

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Lunch Menu

													
Yankee Pot Roast 3 Cooked Carrots Red Potatoes Dinner Roll Pie	Baked Chicken 4 Rice Pilaf Mixed Vegetables Almond Trifle	Maple Pork Loin 5 Sweet Potatoes Brussel Sprouts Mousse	Peppered Steak 6 Cheesy Potatoes Green Beans Ice Cream	Stuffed Chicken 7 Parmesan Shells Peas Blondie Bar	Pork Chops/gravy 8 Mashed Potatoes Carrots and Beets Oatmeal Carmel Bar	Swedish Meatballs 2 over Mashed Potatoes Mixed Vegetables Pie	Classic Beef Stew 9 Biscuit Apple Salad Angel Food Cake						
Roast Turkey 10 Stuffing Glazed Carrots Pie	Italian Ragu 11 Broccoli Garlic Toast Blueberry Crisp <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	Glazed Meatloaf 12 Mashed Potatoes Peas Cheesecake	Seasoned Fish 13 Potato Medley Spinach Lemon Pudding	Cranberry Chicke 14 Macaroni Salad Cheesy Corn Brownie	Shrimp Scampi 15 Penne Pasta Broccoli Garlic Toast Cherry Crisp	Chili 16 Cinnamon Rolls Fresh Salad Pudding Parfait	Pork Loin 17 Sweet Potatoes Scandinavian Vegetables Pie	Country Fried 18 Steak Mashed Potatoes/Gravy Mixed Vegetables Chocolate Mousse	Creamy Chicken 19 Carrots Dinner Roll Pumpkin Cake	Baked Ham 20 Corn Casserole Green Beans Snicker Apple Salad	Roast Beef 21 Mashed Potatoes Cascade Vegetables Chocolate Lasagna	Cheddar Cod 22 Fried Potatoes Vegetable Blend Lemon Cheesecake	Spaghetti 23 Vegetables Garlic Bread Frosted Cake
Fried Chicken 24 Mashed Potatoes Beets Dinner Roll Pie	Glazed Ham Balls 25 Macaroni and Cheese Green Beans Upside Down Cake	Roast Turkey 26 Stuffing Sweet Potatoes Poke Cake	BBQ Ribs 27 Hashbrown Bake Brussel Sprouts Blueberry Bar	Lemon Chicken 28 Potato Medley Squash Peach Crisp	Chicken Alfredo 29 Broccoli Garlic Toast Brownie	Peppered Steak 30 Cheesy Potatoes Corn Mousse	Pot Roast 31 Carrots Diced Potatoes Dinner Roll Pie	**All meals are subject to change**					

Halloween

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Supper Menu



<p>Hearty Sausage Soup Garlic Toast Cucumber Salad Mandarin Oranges</p> <p>3</p>	<p>Hamburger Baked Beans Potato Wedges Fruit Cocktail</p> <p>4</p>	<p>Scalloped Potato & Ham Fresh Vegetables Cinnamon Apple Slices</p> <p>5</p>	<p>Pizza Lettuce Salad Pears Assorted Cookies</p> <p>6</p>	<p>Turkey Sandwich Dill Pickle Sweet Potato Puffs Pumpkin bar</p> <p>7</p>	<p>Chicken & Dumplings Peas Mixed Fruit</p> <p>1</p>	<p>Macaroni & Cheese Sweet Pepper Slaw Strawberries Oreo Pudding</p> <p>2</p>
<p>French Dip Onion Rings 3 Bean Salad Pineapple</p> <p>10</p>	<p>Ham and Eggs Fried Potatoes Toast Fruit</p> <p>11</p> <p><small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>Cheese Soup Crackers Deli Sandwich Baked Apples</p> <p>12</p>	<p>BBQ Pulled Pork Sandwich French Fries Coleslaw Jell-O with Fruit</p> <p>13</p>	<p>Taco's Spanish Rice Ice Cream Sundae</p> <p>14</p>	<p>Asian Chicken Fried Rice Egg Roll Green Beans Peaches</p> <p>8</p>	<p>Cheddarwurst Potato Salad Baked Beans Sherbet</p> <p>9</p>
<p>Chicken Tenders Mashed Potatoes Seasoned Peas Pears</p> <p>17</p>	<p>Pancakes Bacon/Sausage Fresh Fruit Pudding</p> <p>18</p>	<p>Crispy Fish Sandwich Coleslaw Mixed Fruit Lemon Bar</p> <p>19</p>	<p>Beef Fajitas Chips/Salsa Mandarin Oranges Rice Krispy Bar</p> <p>20</p>	<p>Mediterranean Chicken Lettuce Salad Dinner Roll Bread Pudding</p> <p>21</p>	<p>Turkey Wrap Lettuce/Tom/Onion Pasta Salad Brownie</p> <p>22</p>	<p>Chicken Enchiladas Corn with Peppers Spanish Rice Strawberries</p> <p>23</p>
<p>Vegetable Soup Corn Bread Peaches Oatmeal Cokie</p> <p>24</p>	<p>Philly Steak Sandwich French Fries Mandarin Oranges Ice Cream</p> <p>25</p>	<p>Reuben Sandwich Potato Wedges Cucumber Salad Butterscotch Pudding Pie</p> <p>26</p>	<p>Ham and Beans Crackers Mixed Fruit</p> <p>27</p>	<p>Beef and Noodles Broccoli Dinner Roll Jell-O w/ Fruit</p> <p>28</p>	<p>Orange Chicken Rice Peas Pineapple</p> <p>29</p>	<p>Hot dogs Potato Chips Fresh Fruit Peanut Butter Bar</p> <p>30</p>

****All meals are subject to change****

Chicken & Noodle Soup
Crackers
Lettuce Salad
Rice Crispy Bar

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