served at Noon on Wednesday, October 20th. Menu: Beef Stew, Buttermilk Biscuits and Pumpkin Bars with Cream Cheese Frosting.

Come and enjoy with your friends!!

Bon Appetite!

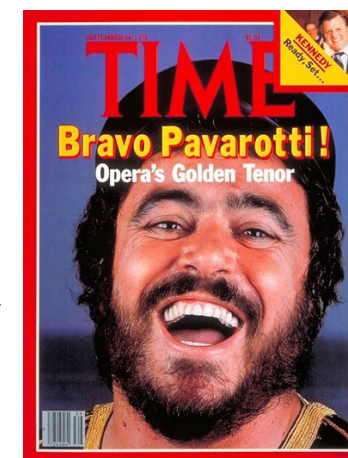
Who am I?

October's featured celebrity will be:



Luciano Pavaoratti

Join your friends on
Monday, October 18th
at 1:45 PM
Gather in the Community
Room



Riverwoods' Concert Series

Bill Connet Thursday, October 7

3:00 PM

Tom Hofer Thursday, October 14

3:00 PM

Jim Quales TUESDAY October 19

10 AM

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TRANSPORTATION

AVAILABLE WITH RESERVATION.

LIBRARY RESERVATIONS

ALL LIBRARY RESERVATIONS ARE ON HOLD UNTIL
FURTHER NOTICE.

RESIDENT REFERRALS

REMINDER THAT ANY RESIDENT THAT REFERS A TOUR TO OUR
COMMUNITY AND THEY MOVE IN , YOU WILL RECEIVE A \$500.00

Wishing you all Birthday Blessings!

Carmen Sagastume 10/2 Rose Pigneri 10/9

Amelia Ramble 10/10 Inge Savage 10/22

Sonja Olsen 10/27 Claudine Allison 10/28

JoAnn Martin 10/31

MANAGEMENT TEAM



Lene' Moore
Director



Kayl Armstrong
Healthcare Coordinator



Theresa Glaser
Life Enrichment
Coordinator



Rylan Boyer
Community Relations
Coordinator

**2210 E. PARK AVE
DES MOINES, IOWA 50320**

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Pastoral Ponderings *with Pastor David*

Thanks for the Memories!

By the time you read this, I will have moved to Holland Farms in Norwalk. Two Men and a Truck will have cleared out room 205 and I will start all over in a new apartment. My daughter, Brenda, has lived there for many years. She will be 5 minutes away from me. My granddaughter just bought a new house in Norwalk, too. Then there is my son, Bryan, the Mechanical Engineer. He has taken a new job in Norwalk and promises to fill my bird feeder. It just made sense to join them.

As for me, well, I'm like Ahab in Moby Dick and Jonah of the Bible. I've had a "Whale of a Ride" at Riverwoods. I have laughed and cried with some of you. I've told jokes, and I'd like to think some of them were good. I must leave, but at least it's not in an Ambulance. I venture to guess that it won't be long, and you will say, "Do you remember Bryan's dad?"

Mistakes? I have made some. I have extended an olive branch towards those I have offended. I pray that it has been enough.

We are all human beings, living in a common space, but we are all different. Backgrounds; life work; economic backgrounds; life journeys. Some of us color pictures, some play pool and some of us walk the halls. That's what makes this life so beautiful. We all come together to live out our lives at Riverwoods, making memories and journeying together.

Someone once said, "Thanks for the Memories." I say that to you also. I have enjoyed getting to know you and appreciate your letting me share my thoughts and jokes with you.

Blessings,
David

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Staff Spotlight

Each month we shine the spotlight on one of our fantastic Team Members. They are asked the same questions:

1. Why did you choose your career path?
2. What is your favorite part about working at Riverwoods?
3. Where do you live?
4. What do you like to do in your spare time?
5. What is your favorite snack food?

Name: Octavia

Position: RA

Spotlight:



Meet Octavia. Octavia says that she enjoys helping those in need and that is why she chose her career. Octavia also says that the best part of working at Riverwoods is going above and beyond to help her residents. She lives on the South Side of Des Moines with her husband and 3 beautiful children. Octavia enjoys spending time with her family in her spare time. Oreos are Octavia's favorite snack food.

Make sure you say "Hi!" to Octavia when you see her.

OCTOBER 2021

welcome



**Barbara
Petersen**

**We're so glad you're
here!**

OCTOBER 2021

HELLO!



MEET THE TEAM



**Diana – RA
Health Services**

OCTOBER 2021



**Angie
Sykes
10/17/18**

OCTOBER 2021



**Baking
Bunch
This
Week's
Treat:
Peanut
Butter
Cookie**

**Group Picture
L-R (Standing)
Joan, Sharon,
Dolores
(Seated)**

**Sue & Steve
"I'm just here
for the cookie"
- Steve**



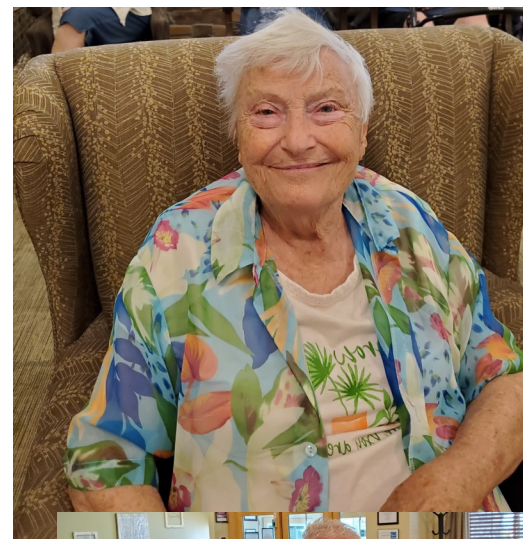
OCTOBER 2021



**Riverwoods
Concert
Series:
Phil Porter
(Fan Fav)**



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**Riverwoods
Concert
Series:
Tom Hofer**



OCTOBER 2021



Chris' opinion about L2BH

All tuckered out after a workout



OCTOBER 2021

Grandparent's Day Social and Craft Day

