

2021 LIFE ENRICHMENT

October 2021

Randall Residence of Fremont



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30 am-Seniorcise Class 11:00 am- Flex your Brain Trivia 1:15pm- Halloween Door Decorating 3:00 pm- Sing along Social Hour 6:00 pm- Friday Night Movie in the Theater (Resident Choice)	2 11:00am Ms. Mae's Praise & Worship Service in the Chapel Puzzle Packet Wellness Walk
3 Puzzle Packet Wellness Walk	4 SPIRIT WEEK 10:00am— Coffee Break 10:30 am—Seniorcise Class 11:00 am— Bible Study in the Chapel 1:00pm— Matinee Monday in theater area- (Campfire Kiss) 3:00 pm— Resident Council 3:30 pm— PJ SPIRIT WEEK GIVEA-WAY	5 SPIRIT WEEK 10:30 am- Seniorcise Class 11:00 am- Flex your Brain Trivia 1:15 pm- Bakery BINGO 3:00 pm- SPIRIT WEEK Crazy Clothing Competition (May the craziest dresser win!) 3:30pm- Game of 21	6 SPIRIT WEEK 10:00am— Catholic Communion in Chapel with Bev 10:15am— Angie's chair TiChi Class 11:00 am— Flex your Brain Trivia 1:15pm— S'mores Craft 3:00 pm— Connect Four Game 3:30pm— Spirit Week Hat Day Giveaway	7 SPIRIT WEEK 9:15– Spa Day– Mani's by Penny 10:30 am-Seniorcise Class 11:00 am– Flex your Brain Trivia 1:30 pm– Prize Table BINGO 3:00pm– Fall Wreath Demo by Penny (Must be present to win the Wreath) 3:30pm– SPIRIT Week Crazy Sock Giveaway	8 SPIRIT WEEK 10:30 am- Seniorcise Class 11:00 am- Flex your brain Trivia 1:15pm- Cooking Club (SMORES) 3:00 pm- Socialize by the Fire pit 6:00pm- Puzzle Club	9 11:00pm- Ms. Mae's Praise & Worship Service in the Chapel Puzzle Packet Wellness Walk
10 Puzzle Packet Wellness Walk	11 10:30 am-Seniorcise Class 11:00 am- Flex your Brain Trivia 1:15pm- Pumpkin Patch Outing 3:15pm- Matinee Monday in theater area- (Adams Family)	12 10:30 am-Seniorcise Class 11:00 am– Flex your Brain Trivia 1:15 pm- Quarters BINGO 2:30pm– Patch Work Pumpkin Craft 4:00pm– Adult Coloring	13 10:00am- Catholic Communion in Chapel 10:15am- Angie's chair TiChi Class 11:00 am- Flex your Brain Trivia 11:15am- LRC Game 2pm- Conines Hay Ride Outing	9:15– Spa Day– Mani's by Penny 10:30 am-Seniorcise Class 11:00 am– Flex your Brain Trivia 1:30 pm– Prize Table BINGO 3:00pm- Triominos Game	15 10:30 am-Seniorcise Class 11:00 am- Flex your brain Trivia 1:15pm- Cooking Club (Pumpkin Bread) 3:00pm- Decorate your pumpkin at social hour	16 11:00am- Ms. Mae's Praise & Worship Service in the Chapel Puzzle Packet Wellness Walk
17 Puzzle Packet Wellness Walk	18 10:00am- Coffee Break 10:30 am-Seniorcise Class 11:00 am- Bible Study in the Chapel 1:00 pm- Matinee Monday in theater area- (The Wizard of Oz) 3:00pm- Yahtzee	19 10:30 am- Seniorcise Class 11:00 am- Flex your Brain Trivia 1:15 pm- Backery BINGO 3:00 pm- Domino Club	20 10:00am– Catholic Communion in Chapel with Bev 10:15am– Angie's chair TiChi Class 11:00 am– Flex your Brain Trivia 1:15pm– Scarecrow Craft 3:00 pm– Cooking Club– Homemade donuts and cider 6:00pm– Puzzle Club	10:30 am-Seniorcise Class	10:30 am-Seniorcise Class 11:00 am- Flex your Brain Trivia 1:15pm- Adult Coloring Contest (Winner is featured on RRF Face-book page) 2:30pm- Live sing along with Dave Putano	23 11:00pm- Ms. Mae's Praise & Worship Service in the Chapel Puzzle Packet Wellness Walk
24 / 31 Puzzle Packet Wellness Walk	25 10:30 am-Seniorcise 11:00 am- Daily Trivia 1:15pm- Apple Orchard Outing 3:15pm Matinee Monday in theater area- (Apple Dumpling Gang) 6:00 pm- Puzzle Club	26 10:30 am-Seniorcise 11:00 am- Flex your Brain Trivia 11:30am- LRC Game 1:15 pm- Quarters BINGO 3:00 pm- Craft (Fabric Apple)	27 10:00am— Catholic Communion in Chapel with Bev 10:15am— Angie's chair TiChi Class 11:00 am— Flex your Brain Trivia 1:15pm- Outing: Stroll through Spiegel Grove 2:30pm— Cooking Club (Apple Dumplings)	28 9:15– Spa Day– Mani's by Penny 10:30 am-Seniorcise Class 11:00 am– Flex your Brain Trivia 1:30 pm– Prize Table BINGO 3:00pm- Monthly Resident Birthday Party.	29 10:30 am-Seniorcise Class 11:00 am- Flex your Brain Trivia 11:30am- Connect Four Game 2:00pm- Community Halloween Party (Costume Contest)	30 11:00pm- Ms. Mae's Praise & Worship Service in the Chapel Puzzle Packet Wellness Walk