



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 2em; margin: 0;">OCTOBER 2021</h1> <h2 style="margin: 0;">The Hearth at Gardenside - Keepsake Village</h2>				<p style="text-align: center;"><u>LIVE MORE MANAGER</u> Robin Sellati</p> <p style="text-align: center;"><u>LIVE MORE COORDINATORS</u> Clive, Ellie, Katelyn, Lea, Mackenzie, Mara, Maryann, Sharon, Shirley, and Tulie</p> <p style="text-align: center;"><u>CHAUFFEUR</u> Robert Hohman</p>	<h2 style="margin: 0;">INDIGENOUS PEOPLES' DAY</h2>	
<p><b>Snacks Served Every Day:</b></p> <p><i>Sunday, Monday, Tuesday, Wednesday, Thursday, and Saturday</i> 2:00 pm and 7:00 pm</p> <p><i>Friday - 3:00 pm and 7 pm</i></p> <p style="text-align: center;">Activity Calendar is Subject to change</p>			<p style="text-align: center;">www.facebook.com/theHearth/</p>		<p>1</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Chair Zumba</b></p> <p>1:30 Can You Picture This?</p> <p>2:00 Scenic Van Ride: Branford</p> <p>2:30 Finishing The Lines</p> <p>3:00 <b>Ice Cream Social &amp; Canada</b></p> <p>4:00 Compound Words</p> <p>5:30 Clue Trivia</p> <p>6:00 <b>Simple Stretches</b></p> <p>6:30 Cinema Night</p>	<p>2</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Bumpy Balls</b></p> <p>1:30 Sing Along with Brad Ryan</p> <p>2:00 <b>Snack and Frank Sinatra</b></p> <p>3:00 Table Topics</p> <p>3:30 Bingo</p> <p>5:30 Short Stories</p> <p>6:00 <b>Music and Motion</b></p> <p>6:30 Motion Pictures</p>
<p>3</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Fly Swatter Exercise</b></p> <p>1:30 Jobs Starting with "P"</p> <p>2:00 <b>Snack &amp; Elvis Presley</b></p> <p>3:00 Sing Along with Suzie Q</p> <p>4:00 Compound Words</p> <p>5:30 Fascinating Facts</p> <p>6:00 <b>Chair Yoga</b></p> <p>6:30 Disney - Peter Pan</p>	<p>4</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Stars &amp; Stripes Fitnessize</b></p> <p>1:30 Italian Dinner Detective</p> <p>2:00 <b>Baking Cookies &amp; Yale Symphony Orchestra</b></p> <p>3:00 Pictionary</p> <p>3:30 Bingo</p> <p>5:30 Finishing the Lines</p> <p>6:00 <b>Simple Stretches</b></p> <p>6:30 <b>Musical - Oliver</b></p>	<p>5 <b>Happy Birthday Alma</b></p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Move &amp; Groove Exercise</b></p> <p>1:30 Sing Along w/Liz Mitchel</p> <p>2:00 <b>Snack &amp; Lawrence Welk</b></p> <p>2:00 <b>Blaise Tramazzo Performs</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Table Topics</p> <p>6:00 <b>Chair Exercises</b></p> <p>6:30 The Silver Screen</p>	<p>6 <b>Happy Birthday Alberta</b></p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Chair Zumba</b></p> <p>1:30 Which is the Correct Spelling</p> <p>2:00 <b>Baking Cookies and Sarah Brightman</b></p> <p>3:00 More Than a Twinkle</p> <p>3:30 Bingo</p> <p>5:30 Fascinating Facts</p> <p>6:00 <b>Music 'n Motion</b></p> <p>6:30 Western - The Sons of Katie Elder</p>	<p>7</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Balloon Volleyball</b></p> <p>1:30 Who am I?</p> <p>2:00 <b>Snack &amp; Glen Miller Reunion Band</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Short Stories</p> <p>6:00 <b>Chair Yoga</b></p> <p>6:30 Movie Billboard</p>	<p>8</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass with Eucharist)</p> <p>1:00 <b>Sit and Be Fit Exercise</b></p> <p>1:30 Sing Along with Susie Q</p> <p>2:00 Scenic Van Ride: Guilford</p> <p>2:00 Shake Loose a Memory</p> <p>3:00 <b>Happy Hour &amp; Poland</b></p> <p>5:30 Pictionary</p> <p>6:00 <b>Exercise to the 60's</b></p> <p>6:30 Movie Night</p>	<p>9</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Stars &amp; Stripes Fitnessize</b></p> <p>1:30 Everyday Trivia</p> <p>2:00 <b>Snack and Tony Bennett</b></p> <p>3:00 Conversation Cards</p> <p>3:30 Bingo</p> <p>5:30 Shopping List</p> <p>6:00 <b>Bounce and Catch</b></p> <p>6:30 The Silver Screen</p>
<p>10</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Noodle Balloon Swat</b></p> <p>1:30 Sing Along with Brad Ryan</p> <p>2:00 <b>Snack &amp; Video Zoo</b></p> <p>3:00 United Nations Puzzle</p> <p>4:00 Pictionary</p> <p>5:30 Person, Place, or Thing</p> <p>6:00 <b>Music and Exercise</b></p> <p>6:30 Disney - Pixar</p>	<p>11 <b>Columbus Day</b></p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Bounce and Catch</b></p> <p>1:30 Columbus Sailed the Ocean Blue</p> <p>2:00 <b>Baking Cookies &amp; Sinatra</b></p> <p>3:00 Sports Word Clues</p> <p>3:30 Bingo</p> <p>5:30 Missing Letters</p> <p>6:00 <b>Chair Exercise</b></p> <p>6:30 <b>Musical - Hello Dolly</b></p>	<p>12</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Chair Exercise with Priority One</b></p> <p>1:30 October Word Pictures</p> <p>2:00 <b>Snack &amp; 3 Tenors</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Sing Along with Susie Q</p> <p>6:00 <b>Paddle Toss</b></p> <p>6:30 Tuesday Movie</p>	<p>13</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Paper Plate Exercise</b></p> <p>1:30 October Trivia</p> <p>2:00 <b>Baking Cookies and Johnny Cash Live In Ireland</b></p> <p>3:00 Pictionary</p> <p>3:30 Bingo</p> <p>5:30 Random Trivia</p> <p>6:00 <b>Movin' to the 50's</b></p> <p>6:30 Western - McLintock</p>	<p>14</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Fly Swatter Exercises</b></p> <p>1:30 Sing Along for Seniors</p> <p>2:00 <b>Snack &amp; Lucy Episodes</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Conversation Cards</p> <p>6:00 <b>Music 'n Motion</b></p> <p>6:30 Thursday Cinematics</p>	<p>15</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Move &amp; Groove Exercise</b></p> <p>2:00 Scenic Van Ride: East Haven Shore Line</p> <p>2:00 Everyday Trivia</p> <p>3:00 <b>Happy Hour &amp; Italy</b></p> <p>4:00 Shopping List</p> <p>5:30 Spelling Bee</p> <p>6:00 <b>Simple Stretches</b></p> <p>6:30 Friday Flick Night</p>	<p>16</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Noodle Balloon Swat</b></p> <p>1:30 Searching for Pasta</p> <p>2:00 <b>Snack and Neil Diamond</b></p> <p>3:00 Shake Loose a Memory</p> <p>3:30 Bingo</p> <p>5:30 Can You Picture This?</p> <p>6:00 <b>Sit and Be Fit</b></p> <p>6:30 Saturday Night Movie</p>
<p>17</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Hoop the Hoop Exercise</b></p> <p>1:30 Nutty Quiz</p> <p>2:00 <b>Snack &amp; Celtic Women</b></p> <p>3:00 Conversation Cards</p> <p>3:30 Familiar Sayings</p> <p>4:00 <b>Beach Ball Toss</b></p> <p>5:30 Finishing the Lines</p> <p>6:00 <b>Chair Zumba</b></p> <p>6:30 Disney - Invincible</p>	<p>18</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Music and Motion</b></p> <p>1:30 Three of the Same</p> <p>2:00 <b>Baking Cookies and Louis Armstrong</b></p> <p>3:00 <b>Paper Plate Dancercise</b></p> <p>3:30 Bingo</p> <p>5:30 Poetry Readings</p> <p>6:00 <b>Sit and Be Fit Exercise</b></p> <p>6:30 <b>Musical - My Fair Lady</b></p>	<p>19</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Bounce and Catch</b></p> <p>1:30 Sing Along for Seniors</p> <p>2:00 <b>Snack &amp; Andrew Sisters</b></p> <p>2:00 <b>T-Bone (Tom Stankus) Performs</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Color Word Search</p> <p>6:00 <b>Music and Exercise</b></p> <p>6:30 Tuesday Cinematics</p>	<p>20</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Balloon Volleyball</b></p> <p>1:30 Random Trivia</p> <p>2:00 <b>Baking Cookies and Riverdance</b></p> <p>3:00 Compound Words</p> <p>3:30 Bingo</p> <p>5:30 National Seafood Puzzle</p> <p>6:00 <b>Movements Made Simple</b></p> <p>6:30 Western - Flame of Barbary Coast</p>	<p>21</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Chair Exercise with Priority One</b></p> <p>1:30 That's Baloney</p> <p>2:00 <b>Snack &amp; Andre Rieu</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Missing Letters</p> <p>6:00 <b>Simple Stretches</b></p> <p>6:30 Motion Pictures</p>	<p>22 <b>Happy Birthday Katy</b></p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass with Eucharist)</p> <p>1:00 <b>Beach Ball Toss</b></p> <p>2:00 Scenic Ride: Madison Shoreline</p> <p>2:00 Sing Along with Brad Ryan</p> <p>3:00 <b>Ice Cream Social &amp; Finland</b></p> <p>4:00 Addition Cards</p> <p>5:30 Name That Pasta</p> <p>6:00 <b>Chair Yoga</b></p> <p>6:30 The Silver Screen</p>	<p>23</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Rocket Toss</b></p> <p>1:30 Music Lover Detective</p> <p>2:00 <b>Snack and Andre Rieu</b></p> <p>3:00 Person, Place, or Thing?</p> <p>3:30 Bingo</p> <p>5:30 Random Trivia</p> <p>6:00 <b>Paper Plate Exercise</b></p> <p>6:30 Featured Film</p>
<p>24 / 31* <b>Halloween</b></p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Bumpy Balls</b></p> <p>1:30 Everyday Trivia</p> <p>1:30* Happy Halloween Mix</p> <p>2:00 <b>Snack &amp; Yale Orchestra</b></p> <p>3:00 Missing Letters</p> <p>3:30 Sing along With Susie Q</p> <p>5:30 Finish the Song Lyrics</p> <p>6:00 <b>Paper Plate Exercise</b></p> <p>6:30 Disney - *Hocus Pocus</p>	<p>25</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Music, Memories &amp; Motion</b></p> <p>1:30 What's Wrong with this Picture?</p> <p>2:00 <b>Baking Cookies &amp; Sinatra</b></p> <p>3:00 Pictionary</p> <p>3:30 Bingo</p> <p>5:30 Shake Loose a Memory</p> <p>6:00 <b>Simple Stretches</b></p> <p>6:30 <b>Musical - Annie</b></p>	<p>26</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Chair Zumba</b></p> <p>1:30 Sing Along w/Liz Mitchel</p> <p>2:00 <b>Snack &amp; Tony Bennett</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 Which Word Doesn't Belong?</p> <p>6:00 <b>Bounce and Catch</b></p> <p>6:30 Featured Film</p>	<p>27</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Home Chair Exercises</b></p> <p>1:30 Car Care Word Search</p> <p>2:00 <b>Baking Cookies &amp; Diana Ross and the Supremes</b></p> <p>3:00 Conversation Cards</p> <p>3:30 Bingo</p> <p>5:30 Missing Letters</p> <p>6:00 <b>Rocket Toss</b></p> <p>6:30 Western - Santa Fe Stampede</p>	<p>28 <b>Statue of Liberty's Anniversary</b></p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Sit and Be Fit Exercise</b></p> <p>1:30 Starts with "Can"</p> <p>2:00 <b>Snack &amp; Lucy Episodes</b></p> <p>3:00 <b>Think More Group/Art</b></p> <p>5:30 The Statue of Liberty</p> <p>6:00 <b>Stars &amp; Stripes Fitnessize</b></p> <p>6:30 Motion Pictures</p>	<p>29</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass)</p> <p>1:00 <b>Squiggle, Wiggle Toss</b></p> <p>2:00 Scenic Van Ride: Branford Shoreline</p> <p>2:30 Silly Superstitions</p> <p>3:00 <b>Happy Hour &amp; Germany</b></p> <p>4:00 Everyday Trivia</p> <p>5:30 Short Stories</p> <p>6:00 <b>Chair Yoga</b></p> <p>6:30 The Silver Screen</p>	<p>30</p> <p>9:30-11:30 Morning Programs</p> <p>1:00 <b>Hoop the Hoop Exercise</b></p> <p>1:30 All Hallows' Eve Puzzle</p> <p>2:00 <b>Snack and Sarah Brightman</b></p> <p>3:00 <b>Beach Ball toss</b></p> <p>3:30 Bingo</p> <p>5:30 Picture a Word</p> <p>6:00 <b>Chair Yoga</b></p> <p>6:30 Motion Pictures</p>