

October Birthdays

In October we celebrate birthdays with:

- *Shirley Thomas.....7th
- *Beverly Kubicek.....13th
- *Robert Cole.....21st
- *Sondra Hebert.....23rd

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

October Spotlight: Happy Birthday Song
In October 1893, the melody for "Happy Birthday To You" was copyright registered. "Happy Birthday" was originally published as "Good Morning To All" in a book called "Song Stories for the Kindergarten" written by Mildred and Patty Hill.

Resident of the Month

Lon Brewer came to live here at Edencrest Green Meadows within the first year of its opening. Born in Los Angeles, CA, Lon and his family Moved here when he was five years old. He has remained here in Iowa since. In fact, Lon received his bachelor's degree (pre-med), his graduate degree (doctorate in health sciences) and did his residency all here in Iowa. He then went on to run a successful family practice for over 40 years. Speaking of family, Lon is the father of three children; one girl and two boys and a "dozen" grandchildren. After his retirement. A peer suggested he look into assisted living. After visiting a few other communities, Lon chose Green Meadows because he felt it would best support his retirement vision. Lon enjoys playing BeanBag Baseball each week and attending Happy Hour on Fridays. Lon shared that he is glad he is here at Green Meadows because all the people are nice and helpful.



Monthly Musings

October 2021

Celebrating October

Country Music Month

Stamp Collecting Month

International Coffee Day
October 1

World Space Week
October 4–10

World Teachers Day
October 5

Columbus Day & Indigenous Peoples' Day
October 11

Wear Something Gaudy Day
October 17

World Origami Days
October 24–November 11

All Hallows' Eve or Halloween
October 31

Edencrest Green Meadows | 6750 Corporate Drive,
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Meet Our Newest Coordinator

We are so happy to introduce to you our newest team member, Ryan Larson. Ryan will be working along side Heather as our new Registered Nurse. Ryan has been in nursing for over eight years working at Methodist Hospital in Des Moines and at Mercy-North Iowa in Mason City.



Born and raised in Garner, IA, Ryan has made his home in Grimes for the last three years with his growing family including; his wife Melissa, his son Braxton, his daughter Norah, and a baby due in March of 2022!

Ryan is a graduate of Iowa State with DOUBLE Bachelor degrees in Nursing and Health Sciences. He is true to his alma mater and is a die hard Hawkeyes fan. Go Hawks!

Prior to working in nursing, Ryan was a golf professional working in numerous clubs in Cedar Rapids, IA, Deer Lodge, MT, and Palm Springs, CA.

Ryan shared that he is excited to be working here at Green Meadows and he is looking forward to getting to know all of you.

If you have yet to meet him, please stop by the Healthcare Coordinator office and say "hello".

Welcome Ryan! We know you will make a great addition to our community! We hope you enjoy your time here with us!

Happiness is not by chance, but by choice.

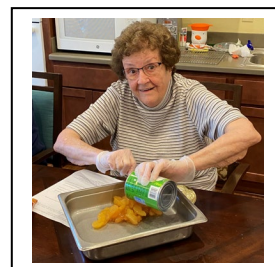
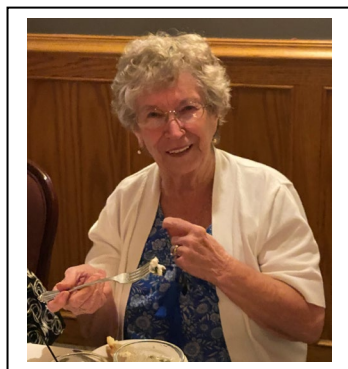
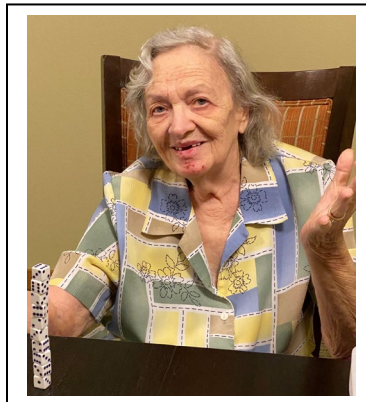
-Jim Rohn

September was Spectacular!

October Trivia

October derives its name from octo, the Latin word meaning eight, as October was the eighth month of the old Roman calendar.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**



NEW RESIDENTS

We are pleased to welcome...

***Georgina Thacker**

***Gladys Olesen**

We hope you enjoy your time with us!

BOOK CLUB

Last month we started "Just As I Am: A Memoir by Cicely Tyson. It is a great chronicle of a beautiful life lived to the fullest and told from the wisdom of a 90 year old woman. Join us Thursdays at 10:30 AM in the AR for coffee and light refreshments as we enjoy lively discussion of the week's chapter.

IN MEMORIAM

***Robert Baker**

***Bernice Nicholas**

To the Family and Friends of our late residents, may you find comfort in your loving memories.

GOLDEN GIRLS' CLUB

New this month, we will be watching old episodes of "The Golden Girls" and enjoying a sweet treat. We will be starting with Season 1 and working our way through the series. It is sure to be a time full of laughter and fun! Join us October 20th in the AR at 3:30 for fun with Dorothy, Blanche, Rose, and Sophia!

ENTERTAINERS

Please join us for this month's LIVE Music line up, held in the front lobby!

10/9 at 1PM- Pat Hand

10/15 at 4PM- David Gray

10/23 at 1PM- Tom Hofer

10/30 at 1PM- Joe Kleinfeldt

