

Live More



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

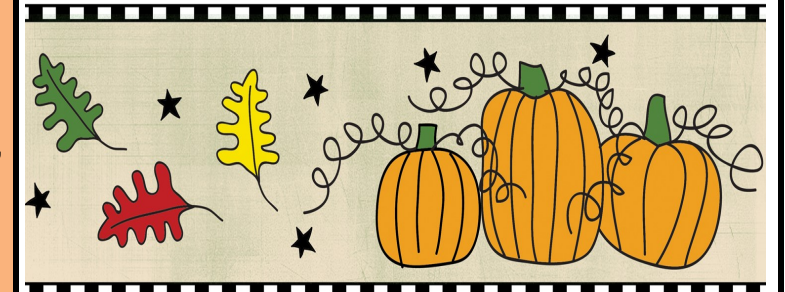


The Hearth at Gardenside Senior Living

LIVE MORE DIRECTOR
Linda Capaubo

LIVE MORE COORDINATORS
Catherine, Clive, Ellie,
Katelyn, Lea, Mackenzie, Mara,
Maryann, Sharon,
Shirley, and Tulie

CHAUFFEUR
Robert Hohman



www.facebook.com/TheHearth/

A Caregiver Support Group called **Comfort Connections** will meet the First Tuesday of each month at 10:30 a.m. in the ING Room.

This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.

SHOPPING DAY (MONDAY)

10:00 A.M. DEPARTURE TO
DOLLAR TREE, BIG Y & CVS

2:00 P.M. DEPARTURE TO
WALMART



1 WORLD SMILE DAY

9:45 Morning Greeting - GR
10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Grins & Groans - GR
11:00 Pokeno - GR
1:00 Bingo - GR
2:30 Kwizniac and What Am I? - GR
3:00 Kings in the Corner - GR
3:30 Fantastic Friday Social - GR
6:15 Movie - GR



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9:45 Sing Along with Susie Q
(Boots and Hearts) - GR
10:45 Familiar Faces Bingo - GR
1:00 Wii Bowling - GR
2:15 Who Wants to be a
Millionaire on the
White Board - GR
3:00 Bingo - GR
6:15 Movie - GR



3

10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Music 'n Motion
(Sing-along/Exercise) - GR
11:15 Class "Act" Puzzle - GR
1:00 Art Class with
Maryann - GR
3:00 Bingo - GR
6:15 Movie - GR



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SHOPPING DAY



9:45 Everybody Knows! - GR
10:15 Wii Wheel of Fortune - GR
11:00 The Orient Express on YouTube -
(Began its First Run - 1883) - GR
1:00 Walking Path Stroll - Meet
on the Patio
1:30 Charlton Heston on YouTube -
(Birth Anniversary - 1923-2008) - GR
2:15 Bingo - GR
3:30 Mingle Monday Social - GR
6:15 Movie - GR

5

9:45 Name that . . . ! Person,
Place or Thing . . . - GR
10:15 Audio Book Club -
(Twenty Wishes) - 3rd Floor
10:15 Early Clocks on YouTube -
(Clock Month) - GR
1:00 Balloon Volleyball - GR
2:00 Blaise Tramazzo Performs
in the Main Dining Room
3:30 Giant Crossword
Puzzle - GR
6:15 Movie - GR



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FLU CLINIC

9:00am-12:00pm
9:45 Rendeever Virtual Reality -
(Fall Traditions Worldwide) - GR
10:30 Floor Bowling - GR
1:00 Familiar Faces Bingo - GR
2:00 Scenic Ride to Lavender Pond
Farm in Killingworth
2:00 Strengthen Your Mind - GR
3:00 Kings in the Corner - GR
3:30 Wine Wednesday Social - GR
3:45 Carole Lombard on YouTube -
(Birth Anniversary - 1908-1942) - GR
6:15 Movie - GR



7

9:45 Mixed-Up Pasta - (Monthly
Theme) - GR
10:30 ElderSong Bingo - GR
1:00 Bridge Club - Sunroom
1:00 Linkee and Table Topics - GR
2:00 Branford Point Beach to
Sit & Enjoy the View
2:00 Fall Foliage on
YouTube - GR
2:30 Alphabetics - GR
3:00 Kings in the Corner - GR
3:30 Wii Bowling - GR
6:15 Movie - GR



8

9:45 Morning Greeting - GR
10:00 Televised Mass -
(Channel 9 or 11)
and Eucharist with Sheila - GR
10:45 Keep Your Brain Young - GR
1:00 Pumpkin Patch Bingo - GR
2:30 Farkle Dice Game - GR
3:00 Kings in the Corner - GR
3:30 Fantastic Friday Social - GR
6:15 Movie - GR

9

RECREATION MEETING

9:45 Sing Along with
Susie Q (50's Fun) - GR
10:45 Pokeno - GR
1:00 Wii Bowling - GR
2:15 Recreation Meeting
with Linda - GR
3:00 Bingo - GR
6:15 Movie - GR



10

10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Move & Groove with
Susie Q - GR
11:30 Acorn Categories - GR
1:00 Sundae Sunday
with Maryann - GR
2:15 Trivia, Trivia and Even
More Trivial - GR
3:00 Bingo - GR
6:15 Movie - GR



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SHOPPING / COLUMBUS DAY INDIGENOUS PEOPLES' DAY

9:45 History of Columbus Day - GR
10:00 Mixed-Up Columbus Day - GR
10:30 The Roosevelts: An Intimate
History Documentary on YouTube -
(Eleanor Roosevelt's Birth
Anniversary - 1884-1962) - GR
1:00 Walking Path Stroll - Meet
on the Patio
1:30 Columbus Day Puzzles and
About Indigenous Peoples' Day - GR
2:15 Bingo - GR
3:30 Monday Social / 6:15 Movie - GR



12

9:45 Mind Joggers - GR
10:15 Audio Book Club -
(Twenty Wishes) - 3rd Floor
10:15 Bob Hope on YouTube -
(The Bob Hope Show Premiered
on TV on this day in 1952) - GR
1:00 Balloon Volleyball - GR
2:00 Yahtzee Dice Game - GR
3:15 Kitchen Utensil Bingo -
(Kitchen and Bath Month) - GR
6:15 Movie - GR



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9:45 Keep Your Brain Stronger
For Longer - GR
10:30 Music 'n Motion - GR
11:15 Pasta Carbonara Mining - GR
1:00 ElderSong Bingo - GR
2:00 Scenic Ride to Lighthouse
Point Park in New Haven
2:00 Think Fast on the White
Board - GR
3:00 Kings in the Corner - GR
3:30 Wine Wednesday Social - GR
3:45 Fall Foliage Road Trip on
YouTube - GR
6:15 Movie - GR

14

9:45 Small Words in the
Big Word - GR
10:15 Simple Stretches - GR
10:45 Dwight David "Ike"
Eisenhower on YouTube - (Birth
Anniversary - 1890-1969) - GR
1:00 Bridge Club - Sunroom
1:00 Wii Wheel of Fortune - GR
2:00 Scenic Ride to Stony Creek
2:00 About Poland on YouTube -
(Polish American Heritage Month) - GR
2:30 Choices - GR
3:00 Kings in the Corner - GR
3:30 Wii Bowling / 6:15 Movie - GR



15

9:45 Morning Greeting - GR
10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 I Love Lucy Episodes -
(70th Anniversary - 1951) - GR
1:00 Bingo - GR
2:30 Checkers - GR
3:00 Kings in the Corner - GR
3:30 Fantastic Friday Social - GR
6:15 Movie - GR

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9:45 Sing Along with Susie Q
(Grandma's Parlour) - GR
10:45 Senior Fitnessize - GR
1:00 Wii Bowling - GR
2:15 Random Trivia - GR
3:00 Bingo - GR
6:15 Movie - GR



17

10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Music, Memories and
Motion - (Sing-along/
Exercise) - GR
11:15 Very Vegetarian Puzzle - GR
1:00 Art Class with
Maryann - GR
3:00 Bingo - GR
6:15 Movie - GR



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SHOPPING DAY



9:45 Wii Wheel of Fortune - GR
10:45 About Alaska - (Alaska was
Transferred from Russia to the
United States in 1867) - GR
11:15 Keep Your Brain Young - GR
1:00 Walking Path Stroll - Meet
on the Patio
1:30 Rendeever Virtual Reality -
(Find the Animals) - GR
2:15 Bingo - GR
3:30 Mingle Monday Social - GR
6:15 Movie - GR

19

9:45 Floor Bowling - GR
10:15 Audio Book Club -
(Twenty Wishes) - 3rd Floor
10:15 World Discovery - Tall Ship:
High Sea Adventure (DVD) - GR
1:00 Balloon Volleyball - GR
2:00 T-Bone (Tom Stankus) Performs
in the Main Dining Room
3:15 Wacky Wordies - GR
4:00 This and That Trivia - GR
6:15 Movie - GR



20

9:45 Rendeever Virtual Reality -
(The Metropolitan Museum of Art) - GR
10:30 Timeless Trivia (DVD) - GR
11:30 From A-Z Trivia - GR
1:00 Giant Crossword Puzzle - GR
2:00 Scenic Ride on Rt. 77 to
Lyman Orchards in Middlefield
2:00 Small Words in the Big Word - GR
3:00 Kings in the Corner - GR
3:30 Wine Wednesday Social - GR
3:45 Game Show on YouTube - GR
6:15 Movie - GR



21

9:45 Positive Thinking on YouTube -
(Think Positive Thursday) - GR
10:30 Familiar Faces Bingo - GR
1:00 Bridge Club - Sunroom
1:00 Linkee and Who Wants to be
a Millionaire on White Board - GR
2:00 Scenic Ride to Hammonasset
State Park in Madison
2:00 Mind Joggers - GR
3:00 Kings in the Corner - GR
3:30 Wii Bowling - GR
6:15 Movie - GR



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DINING SERVICES MEETING

9:45 Morning Greeting - GR
10:00 Televised Mass -
(Channel 9 or 11)
and Eucharist with Sheila - GR
10:45 Dining Services Meeting
with Alberto - GR
1:00 Bingo - GR
2:30 Ford History and Ford Motors
Throughout the Years on
YouTube - (Ford Motors Day) - GR
3:00 Kings in the Corner - GR
3:30 Fantastic Friday Social - GR
6:15 Movie - GR

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WEAR IT PINK DAY MAKE A DIFFERENCE DAY

9:45 Sing Along with Susie Q
(Ramblin' Rose) - GR
10:45 Move & Groove with
Susie Q - GR
1:00 Wii Bowling - GR
2:15 Name That . . . ! Person, Place,
Thing . . . - GR
3:00 Bingo - GR
6:15 Movie - GR



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31- HALLOWEEN



10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Senior Fitnessize - GR
11:15 Witch Categories - GR
1:00 Art Class with Maryann - GR
3:00 Witch Bingo - GR
6:15 Movie - GR

25

SHOPPING DAY



9:45 Playing Card Bingo - GR
10:30 The Life of Pablo Picasso on
YouTube - (Birth Anniv. - 1881-1973) - GR
11:15 The Common Factor - GR
1:00 Walking Path Stroll - Meet
on the Patio
1:30 Rendeever Virtual Reality -
(Famous Families) - GR
2:15 Bingo - GR
3:30 Mingle Monday Social - GR
6:15 Movie - GR

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9:45 Kwizniac - GR
10:15 Audio Book Club -
(Twenty Wishes) - 3rd Floor
10:15 Pumpkin Patches in
New England on YouTube - GR
1:00 Balloon Volleyball - GR
2:15 Pumpkin Carving - GR
3:30 FOX Rehabilitation
Presentation - GR
6:15 Movie - GR



27

9:45 Rendeever Virtual Reality -
(Haunted Houses) - GR
10:30 President Theodore Roosevelt on
YouTube - (Birth Anniv. - 1858-1919) - GR
11:30 Trick Categories - GR
1:00 Better Balance and Chair
Exercises - GR
2:00 Scenic Ride to Woodmont
2:00 Wii Wheel of Fortune - GR
3:00 Kings in the Corner - GR
3:30 Wine Wednesday Social - GR
3:45 Salem, MA - YouTube / 6:15 Movie

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9:45 Floor Bowling - GR
10:30 ElderSong Bingo - GR
1:00 Bridge Club - Sunroom
1:00 The Statue of Liberty - YouTube
(Dedicated on This Day in 1886) - GR
1:30 Alphabetics - GR
2:00 Scenic Ride - Branford
Streets & Supply Pond
2:00 Table Topics - GR
2:30 Small Words in the Big Word - GR
3:00 Kings in the Corner - GR
3:30 Wii Bowling / 6:15 Movie - GR



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9:45 Morning Greeting - GR
10:00 Televised Mass -
(Channel 9 or 11) - GR
10:45 Pokeno - GR
1:00 Bingo - GR
2:30 Farkle Dice Game - GR
3:00 Andre Rieu Concert (DVD) - GR
3:30 Halloween Social - GR
6:15 Movie - GR

30

9:45 Sing Along with Susie Q
(In the Mood) - (Sing-along/
Exercise) - GR
10:30 Music 'n Motion - GR
11:15 Boo! Double "O" Puzzle - GR
1:00 Wii Bowling - GR
2:15 Haunted House Mining - GR
3:00 Bingo - GR
6:15 Movie - GR

